

Central Academy of Technology & Arts

Cougar Chronicle

Volume 6; Issue 11, October 18, 2018

Dear CATA Family,

Invest in Excellence Campaign: Our annual PTSO campaign to enhance our school has ended and our grand total is **\$16,000** and counting with 233 donors. **You can still give online by clicking [here](#).** We would like to thank all who gave to this record breaking campaign that will enhance our school. Next week is **Culture of Respect Week**, so please see details in this edition. The **PreACT is for ALL 10th grade students** and will be given on Friday, 10/26 during 1st and 2nd block. Please make sure you have a calculator for the math section. See your assigned counselor for any questions. Please check out our Homecoming Court winners in this edition, the achievements of some of our performing arts academy dancers, and pictures from senior parking painting, college and career week, and homecoming week. Congratulations to the men's cross country team who finished first in the Rocky River 2A conference championship and the girl's cross country team for finishing second in the conference championship. Congratulations to Aru Hopper & Sophia Atkinson for finishing 2nd in the Rocky River Conference Doubles Tournament. The Performing Arts Students will be performing their completion play for the North Carolina Theatre Conference (NCTC) regional competition, **Tartuffe**. The cost is \$5 and tickets can be purchased at the door or online at cata.seatyourself.biz. The school performances are on 10/25 and 10/26 at 7 PM in the Theatre.

Union County Public Schools is conducting a survey to gather input for the 2019-2020 calendar. I encourage you participate and learn more about the calendar planning process. You can access the survey from the Announcements section on our school website or the announcements section on the UCPS website. The survey will close Sunday, October 21 at midnight. Thank you for your cooperation. Survey Link: <https://www.surveymonkey.com/r/ucpscalendarsurvey>

Attention Seniors: If a senior is interested in **painting their parking spot** then click [here](#) for an application packet. Click [here](#) to pay. Please read the entire packet and take immediate action. No student is allowed to paint until their application is approved and the \$25 fee is paid. The next painting days are on 10/20 from 8 AM to 2. However, due to rain in the forecast, painting may be done on Friday 10/19 after school or on 10/23 the bank day after school.

- There is information in this edition about the **Huntington Learning Center's courses for SAT and ACT Prep**, Upcoming **College visits** at CATA, **The NC School of Science and Math for Sophomores**, upcoming **athletic season workouts**, **student life organization** meetings, the **UCPS Holiday Card Contest**, the **UCPS anti-bullying video contest**, and a program called "**Resilience**" at Marvin Ridge High about toxic **stress on health**.
- **Attention current 10th Graders** - a representative from the **North Carolina School of Science and Mathematics** will be at CATA on Tuesday, October 23rd at 10:00 am in the Guidance Conference Room. Please see Ms. Goodwin if you are interested.
- **CATA Spirit Wear** The Spirit wear booth is restocked with all sizes and new merchandise. Please check this edition for times and dates of sales.
- **Trunk or Treat**– See Information in this edition..
- **Math Tutoring**- We have math tutoring for Math I, II, & III every Monday in room 519 from 3:30 to 4:30,
- **Yearbooks and Senior Tributes**– **SENIORS AND SENIOR PARENTS!** Just a reminder that pictures and money are due to Ms. Christensen by October 31st for your **senior tribute** page for the yearbook. If your senior pictures will not be taken until after that date then make sure you communicate that with her. Space will not be available after October 31st. Don't miss out. Please see the senior tribute order form in this newsletter along with the pricing and size sample page. There are ONLY two weeks left for the Senior Tributes!

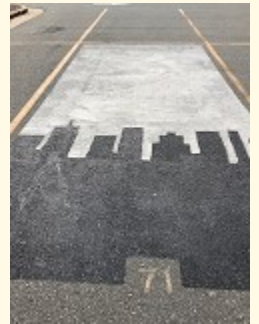
Please take time to read over this newsletter. For information about how to make sure you and your CATA neighbors are on the list to receive the newsletter, please go to the For Parents tab on our website, or [click here](#). The Cougar Chronicle, in addition to our website, will be the main form of communication from school to home. At CATA we will continue to work toward Leading the Way so that your child can lead the way in the future!

Go Cougars! Ms. Merritt





Pictures at CATA Homecoming Week, Senior Parking Spots, and College Application Week



Culture of Respect Week

October 22-26 2018

For the 2018-2019 school year, Culture of Respect week at Central Academy will be devoted largely to Self Respect. Your Stu-Co Executive Board chose 5 areas that we will focus on next week to illuminate the idea that our Cougar Culture of Respect....starts with SELF!

Monday- (Mental Health Awareness Day)-CATA family will be asked to wear green to acknowledge that October is Mental Health Awareness month and green is the color.

Tuesday-(Self Care Day)-Wear purple to bring awareness of the importance of self care.

Wednesday-United Nations Day (Wear Orange) October 24 has been celebrated as United Nations Day since 1948. We will wear orange to celebrate our diversity and heritage. We will wear orange to celebrate acceptance of all people! We will be United!

Thursday YMM- You Matter Movement Day- (Suicide Awareness)-We will wear yellow to bring awareness to the fact that we ALL MATTER!

Friday - CATA Cougar Care! (Wear Cougar Colors or Cougar Spirit Wear) Today the focus will be...how are we going to create a culture of respect by taking care of one another.

#UHaveAVoice Anti-Bullying Campaign Video Challenge: 2018

Overview: October is Anti-Bullying month. Between 1 in 3 students say they are bullied at school and this remains a prevalent and serious problem in today's schools. Most bullying occurs in middle school and this can extend outside the classroom via cyberbullying. UCPS does not tolerate bullying and we would like our students to be informed and aware of how to prevent bullying.

Objective: Last year our campaign was a success! This year we'd like to challenge UCPS students to create a 30 second anti-bullying campaign video to be featured on the district website and social media platforms that *offers inclusive strategies students of all grade levels can do to make other students feel included.*

Weekly video submissions are encouraged and a winning video will be selected each Friday of October beginning on October 5. Schools, clubs, and classes may submit multiple videos. The Communications Office will accept submissions from October 1, 2018 through November 2, 2018. Please share this opportunity with your students and follow the guidelines below.

Submission Guidelines:

- Create a 30 second anti-bullying video featuring inclusive strategies for student use in the program/app of your choice.
- The video must be created under the supervision of a teacher or approved UCPS employee.
- Please be sure that everyone in the video has a current/signed photo release on file at the school.
- The video needs to convey an anti-bullying message applicable to students of all ages.
- Include the hashtag #UHaveAVoice
- Upload completed videos to your school's YouTube channel and share the link to the uploaded video in an email to becky.swiger@ucps.k12.nc.us
- Videos should be submitted by 12 p.m. each Friday beginning on October 1 to be reviewed for selection (Video submissions will not be considered after Wednesday, October 31 at noon).
- Questions? Please contact a member of the Communications Office

College and Career Corner

Class Information from the Guidance Counselors

Attention Seniors -

Seniors— Graduation is at the Winthrop University Coliseum on Sunday, June 9 at 2:00 PM- More Details are coming in the Fall Senior Letter in October.

College Visits— **Wofford College** visiting on **October 19**.

Sign up in Naviance if you would like to attend. Please see Ms. Cole if you have questions. If you would like to attend one or more of the following college visits please sign up in **Naviance**. You must have your teacher's permission to sign up.

Naviance Information : Are you seeing this icon in Naviance next to a school you're applying to? This means you need to indicate to Naviance how you are applying to that school. Documents will not be sent from CATA until this is corrected. You can change this on your "Colleges I'm Applying To" list."

Senior Scholarship Opportunities: Please click [here](#)



Seniors! Here are the new standards for honors recognition

Summa Cum Laude: 4.25
Magna Cum Laude: 4.0-4.24
Cum Laude: 3.75-3.99



SENIORS:

If you are requesting a teacher recommendation through Naviance you **MUST** talk to that teacher about it. Give at least 2 weeks notice, if possible. Teachers may also request your resume before writing a letter.



North Carolina College Application Week Oct. 15-19

FAFSA Night: Join us on Mon., Oct. 15 at 6:30 in the auditorium to learn about FAFSA and financial aid options. A representative from CFNC will be here to explain the process and to answer any questions.



College Application Assistance: Counselors will be available during lunches in the counseling office on Oct. 16 & 17 to assist students with college applications.



Application Fees Waived: Some NC schools waive their application fee during this week to encourage students to apply. Visit nccountdowntocollege.org for a list of participating schools.



CATA Guidance Department

A high school guidance department can help your student with a LOT during high school—counseling during a problem/or stress, college planning, career/college questions, interview skills, problem solving with classes/teachers, friendship/social issues. Counselors also help with scheduling and what courses to take. Counselors are available to answer parent questions as well.

Please see the list of counselors by academy:

Ashley Lawson: Medical Science, Transportation & Guidance Department Chairperson

Ashley Cole : Pre-Engineering and Performing Arts (theatre & dance)

Sarah Goodwin: Information Systems (Cybersecurity, Computer Engineering, Software & Game Design) and Music Production & Recording Arts.

College and Career Corner

Class Information from the Guidance Counselors

PreACT is for ALL 10th grade students and will be given on Friday, October 26th during 1st and 2nd block. Please make sure you have a calculator for the math section!! See you assigned counselor for any questions.

JUNIORS—All juniors will be taking the **ACT**, a college entrance exam on 2/20/19. In order to best prepare all juniors will work on **ACT preparation** during Cougar Time two times per week.

JUNIORS — All juniors will be taking the SAT on April 9, 2019.

Juniors: The Governor's School of NC is the oldest statewide summer residential program for gifted and talented High School students in the Nation. The program is open to current **Juniors** with exceptions made for current Sophomores in selected performing and visual arts. To find out more about this awesome opportunity please see Ms. Goodwin in the counseling office TODAY!!

All Sophomores- a representative from the **North Carolina School of Science and Mathematics** will be at CATA on Tuesday, October 23rd at 10:00 am in the Guidance Conference Room. Please see Ms. Goodwin if you are interested.

**Class of
2020**

**Class of
2021**

**CLASS OF
2022**

National SAT Dates - students must register at CollegeBoard.org

- November 3rd register by 10/5, with late fee until 10/24
- December 1st register by 11/2, with late fee until 11/20
- March 9th register by 2/8, with late fee until 2/27
- May 4th register by 4/5, with late fee until 4/24
- June 1st register by 5/3, with late fee until 5/22

National ACT Dates – students must register at ACTstudent.org

- October 27th register by 9/28, with late fee until 10/14
- December 8th register by 11/2, with late fee until 11/19
- February 9th register by 1/11, with late fee until 1/18
- April 13th register by 3/8, with late fee until 3/25
- June 8th register by 5/3, with late fee until 5/20
- July 13th register by 6/14, with late fee until 6/24

(students who receive free or reduced lunch or have a financial need should see their counselor about a fee waiver)



Huntington Learning Center-Weddington is partnering with UCPS to provide our students with test taking tips and tricks for the ACT and SAT. Students who attend earn participation points toward their school's #UCPSCollegeReady goal!

UCPS will be administering the ACT and SAT to all juniors for free.

- UCPS ACT administration date: February 20, 2019
- UCPS SAT administration date: April 9, 2019

Date	Time	Location	Registration Link	Test(s) Addressed
Saturday, November 17, 2018	10:00 am - 12:00 pm	CATA 600 Brewer Drive Monroe, NC 28112	http://bit.ly/blitz11-17-18	SAT & ACT
Saturday, February 16, 2019	10:00 am - 12:00 pm	CATA 600 Brewer Drive Monroe, NC 28112	http://bit.ly/blitz2-16-19	ACT
Saturday, April 6, 2019	10:00 am - 12:00 pm	TBD	Coming Soon!	SAT

COUGAR ATHLETICS

If you have questions about athletics or want to volunteer to help with athletics, please send an email to Athletic Director, [Coach Jay Niessner](#). Make sure to follow all of CATA's athletic teams on Twitter:

@CATA_Athletics Please follow the **CATA Twitter & Facebook feeds for the latest updates due to weather and rescheduled events.**

Last Week's Results:

Volleyball – Win vs. East Montgomery, Win vs. East Montgomery

Soccer – Win vs. Anson

Women's Tennis – Congrats to Aru Hopper & Sophia Atkinson for finishing 2nd in the RRC Doubles Tournament.

Cross Country – Congrats to the Men's Team on Winning the Rocky River Conference Championship and the Women's Team on finishing 2nd.

JV Football – Loss vs. West Stanly

Upcoming Events:

Tuesday, October 23rd:

AWAY Soccer @ West Stanly – 6:00 pm

Wednesday, October 24th:

AWAY Soccer @ East Montgomery – 6:00 pm

Thursday, October 25th:

AWAY JV Football & Cheerleading @ Forest Hills – 6:30 pm

Saturday, October 27th:

AWAY – Cross Country – NCHSAA Regionals @ Kernersville, NC - TBA



News & Information:

Winter Sports Parent Information Night – Monday, October 29th @ 7:00 pm in the CATA Auditorium

FAMILY ID: If you plan on participating in Athletics during the 2018-2019 school year you need to create a NEW Family ID account and get registered. Once you have registered, you must get approved before you can participate. You only have to register once and you are good for the entire school year. The link to the CATA Family ID page can be found under **FORMS** on the CATA Athletics Website. Anyone participating in off season workouts must be registered and approved to participate

Fall Sports Coaches Contact Information:

Athletic Director: Jay Niessner – jay.niessner@ucps.k12.nc.us

Cheerleading: Ashley Lawson – Ashley.lawson@ucps.k12.nc.us

Cross Country: Kim Inuwa – kimberly.inuwa@ucps.k12.nc.us

Football: Charles Doak – Charles.doak@ucps.k12.nc.us

Men's Soccer: Jay Niessner – jay.niessner@ucps.k12.nc.us

Volleyball: Stephanie Peacock – Stephanie.peacock@ucps.k12.nc.us

Women's Golf: Nelson Rowell – nelson.rowell@ucps.k12.nc.us

Women's Tennis: Terry Lewis – terry.lewis@kw.com

Winter Sports Coaches Contact Information:

Cheerleading – Ashley Lawson – Ashley.lawson@ucps.k12.nc.us

Indoor Track & Field – Kim Inuwa – kimberly.inuwa@ucps.k12.nc.us

Women's Basketball – Angelia James – alouallen@yahoo.com

Men's Basketball – Sam Smithson – Samuel.smithson@ucps.k12.nc.us

Swimming – Kelly Lepsig – Kelly.lepsig@ucps.k12.nc.us

Wrestling – Mike Jacobus – mike.jacobus@ucps.k12.nc.us

Sports Workouts and Interest Meetings

- Interested in **Winter Track**? We have started conditioning on Monday, Wednesday, Thursday and Friday. Come join us on the track at 3:45 . See Coach Inuwa for more information.
- Anyone interested in **swimming** this winter should stop by Coach Niessner's office and pick up the information.
- If you are interested in trying out for **baseball** in the spring please stop by Coach Daniels classroom (601) on Thursday October 18th or Friday October 19th in the morning before school to pick up off-season workout information. Workouts will start on Tuesday November 27th from 3:45 - 5:00. All paperwork must be turned in before you can attend Off-season workouts

Spring Sports Contact Information:

Baseball – Aaron Hammers – aaron.hammers@ucps.k12.nc.us

Men's Golf – Mike Jacobus – mike.jacobus@ucps.k12.nc.us

Men's Tennis – Terry Lewis – terry.lewis@kw.com

Softball – Greg Peters – Gregory.peters@ucps.k12.nc.us

Track & Field – Kim Inuwa – kimberly.inuwa@ucps.k12.nc.us

Women's Soccer – Jay Niessner – jay.niessner@ucps.k12.nc.us

Around CATA

Friday, October 19—Wofford College Visit, Media Center; ITS Decades Night, 7 PM (Theatre); Science Olympiad Officer Meeting, 3:30 (Rm. 605, Cross); Skills USA, 3:30 (Rm 820, Aldridge)

Saturday, October 20—Seniors Paint Parking Spots, 8 am to 12 PM; (Rain Date 10/19 and 10/23 after school) Fishing Club Tournament, 7:00 AM (Why Not An American Park); Band Competition, East Rowan Mustang Classic, 1 PM (ERHS)

Monday, October 22—CATA Alum Tyler McKenzie Performing Arts Visit; Student Council Officer Meeting, 3:30 (Media Conference Rm.); Robotics Club, 3:30 (Rm. 216)

Tuesday, October 23— **Early Release Day, 8:50 AM to 12:30 PM**

Wednesday, October 24—SAT Prep with Future Prep, 4:30 PM (Rm. 401); Art Club meeting, 3:30 (Rm. 102, Pentecost)

Thursday, October 25—Yearbook Club, 3:30 (Rm. 102, Pentecost); NCTC School Production, 7 PM (Theatre)

Friday, October 26— **PRE ACT, All 10th graders**; NCTC School Production, 7 PM (Theatre); Science Olympiad, 3:30 (Rm 605)

Saturday, October 27—Band at the Pirate Cove Classic, PRHS); SAT Prep with Future Prep Mock Exam, 8:00 AM (Rm. 401)

October Events:

Performing Arts Parents can view the Academy Calendar by clicking [here](#).

10/6 to 10/31—Bank for Band Fundraiser

10/9 to 10/19— Hands Helping Others— Breast Cancer Awareness Fundraiser

10/15 to 10/19—College Application Week

10/21 to 10/26—Culture of Respect Week

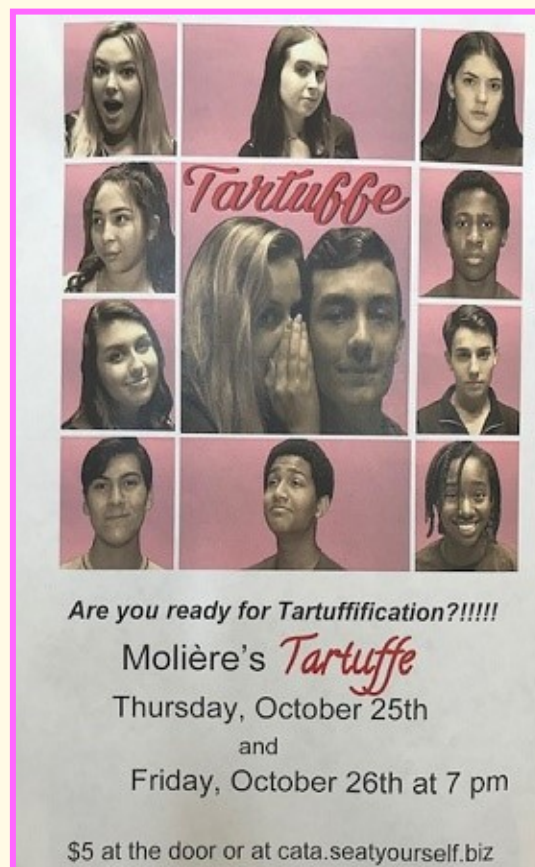
10/29—UNC Asheville visit, Media Center

10/29—Winter Sports Parent Night, 7 PM (Media Center)

10/31—SAT Prep with Future Prep, 4:30 (Rm. 401)

10/31—Annual Trunk or Treat, 4:15 PM (Faculty Parking Lot)

11/1—Progress Reports



Student Life

Many of our student life organizations are listed on our website. [Click here](#).

- This year's annual **Trunk or Treat** event will be held on Wednesday, October 31st 4:15 PM to 6:00 PM. Click on the link to sign up: <https://goo.gl/KagnPa> Student Life Organizations, Athletic Teams, and Academies may sign up for a (kid-friendly) theme. Remember: more than one car can sign up for an organization, team, or academy. Please complete all sign ups by **Wednesday October 24**.
- **Skills USA** meeting this Friday afternoon 10/19 at 3:30 in Mr. Aldridge's room number 820. All members need to attend as we have a large agenda to cover along with nominating officials.
- **Science Olympiad** Officer Meeting, 3:30 (Rm. 605, Cross) on Friday, 10/19 ;Meeting 10/26 at 3:30
- **Band Competition**, East Rowan Mustang Classic, 1 PM on Saturday, 10/20 at East Rowan
- The **Art Club** is meeting meets Every Wednesday in Rm. 102 (Ms. Pentecost)
- The **Yearbook club** meets Every Thursday in Rm. 02 (Ms. Pentecost).

Cougar Council PTSO Information

Click [here](#) to view important PTSO information, minutes, and agendas.

If anyone is interested in being a committee chair we have several openings for Fundraising and Membership chairs. Please contact catacougarcouncil@gmail.com for more information. We are still looking for a **membership** and **fundraising chairperson**. Please re-link your **Harris Teeter VIC** cards. There are **Publix savings** cards in the main office.

President: Nicole D'Amico

nicole.damico.me@gmail.com

Vice President: Meena Sreeraman,

meenaskalp@yahoo.com

Secretary: Sabrina Clontz,

sfclontz@carolina.rr.com

Treasurer: Ann Helms,

adhelms@aol.com

Communications: Jeannine Kenary & Sarah May,

jmk1098@gmail.com, sarah.w.may@gmail.com

Hospitality:

Carol Taldo & Megan Huffman

ctaldo@me.com, meghuf5@yahoo.com

Performing Arts:

Carla Harrison & Janet Peirano

carlasharrison@yahoo.com,

janetpeirano@yahoo.com

Membership: Vacant

Fundraising: Vacant



Volunteering at Central Academy:

We are happy to have our parents volunteer for events, field trips, and other school activities. Please click [here](#) to fill out an application to volunteer.

UCPS
UNION COUNTY PUBLIC SCHOOLS

Holiday Card Contest

Union County Public Schools would like to welcome the return of the Annual UCPS Holiday Card Contest. UCPS is looking for students to create festive artwork to celebrate this upcoming holiday season.



Award:

The winning submission will be featured as the cover of the UCPS Holiday Card



Deadline for Entries:

All entries must be received at the Central Services Office no later than 5:00 PM on Wednesday, October 31, 2018.

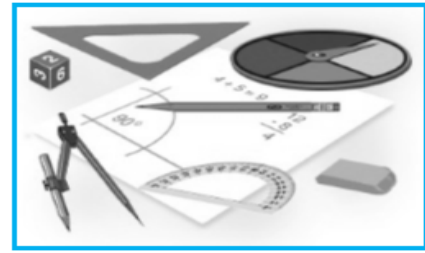


Seniors Paint Your Parking Spot.

All deals are at this [link](#). Please act today! Click [here](#) to pay the fee.



Math Tutoring



with
Mr. Broome
In room 519

Mondays
3:30-4:30

RESILIENCE

THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

OCTOBER 24, 2018 • Marvin Ridge High School • 6:30 to 8:45 pm

Main Auditorium • 2825 Crane Road • Waxhaw, NC 28173

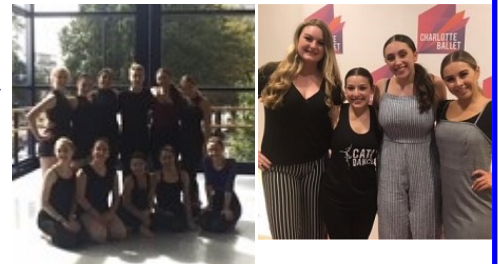
Families and educators are invited to watch "Resilience" and discuss the effect of toxic stress on health

Union County Public Schools, in collaboration with Novant Health, invites families and educators to discuss how trauma and stress on adolescents cause long-term physical and mental health issues.



Cougar Pride - Way to go!!!

- ♦ We would like to send a huge congratulations to Gianna D'Auria for receiving Charlotte Ballets "Best Student Choreography Award" this past weekend. Fantastic job to Maddy Starr, Alexa Weir, and Julie McConnell for bringing her work to life. CATA Dancers enjoyed their weekend with Master Classes, and performances.



- ♦ Congratulations to our **Homecoming Court Winners**

Freshman Prince and Princess are Brady Ross and Tamaura Brown

Sophomore Prince and Princess are Alex Roets and Megan Mossembekker

Junior Prince and Princess are Will McCoy and Chase Green

Senior Homecoming King and Queen are Zane Reep and Maiah Greene

Yearbooks are on sale for \$75.00 until December 1st when the price will increase to \$85. Be sure to remember to order your yearbook! Order yours today! Make checks payable to CATA. Order online at <https://yearbookforever.com/> and search for CATA to link to our school.

BUY  **YOUR**
Yearbook

Senior Tributes SENIORS AND SENIOR PARENTS! Just a reminder that pictures and money are due to Ms. Christensen by October 31st for your **senior tribute** page for the yearbook. If your senior pictures will not be taken until after that date then make sure you communicate that with her. Space will not be available after October 31st. Don't miss out. Please see the senior tribute order form in this newsletter. Below are the prices and sizes along with how many pictures you can submit for each size. Know that if you write a long message that you may have to eliminate one or more photos. The yearbook staff will work with you to design the best tribute to recognize your senior. You can order senior tributes online as well using the URL above. If you don't see the option to order a tribute/ad, turn off any pop up blockers you might have on your browser and reload the page. All photos need to be received at CATA by October 31st. You can either send digital copies of photos or bring in print copies that we will scan for you. The highest resolution of digital file possible is best so we have options for resizing, etc. A dot per inch (dpi) number of 600 is good. Most home printer/scanners will allow you to adjust the default scanning resolution. The main photo must be from the current year and feature the student alone.

Tribute Sizes:

1/8 = \$65, one picture max

1/4 = \$100, 3 pictures max

1/2 = \$195, 6 pictures max

Full page = \$295, 9 pictures max

If you have any questions about senior tributes or yearbook sales, please contact Ms. Deb Christensen at deb.christensen@ucps.k12.nc.us or call 704-296-3088, ext. 7140.

Be in the Know by following us on Social Media

Follow CATA at @cata_monroe

Dance @CATA_DANCE

Performing Arts @CougarArts

Athletics @CATA_Athletics

Football @cougar_football

Band @catabanddirect

Student Council @StucoCata

Counseling Twitter @CATA_Counseling

Counseling Instagram @CATA.counseling

Cheerleading @CATACougarCheer

Baseball @CATA_Baseball

Theatre Instagram: @C.A.T.A.Theatre

UCPS @UCPS_MonroeNC

Chromebook and Technology Help Desk: Students may see Mr. Eddins during the following times for help with Technology

Monday, Wednesday, Friday

- 7:30AM-8:50AM
- 12:00PM-2:00PM



Student Parking Passes

ALL past due student fees must be paid before you are permitted to purchase a parking pass—this includes the 2015-2016, 2016-2017, AND 2017-2018 technology fee, media center fees, cafeteria, and any fees owed to CATA.

- ALL Students, **MUST** print and bring ALL required documents with you along with the cash (exact amount) or check for **\$40** made payable to Central Academy of Technology & Arts. Any incomplete application packets will delay the process and you **canNOT** reserve your parking spot until all documents and check are turned in. Please make sure to have your parent sign the registration forms. They are available on the CATA web-site under "Students". [Click here for the link.](#)
- Students may choose their parking spot number if they purchase BEFORE the first day of school. After that we will sell remaining spots in order.
- **If you pay with cash, you MUST have exact change.**



Parking passes are not guaranteed available throughout the school year. Once we sell out we will start a waiting list. Students obtaining their license during the school year are not guaranteed a spot, and may have to wait until the following year to drive. We will have a waitlist for those students bringing in all appropriate documentation. We have 14 spaces left.

The Student Section at CATA is the.... **BLUE CREW**



Pur- chase
the 18-19 Blue Crew Shirt
by clicking here for [our](#)
[online link.](#)

Shirts cost \$12 and are
sold online, at home ath-
letic events, and during
lunches.

Cougar Athletic Pass (For Parents and Students)

The Athletic Department is selling **athletic passes** for all CATA regular season home games for Fall, Winter and Spring seasons. The cost is \$50 for the year. This is a deal! Attending ten athletic events a year pays for the pass. You can purchase in person at home JV Football games, home Volleyball matches, home Men's Soccer matches, or online by clicking [here](#).



Senior Tribute Order Form

Student Name (First and Last): _____

Parent Name (First and Last): _____

Parent Email: _____

Phone Number: (____) - (____) - (____) Best Time to Call: _____

Tribute Size (Check One):

- | | | |
|--------------------------|-----------------|-----------------------|
| <input type="checkbox"/> | Full page \$295 | maximum of 9 pictures |
| <input type="checkbox"/> | ½ page \$195 | maximum of 6 pictures |
| <input type="checkbox"/> | ¼ page \$100 | maximum of 3 pictures |
| <input type="checkbox"/> | 1/8 page \$65 | maximum of 1 picture |

make checks payable to CATA

Things you need to know

- Fonts and colors cannot be changed as it goes with our layout for the whole book.
- We cannot guarantee a spot after the October 31st deadline as the placement of pages will be set for the book and cannot be changed.
- A final proof will be emailed to you. You will have 48 hours to respond. If you do not then we will call you. If we still don't hear from you then it will be submitted as is.
- If this is a secret or surprise for you child, we need to know.

Things to keep in mind when creating the perfect message.

- It cannot be plagiarized. Use your own words.
- Avoid cliches. Make it more personal.
- Keep it short and to the point. Remember you only have limited space. You may have to chose between words and photos if you get too wordy.

Things to know about the photos.

- No Black and White Photos
- No collage pictures you created.
- Understand that photos will be cropped and flipped to compliment the overall design.
- If you have multiple students (twins etc..) the number of photos allowed will change as it takes up more space with a second person. However, we can work with you.
- Submit good, quality photos. Make sure they scan at the highest resolution.
- If you are have difficulty choosing your photos, make an appointment with Mrs. Pentecost and she can help you choose what would look good together.
- Baby pictures are fine but please make them less than half of the overall number of photos. This is designed to be a record of their years in high school.
- Submit images via email to DEB.CHRISTENSEN@UCPS.K12.NC.US or hard copies can be brought to her for scanning and returned same day.

Half Page Tribute
3-6 Photos allowed
\$195

Quarter Page Tribute
1-3 Photos allowed
\$100

Full Page Tribute
3-9 Photos allowed
\$295

Eighth Page Tribute
1 photo allowed
\$65