



# Central Academy of Technology & Arts Cougar Chronicle

Volume 8

Issue 11

October 1, 2020

Link to CATA  
Social Media Sites  
Click the Crest



Instagram

Dear CATA Family,

**Invest is Excellence is in full swing!** Our families have donated over \$9785. Thank you for helping us Invest in CATA. This program raises funds to enhance our school for our students immediately this year. [Click here](#) to give or use the form is on page 4. **CATA Cougar Spirit Wear is NOW AVAILABLE for sale online: Please [click here](#) to purchase. Our updated daily schedule is on page 2.**



- ◆ **Underclassmen Photo Days-** Underclassmen photos are Tuesday, 10/6 and Wednesday, 10/7 from 8:30 am – 6:30. All students who are in school on Mondays & Tuesdays will have their picture taken on Tuesday and all students who are in school on Wednesdays & Thursdays will have their picture taken on Wednesday. Remote only students can come to the school either day before 6:00 pm to get their picture taken. [Click here](#) to order before picture day you can get a discounted package price. [Please click here for the flyer.](#) If you do not pre-order online and want to place an order, then please send the order form in the envelope with payment and give it to the photographer on picture day. There will be extra forms outside of the main office for anyone who does not get one. If you have any questions, please contact [Deb Christensen](#). We want to have all of our students represented in the yearbook!
- ◆ **Students who earned Academic Bars and Letters from the Fall and Spring of 2020** will continue to receive their Bars and Letters at lunch. Plan D students can pick up bars and letters in the main office.
- ◆ **Athletics** is updating our data base for all students interested in participating in athletics during the 2020-21 School Year. This information will be shared with all head coaches. fill out the CATA Athletic Interest Form by clicking [here](#).
- ◆ **Class of 2021, it is time to talk about MONEY for College!!** If you are interested in attending the **CATA Financial Aid Night** on Monday, 10/12 at 7:00 (virtually of course) please fill out the Google Form. This link will be open until 6:30 pm the night of the event. [Click here to register.](#)
- ◆ **Class of 2021 Cap and Gowns:** Josten's will have a Cap and Gown and Senior Order Drive Thru on Friday, 10/9 at the front of the school. You can purchase at that time, online by [clicking here](#) or by phone, 800-582-6376. **There is information on page 12. [Click here for the flyer.](#) All seniors must complete this task.**
- ◆ **Site-Based Management Team Parent Representative Voting:** We have the election results for our two parent representatives and will notify the new representatives this week.
- ◆ **Travel Club 2022:** Interested in seeing the world? Join us for a trip to Italy during Spring Break of 2022. There will be a virtual interest meeting is for parents, students and teachers who want to learn about the trip cost, as well as, what we do and the amazing places we will visit. Email [Ms. Shelly Pentecost](#) if you are interested.
- ◆ **Yearbook Survey:** Have you filled out the yearbook Summer survey? We need your responses to accurately represent the school as a whole. We only have 205 students out of 844 students represented at this time. Please get this done by 10/2. Everyone who fills it out will be entered into a drawing for a \$10 gift card to Chick fil a. You can find the survey in your email or at this [link](#).
- ◆ **Digital Citizenship Survey:** UCPS requires students to complete lessons on Digital Citizenship. [Click this link](#) to get started, then choose the appropriate grade level. You must be logged in to your UCPS Google Account and sign the pledge at the end in order to get credit. Please be sure if you have already completed the modules you sign the pledge. Please complete this task this week.

Please take time to read over this newsletter. The Cougar Chronicle, in addition to our website, will be the main form of communication from school to home. Go Cougars! Ms. Merritt

**New Daily Schedule- Four Lunch Rotation****First Period:** 9:05 to 10:35**Second Period:** 10:40 to 12:10**Third Period:** 12:15 to 2:10**Lunch A:** 12:10 to 12:35**Lunch B:** 12:42 to 1:07**Lunch C:** 1:14 to 1:39**Lunch D:** 1:49 to 2:10**Fourth Period:** 2:15 to 3:45

- (Some students will go directly to A lunch after the second period and may drop their books off in their third-period class)
- (This was our usual lunchtime 25 min; we added time to lunches this year but will have to cut back due to adding a fourth lunch).
- (In order to not have to send students back to classrooms, we need four lunches)
- (We can revert back to 3 lunches and the original schedule depending on our numbers)

**Important Information:**

1. Students who go to school on Monday or Tuesday will now go to school on Monday AND Tuesday. **(Last names A-K)**
2. Students who go to school on Wednesday or Thursday will now go to school on Wednesday AND Thursday. **(Last names L-Z)**
3. All students will come to class virtually every day they are not scheduled to be in the school building (3 days a week).
4. Friday is still a remote learning day for ALL students.
5. **The only thing that has changed is our students are in the building for one extra day (two days a week) and they learn remotely the other three days.**
6. **Plan D students still come to class remotely all five days.**
7. We will follow all of our same protocols for masks, distancing, washing and sanitizing hands, school entry, lunch, and school dismissal.
8. We will add a fourth lunch to follow distancing guidelines. Right now we have three lunches.
9. Our classes have a cap on the number of students who can be in a particular room at one time based on the square footage. This is to maintain six feet of distance. Some periods teachers and students will be moved to a classroom space that is larger to accommodate all students in a safe manner. Those classes will be cleaned in-between uses. We are not moving many classrooms to other teacher classrooms, but we are moving a considerable amount of classes to other classroom spaces. We have six main areas for movement..
  - a. Room 401 "Fish Bowl" classroom next to the main office,
  - b. Room 507 (Regular academic classroom that was being used for storage),
  - c. Room 527 (Regular academic classroom that was being used for an academic office)
  - d. Room 812 (Specialized Academic Classroom).
  - e. Media Center (Front)
  - f. Media Center Lab (Back)
  - g. All of these spaces have the capacity to fit students six feet apart based on classroom attendance. UCPS sent us a capacity list and we have double-checked all areas for student and staff safety.
10. We have a new daily schedule. The first and Second Periods are the same. We have slight adjustments to the Third and Fourth Period to accommodate for adding a fourth lunch. Please see the schedule below.

**Friday Schedule:** Each student must check in with their teachers on Friday. The Friday schedule will look different than Monday thru Thursday. Each teacher has been asked to communicate with students the expectations for each Friday. Attendance is taken on Friday so students must complete the assigned tasks for each teacher to be counted present. This information should be posted on each teacher Canvas page.



## PTSO- The Cougar Council

Website- [CATA PTSO– The Cougar Council](http://www.cataptso.org)  
 Website- [CATA Performing Arts Parent Committee](http://www.cataptso.org)

Click [HERE](#)- [PTSO APPLICATION/INVEST IN EXCELLENCE FORM](#)

Click [HERE](#)- [Online Invest in Excellence Donation Website](#)

**HELLO CATA FAMILIES!!** Please visit our CATA PTSO website [www.cataptso.org](http://www.cataptso.org) for information including Invest in Excellence, PTSO Membership and more. Feel free to reach to us at [catacougarcouncil@gmail.com](mailto:catacougarcouncil@gmail.com) with any questions, ideas or suggestions. We know this year will look very different for us all which is even more reason to get involved and stay informed.

### **NEW - MORE FREE MONEY FOR THE SCHOOL:**

**Publix Partners** has contributed \$37.7 million to more than 4,600 schools across the Southeast and YOU can help CATA receive some of those funds. Participating is easy, simply create or sign into your **Publix account** ([www.publix.com/myaccount/register](http://www.publix.com/myaccount/register)), click My Publix Partners at the top, and Central Academy of Technology & Arts as your school. That's IT! Then enter your phone number or use pay with the Publix app every time you check out. They'll give back to CATA just for shopping at Publix (it does not cost you any more to support CATA). **This is NEW so if you shop at Publix, please take a few minutes to sign up - thank you so much!**

**AmazonSmile in the Amazon Shopping app**  
 You can now support your favorite charity on iPhone & Android phones

**How to turn on AmazonSmile in the mobile app**

- 1 Join AmazonSmile**  
 If you are not already an AmazonSmile member, sign up in your web browser. Simply select your favorite charity to start generating donations, at no cost to you.
- 2 Get the app**  
 Download or update to the latest version of the Amazon Shopping app on your phone. You can find it in the [App Store](#) for iOS or [Google Play](#) for Android.
- 3 Turn on AmazonSmile**  
 Open the app and find "Settings" in the main menu. Tap on "AmazonSmile" and follow the on-screen instructions to turn on AmazonSmile on your phone.

Please consider supporting CATA by linking to these companies when you are shopping next time!

**Harris Teeter Together in Education**  
 (link to CATA using code 3612)

**Amazon Smile**  
 (<https://smile.amazon.com/ch/26-1542614>)



# PTSO Invest In Excellence



## CATA Invest in Excellence & Parent Teacher Student Organization (PTSO) Membership



Dear Parents and Students - We welcome you to Central Academy of Technology & Arts! Although students come from every corner of the county, we work hard to create a family atmosphere at CATA and we need your help. Please join the PTSO, consider donating to our Invest in Excellence campaign and look to volunteer with one of our committees.

1. The Cougar Council, PTSO is responsible for many activities at CATA. In past years we have sponsored events which support all members of our CATA family. We look forward to your membership and support.
  - Recognizing academic achievement through the Student Academic Recognition Program (STAR)
  - Showing Teacher and Staff Appreciation through events & luncheons
  
2. Invest in Excellence at CATA campaign is a simple, one-time straightforward way for individuals and businesses to invest in the excellence of CATA. 100% of the money donated is invested in CATA. You are making an investment in your child's future. The campaign runs year-round. Invest in Excellence donation includes PTSO Membership.
  - Improved Signage to recognize Central Academy of Technology and Arts on campus and off
  - Individual Academy Funds to specific needs for students, teachers and classrooms
  - Past funds have included: Broadcasting Room Equipment, Science Lab Materials, Handheld Teaching Tools
  - One-time 100% donation with all funds going directly back to the school.

PLEASE FILL OUT THE INFORMATION BELOW AND RETURN TO THE FRONT OFFICE OR THE DEN/MEDIA CENTER

Parent or Guardian Name: \_\_\_\_\_

Student Name (s): \_\_\_\_\_

Grade Level (s): \_\_\_\_\_ Academy: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Check here to be automatically linked to Harris Teeter VIC card Together In Education program

Please check the committee or activity in which you are interested in helping:

\_\_\_ Hospitality \_\_\_ Performing Arts \_\_\_ Membership \_\_\_ Fundraising \_\_\_ Communication

Yes, I want to Invest in Excellence at CATA (includes PTSO Membership)

- \$25       \$75       Other \_\_\_\_\_  
 \$50       \$100       Corporate Matching Available

Yes, I want to join CATA Cougar Council PTSO (membership only - no Invest in Excellence donation)

\$10

TOTAL Payment: \$ \_\_\_\_\_  Check # \_\_\_\_\_  Pay Online

PAYMENTS online at [www.cataptso.org](http://www.cataptso.org) (3% convenience fee will be applied) OR Make Checks Payable to CATA PTSO



## College and Career Corner

### Class Information from the Guidance Counselors

[Counseling Twitter @CATA\\_Counseling](#)  
[Counseling Instagram @CATA.counseling](#)

### [Scholarship Spotlight– Click HERE SCHOLARSHIP PAGE](#)

[Please click here for all information from our Counseling Department](#)  
[CATA Counseling Canvas Page– Click HERE](#)

#### **CATA Tutoring Times - Fall 2020**

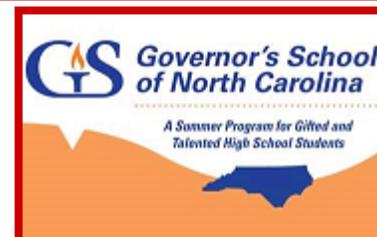
CATA will be offering tutoring times each day of the week based on subject. Approved CATA students will be providing the tutoring. If tutoring is needed, then please click the Teams link to join during the assigned times. Tutoring will begin the week of 9/14. Please reach out to your assigned counselor with questions.

- ◆ **Monday** - 3:45 to 4:45 for Social Studies, click here to join [Social Studies](#),
- ◆ **Monday** - 3:45 to 4:45 Math 1 & 2, click here to join [Math 1 & 2](#),
- ◆ **Monday** - 3:45 to 4:45 Math 3, Pre-Calculus, & Math 4, click here to join [Math 3, 4, & Pre-Calculus](#),
- ◆ **Tuesday** - 3:45 to 4:45 for Science, click here to join [Science](#),
- ◆ **Wednesday** - 3:45 to 4:45 Math 1 & 2, click here to join [Math 1 & 2](#),
- ◆ **Wednesday** - 3:45 to 4:45 Math 3, Pre-Calculus, & Math 4, click here to join [Math 3, 4, & Pre-Calculus](#),
- ◆ **Thursday** - 3:45 to 4:45 English, click here to join [English](#)
- ◆ **Friday** - All 5 subjects will be offered from 1:30 - 3:30 in 2 shifts (1:30 to 2:30, 2:30 to 3:30)

**11th graders that are eligible for the PSAT** this year received an email directly from Ms. Lawson on Tuesday, August 25th. The PSAT will be given to the selected 11th grade students on **Wednesday, 10/14** beginning at 9:00 am. To be eligible to take the PSAT this year you must have earned within the 90th percentile on the PSAT your 10th grade year (score of 1170). **No 10th graders will be taking the PSAT this school year.** If you have any questions or concerns please reach out to Ms. Lawson.

**Attention CATA Juniors:** The Governor's School of North Carolina is a prestigious 5½-week summer residential program for gifted and talented high school students, integrating academic disciplines, the arts, and unique courses on each of two campuses. The curriculum focuses on the exploration of the most recent ideas and concepts in each discipline, and it does not involve credit, tests, or grades. Students are selected to attend through a competitive process after being nominated by their school. If you are interested in this opportunity of a lifetime, please watch the interest video and fill out the google interest form. Ms. Goodwin will contact you with more information about the application process.

**Governor's School Video:** <https://www.youtube.com/watch?v=OIOVyrev4Ck>  
**For more info. and the application, fill out this form:** <https://forms.gle/55DAjpNmPKJ8gHqU7>  
**The interest link will be open until October 8<sup>th</sup>. Applications will be due October 30<sup>th</sup>!!!!**



#### **CATA Guidance Department**

A high school guidance department can help your student with a LOT during high school—counseling during a problem/or stress, college planning, career/college questions, interview skills, problem solving with classes/teachers, friendship/social issues. Counselors also help with scheduling and what courses to take. Counselors are available to answer parent questions as well.

Please see the list of counselors by academy:

**Ashley Lawson:** Medical Science, Transportation & Guidance Department Chairperson

**Ashley Cole :** Pre-Engineering and Performing Arts (theatre & dance)

**Sarah Goodwin:** Information Systems (Cybersecurity, Computer Engineering, Software & Game Design) and Music Production & Recording Arts



# College and Career Corner

## Class Information from the Guidance Counselors

[Counseling Twitter @CATA\\_Counseling](#)  
[Counseling Instagram @CATA.counseling](#)



### COUNSELING DEPARTMENT PROCEDURES

To ensure the safety of students and staff we are implementing the following procedures for the 2020-2021 school year.



**MEETING BY APPOINTMENT ONLY**  
 Email your counselor to schedule an in-person or virtual appointment. If a student is in crisis they will need permission from their teacher to visit a counselor.



**SAFETY MEASURES**  
 One student in a counselor's office at a time  
 Masks are required  
 Remain 6ft apart  
 Entrance doors will remain shut

### REASONS TO CONTACT US

**COUNSELORS**  
 Ms. Lawson, Ms. Cole, Ms. Goodwin

To discuss academic, social/emotional, and career questions. This includes, but is not limited to: Class selection, college/career choices, scholarships, and friendship/relationship/family issues.

**CAREER DEVELOPMENT COORDINATOR**  
 Mrs. Corbett

To discuss career fields and job qualifications. To discuss internship options within the county. Students enrolled at SPCC can discuss class options. Students interested in SPCC can discuss how to get enrolled.

**COUNSELING SECRETARY**  
 Mrs. Tweed

The first person you see when entering our office. Mrs. Tweed can provide transcripts and bus passes. She can help with most school-related questions and can help students determine if they should meet with a counselor.

### College Visits

We'll be holding college visits virtually this year. To sign up and see an updated list of colleges please see the link on the College Information/Events page. Here are the schools we have coming up:

- UNC Pembroke - 9/11 @ 2pm
- UNC Asheville - 9/25 @ 2pm
- Meredith College - 10/2 @ 1pm
- USC Lancaster - 10/23 @ 1pm

Are you interested in learning more about HBCU's (Historically Black Colleges and Universities) Please check the CATA Counseling Canvas Page for the link to sign up for a Virtual Tour and Summit series!!

### Scholarship Information

Representatives from some of the biggest scholarships in NC will be holding Zoom information sessions. There will be four sessions where reps will review the scholarships and answer questions. The following scholarships will be represented:  
**EC Scholars at ECU; Levine Scholars at UNCC; Park Scholarship at NC State; Cheatham-White Scholarship at NC Central; Morehead-Cain at UNC**  
 The link to sign up is on our scholarship page.

### SCHOLARSHIPS

The following scholarships have been posted to our website:  
**Morehead-Cain (UNC)**  
**Park (NC State)**  
**Robertson (UNC and Duke)**  
 Check in to our scholarship page weekly to stay updated on available scholarships



## Parents can now access Scoir!

### What can you do with a Scoir account?

1. See which colleges your child is following.
2. Suggest colleges for your child to follow.
3. Complete a personalized financial aid calculator to receive a custom price estimate.

### How do you get a Scoir account?

Your child must invite you!

Students should:

- Log in
- Visit "My Profile"
- Click on "Invite a parent"

Students will need their parent's email address.

Parents  
 + Invite a Parent

For more info, visit <https://bit.ly/onlinecollegetools>.

@UCPSCollegePrep



Click on the Ad to register

## 2020-2021 UCPS Parent College Readiness Webinars

For more info and to register visit <https://bit.ly/collegereadywebinars>

- Paying for College.....September 21, 2020
- Getting Ready for College..... October 19, 2020
- College Entrance Exams 101..... November 16, 2020
- College Recruiting for Athletes..... December 8, 2020
- Scoir for Underclassmen Parents..... January 11, 2021
- Paying for College.....February 8, 2021
- College Entrance Exams 101..... March 8, 2021
- College Recruiting for Athletes..... April 19, 2021

All webinars will be held at 6:00 pm.  
 Dates are subject to change.

@UCPSCollegePrep



## The Den Digest (Media Center) & The Career Development Corner

### The Den Digest

The CATA Media Center website has been transformed into a Virtual Learning Commons. Check out the website and see what is offered. Find links to databases, research help, reading lists, how to evaluate news sources and more.

<https://sites.google.com/a/ucps.k12.nc.us/cata-media-center/>

Want to check out a book? Login to Destiny and put one on hold. We will deliver it to you! Need a calculator? Fill out this form and have your parent/guardian sign. We will give the calculator to your math or

science teacher. You can still get a calculator if you are in the virtual academy.

<https://forms.gle/UopHczyHpjzf6QBb8>

Remember that you can still access e-books and other resources through our online catalog

<https://search.follettsoftware.com/metasearch/ui/105625>

CDC Information About the Coronavirus—<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

## Career Development Corner

### **All Students:**

Juniors & Seniors, complete this quick [career & college promise survey](#) at your earliest convenience. The South Piedmont Community College (SPCC) Career Coach, Ms. Megan Watkins will reach out to all interested students once survey results are received.

~Reminder, SPCC offers bi-weekly virtual information sessions. Please see flyer for more information.

Students, visit the Career Development [Canvas page](#) on Clever for career exploration/college resources, career videos (being updated monthly) & CDC updates.

Parents, are you interested in sharing a career video regarding your career field? If so, please complete this [career speaker google link](#).

### **Juniors:**

-Health Academy Juniors, if you are interested in becoming a certified nursing assistant (CNA) and would like to learn more about the CNA program offered through SPCC, please contact Mrs. Corbett as soon as possible for important course information needed to register.

### **Seniors:**

-Student internships are available to current seniors for 2<sup>nd</sup> semester! Please contact Mrs. Corbett for internship details/application. Applications for the spring semester are due no later than 10/15/20.

Reach out to Mrs. Corbett in the counseling office regarding any additional, SPCC, Career or Internship questions @ [adri-anne.corbett@ucps.k12.nc.us](mailto:adri-anne.corbett@ucps.k12.nc.us) or (704)296-3088.

**SPCC Career and College Promise  
Information Session**

Join us for an information session that will cover all things you need to know about the Career and College Promise (CCP) program here at SPCC.

**When and Where?**

- Every other Tuesday during the fall semester via a Microsoft Teams Virtual Meeting
- Dates:
 

o 9/22 @ 6pm	o 11/3 @ 6pm
o 10/6 @ 6pm	o 11/17 @ 6pm
o 10/20 @ 6pm	o 12/1 @ 6pm

**Topics covered:**

• Pathways	• Course Load
• Eligibility	• Course Instructional Formats
• Steps to Enrollment	• Accommodations
• Career Coach vs. High School Counselor	• Benefits of CCP
• SPCC Technology	• More!

**How?**

Simply click the link below to join:

[Join Microsoft Teams Meeting](#)  
[Learn more about Teams](#) | [Meeting options](#)

For any questions please contact High School Programs at:  
[highschoolprograms@spcc.edu](mailto:highschoolprograms@spcc.edu)  
704.290.5090



## Family Contact, Attendance and Notes, Parking Passes, Bus Information

### Family Contact Information

All parents should complete the CATA Contact Form with contact info. This is required.



[Click here](#)

**Attendance** will be taken for student participation on their assigned day at school and virtually each day in Power School.

School is in session and students are expected to be in class or logged into a class session at the appropriate time each day unless otherwise stated.



**Parking Passes** One cannot drive and park at the school if they have not purchased a parking pass. Parking in any lot other than the student parking lot is not permitted. The process for purchasing parking pass is on FamilyID this year, an account will need to be created if you do not already have one. [Click here for FamilyID](#). Parking passes MAY NOT be purchased by any student who has outstanding fees. After completion of the application, CATA will review your submission. The student will then receive a link to pay for the pass once the application has been approved via student UCPS email. Parking passes are \$45. If you have any questions, please email Mrs. [Andrea Nahum](#).



**Bus Info:** Parents should email [Ms. Tweed](#) if they need bus transportation. Bus riders

and parents should sign up for the **Here Comes the Bus App**. This app allows you to view the real-time location of your child's school bus on your smartphone, tablet or computer. Be sure that your child is at their bus stop at least **20 minutes** before the scheduled arrival time. [Bus App Letter English](#) [Bus](#)



### **Attendance and Absence Notes:**

Absence notes must be **emailed** and/or scanned to [Mr. William Smith](#) our data manager upon the student's return to school in order for the absence to be considered excused. Absences will be coded unexcused in PowerSchool until an email excuse is received. Please allow 24 hours for excusal notes to be coded in PowerSchool. Students may fail if they have 8 or more unexcused absences per class. Attendance is taken each class period. Students will have a chance to recover some unexcused absences.





# COUGAR ATHLETICS

If you have questions about athletics or want to volunteer to help with athletics, please send an email to Athletic Director, [Coach Jay Niessner](mailto:Coach Jay Niessner). Make sure to follow all of CATA's athletic teams on Twitter: [@CATA\\_Athletics](https://twitter.com/CATA_Athletics)

**The NCHSAA has created a schedule for all Fall, Winter, and Spring Sports. Athletics will not begin until November. [Click here](#) for the calendar. UCPS and CATA will give updates about voluntary workouts in the coming weeks. Please contact our athletic director [Jay Niessner](#) if you have questions.**

#### Fall Sports Coaches Contact Information:

**Cheerleading** - Ashley Lawson – [Ashley.lawson@ucps.k12.nc.us](mailto:Ashley.lawson@ucps.k12.nc.us)

**Cross Country** - Kim Inuwa – [kimberly.inuwa@ucps.k12.nc.us](mailto:kimberly.inuwa@ucps.k12.nc.us)

**Football** – Shane Griffin-[shane.griffin@ucps.k12.nc.us](mailto:shane.griffin@ucps.k12.nc.us)

**Men's Soccer** - Jay Niessner – [jay.niessner@ucps.k12.nc.us](mailto:jay.niessner@ucps.k12.nc.us)

**Volleyball** - Stephanie Peacock – [Stephanie.peacock@ucps.k12.nc.us](mailto:Stephanie.peacock@ucps.k12.nc.us)

**Women's Golf** - Nelson Rowell – [nelson.rowell@ucps.k12.nc.us](mailto:nelson.rowell@ucps.k12.nc.us)

**Women's Tennis** - Terry Lewis – [soldbyterrylewis@gmail.com](mailto:soldbyterrylewis@gmail.com)

#### Winter Sports Coaches Contact Information:

**Cheerleading** – Ashley Lawson – [Ashley.lawson@ucps.k12.nc.us](mailto:Ashley.lawson@ucps.k12.nc.us)

**Indoor Track & Field** – Kim Inuwa – [kimberly.inuwa@ucps.k12.nc.us](mailto:kimberly.inuwa@ucps.k12.nc.us)

**Women's Basketball** – Kevin Allran – [kevin.allran@ucps.k12.nc.us](mailto:kevin.allran@ucps.k12.nc.us)

**Men's Basketball** – Sam Smithson – [Samuel.smithson@ucps.k12.nc.us](mailto:Samuel.smithson@ucps.k12.nc.us)

**Swimming** – Sally Goodwin – [sarah.goodwin@ucps.k12.nc.us](mailto:sarah.goodwin@ucps.k12.nc.us)

**Wrestling** – Mike Jacobus – [mike.jacobus@ucps.k12.nc.us](mailto:mike.jacobus@ucps.k12.nc.us)

#### Spring Sports Contact Information:

**Baseball** – Aaron Hammers – [aaron.hammers@ucps.k12.nc.us](mailto:aaron.hammers@ucps.k12.nc.us)

**Men's Golf** – Mike Jacobus – [mike.jacobus@ucps.k12.nc.us](mailto:mike.jacobus@ucps.k12.nc.us)

**Men's Tennis** – Terry Lewis – [soldbyterrylewis@gmail.com](mailto:soldbyterrylewis@gmail.com)

**Softball** – Aaron Hammers – [aaron.hammers@ucps.k12.nc.us](mailto:aaron.hammers@ucps.k12.nc.us)

**Track & Field** – Kim Inuwa – [kimberly.inuwa@ucps.k12.nc.us](mailto:kimberly.inuwa@ucps.k12.nc.us)

**Women's Soccer** – Jay Niessner – [jay.niessner@ucps.k12.nc.us](mailto:jay.niessner@ucps.k12.nc.us)

**CATA COUGAR  
SPIRIT WEAR**

**[CLICK HERE FOR  
2020-21 SPIRIT WEAR](#)**





## Yearbooks, Senior Tributes, Meal Options, Technology Assistance,

**Yearbooks** are on sale for \$75.00. Reserve your copy today! Order online at <https://yearbookforever.com/>.  
**Search for CATA.**

**Class of 2021 Senior Tributes** [CLICK HERE](#): If you would like to purchase a senior tribute for the yearbook, then click the link for pricing and to learn about the process!

**Class of 2021 Information about your senior portraits**: Click on the link for a video from Cady Studios. Watch the entire video and fill out the contact form, so you will receive information on how to schedule your senior portraits [cady.com/2021](http://cady.com/2021). You must fill this out to schedule your senior portraits. You must complete this task to get your picture in the yearbook.

*Walsworth yearbooks*

### Yearbooks on sale >>>

Remember the year forever, buy the yearbook or ad today!

buy a yearbook

**Yearbooks are on sale now  
for \$75.00  
Senior tributes are also on sale!**

**Free breakfast and lunch  
now available for all  
UCPS students  
until Dec. 31, 2020**

Student ID numbers are required for in-school meals.

A la carte items are also available for purchase at regular prices.

### New Meal Option for 2020-2021

**Monday – Friday  
11 a.m. – 1 p.m.**

**Curbside Pickup Locations**

- Cuthbertson High
- Forest Hills High
- Health Sciences Academy at Monroe Middle
- Parkwood Middle
- Porter Ridge Elementary
- Rock Rest Elementary
- Rocky River Elementary
- Serdis Elementary
- Shiloh Valley Primary

Meal sites are open to serve students who are learning virtually and/or on remote learning days.

Open to any person 18 years and under. Student ID numbers are not required.

### Technology Help Desk– Mr. Eddins

[Click Here for Assistance Form](#)  
[Email James.eddins@ucps.k12.nc.us](mailto:James.eddins@ucps.k12.nc.us)

**Help Desk for Students:**  
Monday 8:30AM – 10:AM  
Tuesday 12PM – 1:30PM  
Wednesday 8:30AM – 10AM  
Thursday 12PM – 1:30PM



[Links](#)  
[UCPS Technology Help Desk](#)  
[UCPS Technology Chromebook Start Up Link](#)



## School Protocols Safety

Click [here](#) for state Guidelines

Each teacher will answer health screening questions and have their temperature taken each day.

Each student must answer a series of health questions and have their temperature taken each day.

If your child is sick or exhibiting the following symptoms then please do not send them to school.

1. Fever of 100.4 or above
2. New cough
3. New trouble breathing, shortness of breath or severe wheezing
4. New Chills
5. New Muscle Aches
6. Sore Throat
7. Diarrhea
8. New loss of smell, taste, or change in taste
9. Have been within 6 feet of a person with a lab confirmed case of the current novel virus for at least fifteen minutes, or had direct contact with their mucus or saliva, in the past 14 days
10. These protocols may also call for additional measures to be put in place based on future guidelines.

Please do not come to school if you are awaiting a test result for the current novel virus or are living with someone who has the virus even if you have tested negative. Learn remotely until your family member is cleared.

We will have a separate nurses station for students who exhibit symptoms at school.

Everyone at school must wear a mask and keep physical distance of six feet apart or more. Students will be provide washable masks they must keep clean and can wear their own masks.

Our hallways will have a marked one way walking pattern

Student desks will be sanitized and students will rotate the desks and work stations used.

UCPS will provide masks that are washable

Students are encouraged to bring their own personal hand sanitizer

**Students may not enter the building until 8:35 AM**

**All students will go directly to their first period classes**

A student may eat breakfast but will be distanced in line and in the dining area.

We will have distancing measures for the line and eating at lunch.

We will dismiss by car rider, bus rider, and student driver and students must exit the building.

All students should follow the directions of coaches if they are an athlete.

All Student Life Organizations will meet remotely (Clubs)

Morning Protocols

**Bus Lot:** Students must stay on the bus and be dismissed one at time and then stand on the marked areas outside of the school for health questions and temperature checks.

**Student Parking Lot:** Students must stay in their cars when prompted and stand wait for a school official to ask questions and take their temperature. When students pass the health check and temperature test then they will go directly to first period or breakfast.

**Car Riders: Students must stay in their cars** when prompted and wait for a school official to ask questions and take their temperature. When students pass the health check and temperature test then they will go directly to first period or breakfast.

All IEP and 504 meetings will be held virtually

**We are following the protocols set forth by the [NCDHHS](#).**



## Class of '21 Cap & Gown and Senior Orders



**Important Notice**

# Central Academy High

## Class of 2021 Cap & Gown ORDERS!

This packet includes ALL of the information that you will need to order your Cap & Gown, Graduation Announcements, Senior Clothing, & 2021 Keepsakes

It is important that **Seniors and Parents** review this packet together.

You may place your order online at [www.jostens.com](http://www.jostens.com) or in person.

### Central Academy Order Day!

Date: **Friday, October 9<sup>th</sup>**  
 Time: 11:00 am - 1:00 pm  
 Place: Drive Thru at School  
 Ordering is also available online @ [Jostens.com](http://Jostens.com)

**Minimum \$60<sup>00</sup> Deposit**  
 (Cash, Check, ALL major Credit Cards accepted.)



### Graduation Ordering Process – It's easy to order!

#### GRAD ANNOUNCEMENTS & SENIOR CLOTHING ORDER FORM

**IMPORTANT:** If you plan on sending out the TRADITIONAL School Graduation Announcements to family and friends, you **MUST** pre-order them **NOW!** (These are specifically designed by your school.)

- Complete the top of the form with your personal information. Please print clearly!
- Decide which Announcement Package best suits your needs.
- **REMEMBER:** If you are not ordering a package, you can order items individually. Graduation Announcements DO NOT include the Name Cards. (Name Cards must be ordered separately.)

**CAP/GOWN ORDER \$33.<sup>95</sup>** plus s/h & tax (includes cap/gown/tassel):

- Be sure to include your height/weight. No measuring necessary.

**BRING YOUR ORDER FORMS AND YOUR DEPOSIT ON THE DATES LISTED ABOVE.**

- **Deposit of \$60.00 is required.** Credit card, cash, money order or personal checks are accepted. (Orders less than \$60 must be paid in full.)

#### Easy Payments

Invoices will be mailed within 3-4 weeks from order date.

Payments are interest free and you decide how much you want to pay monthly.

**Final Balances due in full by Feb. 1, 2021.**



## SENIOR PRIDE

*Jostens*<sup>®</sup>

**Russell Honrine**

910.895.8471

[honrineoffice@jostens.com](mailto:honrineoffice@jostens.com)