



screen **STRONG**

Reclaiming Kids. Reconnecting Families.

**Are you losing your kids
to addictive screens?**

We can help.

Kids' Brains & Screens: Preventing Digital Addictions

When should my child have a smartphone & social media? How do I win the *Fortnite* war? What is the real way to prevent screen addictions in kids and teens?

We have real solutions for real families!

- ▯ Learn the current brain science behind screen use.
- ▯ Signs and symptoms of overuse
- ▯ Solutions for reclaiming your kids and reconnecting your family in a digital world.

THURSDAY

October 24, 2019

Marvin Ridge High School Theater | 2825 Crane Rd. | Waxhaw, NC 28173

FOR MORE INFORMATION contact Carolyn Boatner: carolyn.boatner@ucps.k12.nc.us

SPONSORS

**Marvin Ridge Middle School and PTSO
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PRE-REGISTER to receive FREE DOWNLOAD at event:

[MarvinRidgeOct24.eventbrite.com](https://www.eventbrite.com/e/marvin-ridge-oct-24-2019)



ABOUT THE SPEAKER

When Melanie Hempe's son dropped out of college due to his gaming addiction, she created ScreenStrong to help parents free their children from addictive screen habits. Applying her nursing experience, Melanie provides the science behind screen addiction and solutions for parents to reclaim their kids. She offers healthier alternatives that rebuild relationships between children, their families, and the real world.

Melanie Hempe, BSN, RN (Ret.)

ScreenStrong is an initiative of Families Managing Media which is a 501(c)3 organization.