
Instructional Resources for Students

Elementary	Middle	High
<p>Centervention https://www.centervention.com/</p> <p>Everfi Virtual SEL Teacher Remote Learning</p> <p>Sanford Harmony https://www.sanfordharmony.org/</p>	<p>Centervention https://www.centervention.com/</p> <p>Everfi Virtual SEL Teacher Remote Learning</p> <p>Sanford Harmony (6th grade) https://www.sanfordharmony.org/</p>	<p>Chatter High https://chatterhigh.com/en/support_landing</p> <p>Everfi Virtual SEL Teacher Remote Learning</p>

Staff Resources

Professional Learning

Canvas Course- SEL 78760	SEL Canvas Course
CASEL Cares	CASEL Cares Webinar
Friday Institute: SEL for Educators	Friday Institute-SEL Course
Self-Assessment-SEL	Teacher Self Assessment Guide

Instructional Resources

Practicing Inclusiveness	Inclusiveness and Cultural Responsiveness
Gratitude Lessons (Middle & High)	Gratitude Curriculum
SEL in the Classroom	SEL Instruction- It's everywhere
SEL Books	Children's Literature

Self-Care

Strategies for Being Your Best 'SEL'f	Dr. Brackett 'SEL'f
Mindfulness Strategies for Adults	Mindfulness Strategies for Adults
Teacher Self-Care	Teacher Self-Care
Employee Assistance Program (EAP)	EAP Flyer.pdf

Parent Resources

Addressing Trauma [Tips for Dealing with Trauma](#)

Coping Skills [Confident Parents-Coping](#)

Establishing At Home Learning [School Support and Structure](#)

Mindfulness- Guided Imagery [Guided Imagery for Children](#)

Mindfulness Strategies for Adults [Mindfulness for Adults](#)

SEL Books [Children's Literature](#)