

CACATA GUIDELINES FOR ATHLETES

- All student-athletes are required to maintain the highest standard of conduct and behavior on school campus, in the classroom, at practice, and during athletic events.
- Student-athletes are students first and athletes second. Class work must be maintained on a high and acceptable level. If a student-athlete's grade falls to a "C" or below the student-athlete must attend tutoring.
- Profanity will not be tolerated at any time or place.
- The use or possession of alcohol, drugs, or other controlled substances will result in suspension from the team for the remainder of the sports season.
- Athletes will treat all faculty members with respect. If improper behavior is reported to the coach, the student-athlete will be disciplined by the coach
- Student-athletes receiving a second out of school suspension will be removed from the team. First time out of school suspension may result in team dismissal as determined by the principal and coach.
- Any time a student-athlete is in uniform or on a team trip, he/she is representing CATA and should act responsibly and demonstrate good character.
- All student-athletes must have a physical exam before trying out or participating in any game or practice.
- Student-athletes are to attend at least one half day of school on the day of an athletic contest in order to be eligible to play.
- Student-athletes should attend practice everyday even if injured. Failure to attend practices may result in dismissal from athletic team.
- Student-athletes cannot quit one sport to start another sport. If he/she quits, he/she must wait until that season is over before trying out for the next sport. Cuts do not count.
- Scholastic and attendance requirements for eligibility are set by the North Carolina High School Athletic Association and are applied to all student-athletes. Student-athletes must pass 3 out of 4 classes the previous semester as well as meeting the local promotion standards for cumulative course credits.
- If a student-athlete becomes ineligible for any reason during the sport season, he/she also becomes ineligible to letter in that sport for that season.
- No team can practice during the working hours for teachers on a teacher workday.
- Any coach who has additional requirements or expectations must explain them to his/her athlete at the start of the season. A coach may require a higher standard, but never a lower one. Additional standards must be approved by the principal and athletic director.
- All school rules apply to student-athletes while representing CATA, including spectators at AWAY events.
- Derogatory comments made by any player towards a teammate, opponent, coach, official, or fan on social media (Facebook/Twitter etc.) will not be tolerated and can lead to dismissal from the team

Student Athlete Name: PRINT

Parent Signature

Student-athlete's Signature

Athletic Director's Signature

Coach's Signature