

Marvin Ridge High School Maverick Message



Champion Maverick Men's Soccer Team, who defeated the Cardinals of Jacksonville High School yesterday afternoon 6 to 5 in the highest scoring soccer game in NCHSAA history! It was a thriller to the last minute, literally, but not the only Maverick action going on in Raleigh this weekend. Our Varsity Cheerleaders also came home with a banner as champions of their division at the state invitational competition held at the convention center. What a weekend to be a Maverick! Congratulations!!

Individual student score reports from last year's state testing cycle will be sent home this week. Results for Marvin Ridge and UCPS were posted state-wide on November 7. Although ratings and testing rigor have changed, Marvin Ridge students continue to exceed expected growth and have maintained the highest composite score of high schools in our district and area. For more information, please see the announcement page on our website.

The School Counseling Office will sponsor our bully awareness week November 18-22, with special activities planned to unite Mavericks in One Team on One Mission Against Bullying. On Monday, we will host special guest speaker, Susan Sutton, for both a morning session with students and an evening presentation for parents on the topic of cyber-bullying. Please see our previous e-vite, website, and newsletter for more information. The presentation begins at 6:30 tomorrow night.

Next week is also Free College Application Week in North Carolina. Seniors, if you have not applied to college yet or if there are still a few applications you want to submit, check the list on the school counseling page to see if your school of choice is waiving their application fee this week. The Class of 2014 is currently reporting earning over \$1 Million in college scholarships so far. Great job, seniors!

Hard to believe, but Winter Sports Season is about to get underway! Basketball, Swim, and Wrestling all have home or local matches this week...check the newsletter, calendar, and our website for dates and times.

The attached Maverick Message newsletter also has information on the January final exam schedule, our upcoming Sadie Hawkin's Dance, and two special articles about FBLA and our teacher recipients of UC Education Foundation Grants. On Sunday, November 24, we are very proud that Ms. MRHS, Cara Edwards, will represent our school and UCPS as the Union County Parade Princess in the Monroe Christmas Parade. Our Marching Mavericks, Dance Team, and JV Cheerleaders will also be in the parade. We look forward to seeing everyone there!

Thank you for supporting your Mavericks, and the vision and mission of our school. We continue to challenge our students in the areas of leadership, athletics, and academics while they earn their Passport to the World! Have a great night!

Good Evening, Mavericks! This is Lisa Justice, Assistant Principal of Marvin Ridge High School, with your weekly announcements.

No one could have predicted the snow, yes snow, at last Tuesday night's playoff soccer victory would be such a positive sign! Congratulations to your now AAA State



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- **Morning routine:** The first bell rings at 7:50; students are cleared from the cafeteria as well as the student and bus lots at this time. Students are not allowed to linger in these areas in the interest of their safety. The tardy bell rings at 8:00.
- **Afternoon pick-up** is also in the front of the school only! Parents, you will be asked to move if you are parked in the back of the school.
- Please, no outside vendors may be brought in for student lunches!

Planning ahead...Preliminary First Semester Exam Schedule

(A more detailed schedule with times and review sessions will be published and available on our website in the coming weeks).

Monday, January 13—First Block Exam
Tuesday, January 14—Second Block Exam
Wednesday, January 15—Third Block Exam
Thursday, January 16—Fourth Block Exam
Friday, January 17—Make-up Exams

**Exams include all EOC, IMS, NC Common, and Teacher-Made tests. Per new NCDPI regulations, all exams must be taken by Friday, January 17 and no exams can be given early.

**Please be aware of the UCPS calendar for the week after exams. We have a holiday on Monday, January 20, and two teacher workdays on Tuesday, January 21 and Wednesday, January 22. Second semester will begin for students on Thursday, January 23.

**Schedule change forms for second semester courses will be available in the guidance office beginning Monday, January 13, 2014. No schedule changes will be considered or before that time. Approved reasons for schedule changes will be published on our website and in a future newsletter.

One Team on One Mission Against Bullying Week *November 18-22*

Dear Marvin Ridge Parents,

In support of anti-bully awareness and our upcoming ***One Team on One Mission Against Bullying week*** starting November 18, we are bringing in a speaker for our students and parents on cyber-bullying and social media. As you know cyber-bullying in the last 10 years has become an international topic. Statistics show that that 1 in 3 children experience bullying via technology. Cyber-bullying started with the basic online communication of email, instant messenger, and texting. Now with more technology and availability comes the increased danger of social networking, smart phones, video messaging, and data transfer. The world of cyber-bullying just keeps mutating into new and more hazardous forms. It takes only one bad decision to text, tweet, or post to ruin a reputation. With colleges and employers now using software to screen candidates, can a parent really sit back and hope for the best?

In order to be proactive, increase awareness and provide education we are offering the presentation "Cyber-Bullying and Reputation: The Lasting Effects of One Text Tweet or Post," by national speaker and cyber-bullying expert Susan Sutton.

The presentation will take place on November 18, 2013 for students during the day and at 6:30 pm for our parents in the Marvin Ridge High School auditorium. Please join us for the parent presentation in the evening as we hope to raise awareness for this every growing, important topic related to our children.

Sincerely,
Marvin Ridge School Counseling Staff

Maverick Athletics...from Athletic Director Kevin

Last Week's Results:

Soccer defeated Fred T. Foard HS to become West Regional Champs and won the State AAA Championship over Jacksonville 6-5! Varsity cheer won their division in the state title competition as well. See the attached article.

Coming up this week:

Monday, November 18

Swim at Pfeiffer

Tuesday, November 19

Basketball hosts Ardrey Kell starting at 4pm

Wednesday, November 20

No events

Thursday, November 21

No events

Friday, November 22

Basketball @ Rocky River

**Subject to change

Saturday, November 23

Wrestling - Rumble at the Ridge;

Swim @ MAC

Special Thanks to All Those Who Attended and Helped with the 2nd Annual

PATRIOTISM BOWL: On November 8, 2013, at 7:30 p.m., Marvin Ridge hosted Weddington in the second annual **Patriotism Bowl**. The game between Union County rivals was a special tribute to the United States Military, Armed Services, and First Responders on Veterans Day weekend. The mission of this event is to encourage patriotism as well as support for veterans, active military and their families. The game benefitted Carolinas Freedom Foundation, Purple Heart Homes, and Operation Homefront with over \$30,000 in support and donations. Thank you to the Marvin Ridge Community for your support! We were proud to be chosen as the venue!

Gooooo Mavericks!!

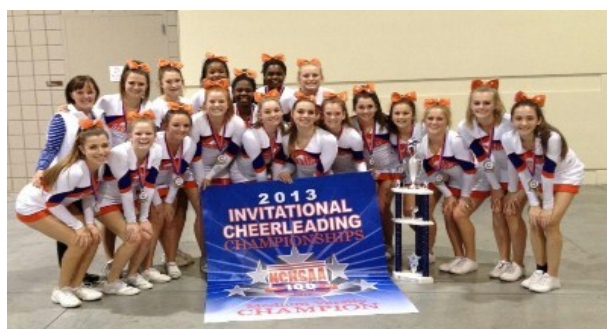
A Day in Maverick history! Two State Champions!



Three bus loads traveled to the campus of NC State University and Raleigh on Saturday and brought home loads of accolades and happy Mavericks! In one venue, Dail Stadium at Derr Track, the Men's Soccer Team met the Cardinals of Jacksonville High School, the returning champions of the AAA bracket. In another, our Varsity Girls Cheerleading Squad was about to compete in the Medium Varsity Division on the mat at the Raleigh Convention Center.

In a thriller that was the highest scoring game in NCHSAA history, Klint Parker scored his second and the winning goal with less than two minutes remaining in the match. Mavs led 4-1 at the half, allowing the Cardinals to score three straight, before snapping out of it and exchanging a two tied scores. Other goals were scored by Kyle Enoch, Will Green, and Eric Newsome. With two goals as well, and one assist, senior Kyle Enoch was named MVP of the Championship.

A huge Maverick Orange Crush section, blacked-out for this one, made the road trip to the Capital. Other Maverick fans and parents were joined late by several



varsity cheerleaders, who ran over to see the victory while waiting on their final results. NCHSAA hosts the Cheer Invitational each year, with 140 teams in this year's event. The girl competed in and won their division around 3:00 P.M., but winners were not announced until the awards ceremony began at 8:30 P.M. What a great day to be a Maverick!!

Guidance and School Counseling Updates

Special Programs:

HEELS FOR SUCCESS: Heels for Success is a one-day summer program to help academically-talented, rising sophomores and juniors prepare for college. Over the course of the day, students will learn techniques for approaching the ACT, explore the Carolina campus and its wide-ranging academic opportunities, as well as learn how to manage the college application process. They will also get the chance to connect with other outstanding students from across the country. **Who is eligible for nomination?** Heels for Success is designed for high achieving rising sophomores and juniors from diverse backgrounds, including underrepresented students, first-generation college students, and those from rural areas or disadvantaged backgrounds. Students should be academically motivated, rank in the top 10% of their class, be enrolled in a curriculum that includes (or will include) AP/IB/dual enrollment courses, foreign language, and advanced mathematics. Heels for Success nominees should show active involvement in extracurricular activities and have demonstrated leadership. **How am I nominated?** Counselors will be asked to nominate students in January. Please contact your school counselor for more information.

Scholarships of the Week:

The **Stacey Palasek Memorial Scholarship** is a \$5,000 award that will be presented to a deserving female high school senior from Mecklenburg or Union Counties who plans to major in one of the hard sciences. Complete details and a downloadable nomination form can be found online at the CEM Corporation website <http://www.cem.com/content52.html>. Please see Ms. Kanna or any teacher to be nominated. **Deadline December 16th, 2013.**

Junior Elon Scholars Application & Nominations: The Junior Elon Scholars program serves academically talented high school juniors. These students demonstrate superior academic achievement and exceptional involvement in those activities which are highly valued as part of an Elon education. Selection is not based upon financial need. Benefits include the opportunity for early notification of acceptance to Elon, early consideration for a Presidential Scholarship valued at \$18,000 over four years, and an invitation to apply for Elon's prestigious Fellows Academic and Scholarship Programs. Candidates of a NC Junior Elon Scholars award should have: an "A" average, combined critical reading, math and writing SAT score of 1900 or higher or an ACT composite of 29 or higher, PSAT scores of 190 or higher or a PLAN score of 29 or higher, co-curricular achievements that should demonstrate sustained commitment and leadership. All SAT dates up to and including January 25th and all ACT dates up to and including December 14th prior to award notification beginning early March. The application is available online at www.elon.edu/apply. See Ms. Kanna for more information and applications.

Class of
2014!
ZingerBug.com

Scholarship Total: The Class of 2014 has reported over \$1,284,800 in scholarship money so far! Continue to send in your scholarship offers to Ms. Kanna to be included in the graduation program and to be recognized at the Award Day Ceremony in May.

College Visits: The following colleges are coming to visit in November! Please check in guidance to sign up to attend a short information session during the school day: Naval Academy (11/26).

The January-February edition of the **Scholarship Newsletter** is now available in senior English classes, the guidance office and for download at <http://mrhs.ucps.k12.nc.us/guidance/ScholarshipOpportunities.php>. Check out the rest of the school counseling website for important information!

PowerSchool Parent Portal Information

Letters with logins for each high school student may be picked up in the main office now during regular office hours, 8:00-5:00. However, please be patient if staff members are involved with assigned duties.

Risky Teen Behaviors...Prescription Drug Abuse

The United States appears to be in the midst of a prescription drug abuse crisis among teens. A 2012 survey from The Partnership at Drugfree.org reported that 24% of high school students have abused these medications. That is a 33% increase from the 2008 survey. Unfortunately, the survey shows that 27% of teens mistakenly believe that prescription drug abuse is safer than "street drugs", such as cocaine or ecstasy. There is a reason prescription drugs are intended to be taken under a physician's direction and only for the person being prescribed the medication. Prescription drugs can have dangerous short- and long-term health consequences when used incorrectly or by someone other than for whom they were intended.

Opioids (such as the pain relievers OxyContin and Vicodin), central nervous system depressants (Xanax, Valium), and stimulants (Concerta, Adderall) are the most commonly abused prescription drugs. Medications available without a prescription, known as over-the-counters, can also be abused. Dextromethorphan (DXM), the active ingredient cough suppressant found in many cough and cold medications, is one example. This is abused by taking dangerously high doses, beyond the package instructions. Death and very serious health compromise have resulted from misuse and abuse of medications.

The majority of both teens and young adults obtain prescription drugs from friends and relatives, sometimes without their knowledge. Home medicine cabinets are the most common source of these medications. Too often teens are willing to take unknown medications, not realizing the use, purpose, or side effects. It is not uncommon for teens to take a combination of unknown medications, which can even be more dangerous.

Steps parents can take:

- Don't set a poor example by giving your teens prescription meds that may be on hand but not prescribed for that child (antibiotics, pain medications)
- Lock up all prescription medications. If your child is prescribed a commonly abused medication, monitor it closely.
- Properly dispose of medications no longer being used. Community disposal opportunities are offered through the Union County Sheriff's Department.
- Talk with your child about prescription drug abuse. Open communication with parents is still the number one influence on a child's decision to engage in risky teen behaviors.

Clearly, prescription medication abuse is as dangerous as other substance abuses, if not more so. Help get the word out and know where your child stands on these issues.

Please contact Lucinda Ourant, School Nurse, if you have questions or concerns.

Resources: healthfinder.gov, The Partnership at drugfree.org, teens.drugabuse.gov

Mini-Mav Dance Clinic!

Saturday, December 7th from 9-12. Please contact Coach [Christine Brent](#) for more information.

The girls will perform at the Friday night December 13th girls varsity half time. Once again this year we will donate all proceeds to the Isabella Santos Foundation which raises money to cure childhood cancer and a foundation we have supported for over 5 years. The girls would like to do a purple out night as that was Isabella's favorite color.

Finally, a dance at MRHS!

- **Sadie Hawkin's Dance Tickets will be on sale November 14-22 during your lunch in SMC.** \$15 for singles; \$25 for couples. You must provide the name of your guest at the time of purchase and submit an Outside Guest Permission Form, if applicable, by November 26. Remember the dance is here at MRHS on December 14.
- **Outside Guest Permission Forms for the Sadie Hawkins Dance are now available in the front office.** The form must be signed by a parent, an administrator from the guest's school, and the student guest. Forms must be returned at the time of ticket purchase or by November 26. Dance information and dress code will be available when you purchase tickets.



Two Marvin Ridge Teachers Win Grants



Kim Cooke, a Health and PE teacher along with Chris Roncone, an Art teacher were both presented with checks from the Union County Education Foundation. Ms. Cooke's grant will be used for students to create their own GoAnimate videos for class credit. In Health class, students will apply the healthful living essential standards by creating their own GoAnimate videos to demonstrate understanding of each core standard. When videos are completed, students will have the opportunity to "Show and tell" their project in class for credit. In Mr. Roncone's class, students will use the grant to expand art projects into 3D by creating sculptures that are situation based on events that happen in school. Students will utilize an inquiry based methodology to create an original, site specific sculpture in, and on, the Marvin Ridge High School campus. The sculptures will be created utilizing clear packaging tape, paint, and other materials as required by the students' designs. Footage and interviews will be taken during the planning, creation, and installation phases, as will student reactions to the sculptures after they have been installed on campus. The video footage will be utilized by Ms. Van Oldens' class and integrated into her curriculum for student editing and post production learning skills.

FBLA Visits New York City!



Each year, Future Business Leaders of America (FBLA) participates in a fall trip that explores the business aspects of different cities around the country. This year, the destination was New York City! Forty-five Marvin Ridge students and six chaperones experienced everything the "Big Apple" had to offer, including Wall Street, the Empire State Building, Met Life Stadium, Chinatown, Harlem, Times Square, the 9/11 Memorial, the NYC Museum of Natural History, 5th Avenue shopping, the Broadway show "Stomp", Central Park, and NBC Studios. "It really opened my eyes to the business side of New York," said Leila Terzic, FBLA President.

In addition to visiting many of the popular destinations in the city, our tour guide allowed us to experience life in the city by exploring the streets by foot, riding the subway, and sampling food at several street festivals, including deep fried Oreos! While it was an exhausting trip, students were excited to have the opportunity to experience the big city and its history with their

friends. "I wouldn't want to experience New York City any other way," declared Leila. For these students, it was an experience they should remember for a very long time.

FBLA is a co-curricular club that helps students explore and understand more about the world of business through trips, community events, and competitions. Our Marvin Ridge chapter is the largest in the state. For more information regarding FBLA, please contact troy.burns@ucps.k12.nc.us, or kelly.gates@ucps.k12.nc.us.

Ms. MRHS, Cara Edwards, wins another crown and prize

2013 Miss MRHS, Cara Edwards, was crowned the Union County Christmas Parade Princess and winner of the Alex Kahle Memorial Scholarship on Thursday evening, November 7. Cara will represent Marvin Ridge and Union County in the Carolinas Carrousel Scholarship Pageant later this month. With her new title, Cara will receive a \$4000 college scholarship to the school of her choice.

Cara is a senior at Marvin Ridge who excels both academically and otherwise, ranking near the top of her class. In addition, Cara is very involved in extracurricular activities. She is co-president of NAHS and NCHS, secretary of NHS, vice president of Science Olympiad, and a representative on Student Council. In sports, Cara is the captain of the swim team. Outside of school, she is very active in her community, volunteering regularly in her youth group. In the future, Cara hopes to attend the United States Naval Academy for college.

