

Marvin Ridge High School Maverick Message



Volume 7, Issue 26
March 23, 2014

Good Evening, Mavericks! This is Lisa Justice, Assistant Principal of Marvin Ridge High School in for Mr. Conner this week with your announcements.

Congratulations on a hugely successful weekend at the Ridge. The 3rd Annual Run for the Ridge cluster fundraiser hosted over 400 runners and many supporters on its way to several new records, including largest number of participants ever and a fastest time on the course. A special thank you on behalf of the administrative team to event organizer Terri Patton, the MRHS PTSO, and all of the volunteers and sponsors. Event coverage can be found in the attached Maverick Message newsletter and on our Facebook page.

Full text of this evening's voice message can be found on our website...[click here](#).

We need your help! Student late arrivals to school in the morning are causing an increase in tardies to class. As a result the administration has determined that a new plan of action is warranted to encourage students to be on time. Please, as a family, create a morning routine that will assure that your student will arrive at school and be in the building by 7:50 AM. We provide traffic direction on both Crane Road and in the parking lots to protect student safety and help everyone achieve this goal. Please be sure to account for drive time, traffic, and parking in your new time frame.

Beginning Monday, March 24, students who arrive late to school or class and receive a third tardy, the automatic consequence will be one day of Saturday School. If students go beyond three, the remaining consequences from the student handbook will be issued:

4th Tardy	One (1) Saturday Detention/Parent Contact/ Loss of parking privileges
5th Tardy	One (1) day of ISS/Parent Contact
6th Tardy	Two (2) days of ISS/Parent Contact
7th Tardy	One (1) day of OSS/Parent Contact
8th Tardy	Two (2) days OSS/Parent Contact
9th tardy	Restart Lockout process/Parent Contact/Action Plan initiated with attend-

Spring is here and bad weather days are hopefully behind us. Remember, students need to arrive at school and be in the building at 7:50 AM.

The mission of Marvin Ridge High School is to educate all students in a safe, inspiring, and globally aware environment that promotes respect for diversity, lifelong learning, challenging athletics, and extra-curricular experiences that foster successful living.

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3rd Annual Run for the Ridge—Many thanks!!



The Run for the Ridge Committee would like to thank you all for running in our event this year! Hopefully you were able to enjoy the foreign language signs along the course, the tunnel for the Fun Run runners, food, music, vendors and festivities! Perhaps you even won one of our raffle prizes or silent auction items! Winners will receive a call today if they were not present to receive the prize.

We have a new 5K Course Record! Brad Balaban with a time of 16:58! Congratulations Brad! All race times can be found by using the following link

<http://edge.raceresults360.com/queencity/EaMn7p/results#/results::139282434494700>

We would like to thank our Corporate Sponsors: Atlantic Oral, Implant and Facial Surgery, PA * Hendrick Honda * Lorenzo's Pizzeria * Mitchell J. Gravelle CFP at Morgan Stanley * Piedmont Eyecare, and all of our other sponsors for helping us put on this event. Please go to our website to see the complete list of sponsors and stop by and thank them for helping!

We are continuously receiving positive feedback from those who were there! We will be starting to plan for next year, so let us know if there is anything we can do to make the run even better. This was our biggest run yet! The beautiful weather and awesome turnout made this a wonderful day for all of us volunteers and hopefully all you participants also!

We hope you had a great experience and will run again with us next year! Check out event photos on the MRHS Facebook Page: <https://www.facebook.com/MarvinRidgeHS.NC>

Terri Patton, Race Director, MRHS
Karen Hefron, MRMS
Christina Traub, MRMS
Anna Buttrey, RVE
Liz Garrety, SRE
Dawn Jackson MRMS, MRHS
Beth McClay MRHS
Stacy Straub, RVE
Amy Rossomando, SRE
Kerry Stanelle, MRMS, MRHS



The World Language Department of MRHS will partner with our PTSO and our cluster schools for our 7th Annual International Bazaar on Monday, April 28! We are seeking native, heritage speakers for cultural booths. If you are interested in sharing your language and culture with the Marvin Ridge community, please contact Alice Shrader, World Language Department Chair, at alice.shrader@ucps.k12.nc.us

Art for Good also a big success!

A special charity art show, founded by senior Dana King, was held on Saturday, March 22 and raised nearly \$1000 for the Ronald McDonald House. Artwork from our cluster schools and MRHS was donated by students and bid upon by attendees. Winning bids took home some great pieces and the great feeling of helping others! Thanks to student council volunteers and all supporters!

Maverick Athletics...from Athletic Director Kevin Allran

Last Week Results:

Golf wins Conference Match at Anson and leads the conference. Tennis beats Fort Mill and Cuthbertson and loses a close match at Ardrey Kell. Soccer ties Catholic and beats Anson and Piedmont. Softball beats Anson and Piedmont. Womens Lacrosse over Cuthbertson and Mens Lacrosse over Weddington. Baseball over Porter Ridge and Lake Norman.

This Week In Sports:

Monday, March 24th

Golf @ Charlotte National
Winter Sports Banquet @ 6:30

Tuesday, March 25th

Tennis at Piedmont @ 4pm
JV and Varsity Soccer @ Cuthbertson @ 4:30 and 6pm
Varsity Softball @ Cuthbertson TBD
Varsity Baseball vs Sun Valley @ 7pm
JV and Varsity Mens Lacrosse @ Charlotte Country Day @ 5 and 7pm
JV and Varsity Women's Lacrosse vs Jackson Ohio @ 5 and 7pm

Wednesday, March 26th

Varsity Softball @ Hickory Ridge TBD

JV Baseball vs Sun Valley @ 4:30

Varsity Baseball @ Sun Valley @ 4:30

JV and Varsity Women's Lacrosse vs Weddington @ 5 and 7pm

Thursday, March 27th

Home Track Meet @ 4pm
Tennis @ Sun Valley

Friday, March 28th

JV and Varsity Baseball vs Sun Valley @ 4:30 and 7pm
JV and Varsity Soccer @ Sun Valley @ 4:30 and 6pm
JV Men's Lacrosse vs Providence Day @ 5pm

Saturday, March 29th

Tennis helping @ Special Olympics

Winter Sports Banquet on March 24th @ 6:30 pm in the auditorium.

Congratulations to Cameron Starr, UC Weekly Indoor Track Coach of the Year and to Melissa King-Pierce, Charlotte Observer Swim and Dive Team Coach of the Year!

Gooooo Mavericks!!

Dance Team Interest Meeting—March 31st at 6pm—MRHS Cafeteria—Bring parents, questions, and enthusiasm! Tryouts will be May 13, 14, and 15 in the Auxillary Gym!

Special Announcements from Yearbook Staff



Spring Pictures...

Will be taken on Thursday, March 27 during first and second periods. Students must have order forms received in homeroom last week and full payment at the time of order. Students must have forms to be able to leave class and report to the auditorium for pictures. They will be called by homerooms.

Yearbook Sales...



Yearbooks can be purchased online at jostensyearbook.com. The cost of the book with personalization is \$75.00 if purchased before February 1, 2014. The cost of for books ordered between February 1 and April 20 is \$80.00. Personalization is not available for books ordered during this time. Any books purchased during the Yearbook distribution in May will cost 85.00. Last year, any extra books sold out quickly. So, don't wait! Purchase your book now!

Guidance and School Counseling Updates

AP Students and Parents: All AP Students must register online for AP Testing— LATE REGISTRATION DEADLINE IS THURSDAY, MARCH 26

- Students will receive a copy of AP Bulletin for Students and Parents for 2013-14 in school. Please read the entire booklet carefully as it contains important information regarding AP Exams. The bulletin is also available online at: http://professionals.collegeboard.com/profdownload/2013_14_ap_bulletin.pdf
- Students enrolled in AP classes are expected to take the AP exam in order to receive full AP credit for the course, in accordance with Union County policy. Students in AP courses who opt not to take the exam will have their final grade reduced by one letter grade (e.g. a 96/A will be changed to 89/B).
- **Marvin Ridge High School is providing online registration for exams! All AP students must register for their exams by using this online registration site at: www.TotalRegistration.net/AP/342528. Registration is now open and ends March 20th at 11:59PM. A late registration fee of \$10 per exam will be charged for any registration that takes place between March 21st and March 26th at 11:59PM.**
- The AP exam fee is \$90. A one-time administrative fee of \$4 will be added to each registration.
- All payments must be made online through Total Registration – you may pay with credit or debit card, or mail your check to Total Registration per the instructions you will receive with your registration confirmation.
- For students taking multiple exams, Union County will again provide supplemental funding. Students will be responsible for paying in full for one exam, and for one-half of a second exam. For students taking two or more exams, Union County will pay for one-half of the second exam, and the full cost of the third and fourth exam. The total fee for one exam will be \$94 (\$90 + \$4 admin fee), for two exams \$139 (\$90 + \$45 + \$4 admin fee).

Class of
2014!

ZingerBug.com

Scholarship Total:

The Class of 2014 has reported over **\$ \$6,067,004.00** in scholarship money so far! Continue to send in your scholarship offers to Ms. Kanna to be included in the graduation program and to be recognized at the Award Day Ceremony in May. Deadline is April 25! Send your info whether you accept the scholarship or not!

Scholarship of the Week:

MRHS PTSO Scholarship

The MRHS Scholarship Committee shall award 3 scholarships \$1000 awards. Minimum weighted GPA of 3.0, student or student's parents must be a current member of MRHS PTSO. Student must complete an application and write an essay on the provided topic. Applications are available in guidance and on the school counseling website. **Applications are due to guidance by April 11th.**

Course Registration for the 2014-2015 School Year—

- ✓ March 6 and 7: Students will complete course survey through first period classes
- ✓ March 7 through 14: Teachers will complete course recommendations
- ✓ March 10: Students will receive materials in a special morning homeroom session
- ✓ March 10: Parent Meeting for rising 10th, 11th, and 12th Graders

-March 17 through March 31: Students/Counselor Meetings
(By grade level—9th/First period; 10th/Second period; 11th/Fourth period;
Please make sure students have all materials on their meeting day)

-April 1-April 3: High School Counselors will visit 8th Grade classes at MRMS

-April 3: Parent Night for Rising 9th Graders at MRHS

-April 7-11: Rising 9th Grade Registration at MRMS

Parents—What do you need to know and do?

- Attend the Registration Meeting on March 10 at 6:00 PM.
- Read the course registration card and review the UCPS Program of Study available online.
- **Discuss course selections and pathways with your student to make sure you create the greatest opportunity for success.**
- **Make sure your student registers for the courses he/she wants, 8 core classes and 3 alternates.**
- Teacher recommendations for student placement are extremely important. Please be aware that if teacher recommendations are disregarded, a waiver with your signature is required.
- AP students must sign a commitment form, agreeing to the year-long course structure of most of our AP courses.
- Our master schedule is based on this registration process. The number of sections of a course is based on how many students sign-up and teacher

allotments. We cannot guarantee any student schedule until the first day of school in August.

Students—What do you need to know and do?

- Read the information provided for you in homeroom.
- Sign up for the courses you really want/need and be prepared that you may end up with your alternates.
- **Be sure to pick 8 courses and 3 alternates!!**
- Don't count on changing your schedule in August. We will have a new schedule change process in place and changing classes will be much more difficult if even possible.

Registration Information and Videos Available Online:

<http://mrhs.ucps.k12.nc.us/links/CourseRegistrationInformation.php>

Seniors! It's time to start thinking about graduation! Friday, June 13, 10:00 AM at Winthrop Coliseum

Picture Requests:

Senior Banquet Video –

Please send all appropriate pictures taken of you, your friends, your vacations, and senior events throughout this school year to:

2014seniorsMRHS@gmail.com by May 21st, 2014.

Graduation Day Video –

Please send baby photos (two and under) to heather.karpinski@ucps.k12.nc.us. Electronic pictures only. Please send ASAP. We will respond only if another photo is needed.

Graduation Date:

Friday, June 13, 2014 at 10:00 AM.

Graduation Ceremony will be held at Winthrop University in Rock Hill, SC.

We suggest to all guests that they arrive prior to 9:00 AM to avoid traffic. Doors to the graduation will be closed by 10:00 AM, and guests will not be able to enter after that point.

There is seating for guests with special needs.

Graduation Tickets

Graduation tickets will be on sale beginning April 22-May 9. A graduation ticket form will be distributed and will be available on the website as we approach the sale.

Graduation Rehearsal

Mandatory Graduation practice is at MRHS on Thursday, June 12 at 12:30. All seniors are required to attend. Students will be served lunch first by the PTSO parents and practice will follow. It should be finished by 2:30. Students must follow school dress code and school rules. All seniors are required to stay for the entire practice. Parents and students should reserve this date as there are NO exceptions to attendance at Graduation Rehearsal.

Senior Banquet

The Senior Banquet will be held Friday, May 30 from 6pm to 10pm at the Adventure Center in Ft. Mill, SC. Delicious food will be served and drawings for great prizes will held! Ticket information will be available soon. The cost will be \$10.

Scholarships

Student must bring written proof of any scholarship offers to Ms. Kanna in guidance by April 25th at 3pm. Any scholarships received after that date can be used at the awards day, but will not be listed in the graduation program. Students should report scholarships even if they do not plan on using them.

Caps and Gowns

Students will receive ordered caps and gowns from Jostens on Tuesday, April 8th, 2014. Students will be permitted to put cap and gown in their car, if they drive.

Pictures

Graduation group and individual pictures will be taken on April 25th during 1st – 2nd period. Seniors MUST have your money and order form in order to go in for the individual pictures. Order forms will be distributed with caps and gowns on April 8th during lunches. Any senior who does not have a picture order form should see Mrs. Larr in E103. Guys need to wear a white dress shirt, tie, and dress pants. Ladies need to wear light colors with nothing showing in the V neck and shorts or a skirt - no pants! Those not in requested dress requirements will not be in the group picture.

This information and more is available on our website. See [Graduation Information](#).

Remember, attendance at Graduation Practice on June 12 is required for you to participate in the Graduation Ceremony on June 13!

MRHS students take over FBLA State Conference

The 2014 Future Business Leaders of America (FBLA) State Leadership Conference took place March 20-22, 2014 in Greensboro, NC. Over 2,000 students from across the state participated in the event. MRHS FBLA students developed business skills through attending workshops, networking with other students, and competing in many of the more than sixty events such as Global Business, Entrepreneurship, and Public Speaking. Please congratulate the following MRHS students, who performed exceptionally well in their events:

1st Place

Remi Bellefleur - Economics
 Niharika Bhatnagar - Public Speaking II
 Evan Howard - Desktop Application Programming
 Harrison Chewning, Jacob Little, and Ryan Scott - Digital Video Production

2nd Place

Eugene Ahn, Sidhant Uthra - Global Business
 Olivia Gartz and Leila Terzic - Business Presentation
 Will Meredith - Accounting I

3rd Place

Elizabeth Bueche, Mira Hashe, Noah Holzberg - Entrepreneurship

Top 10

Carson Bryant and Julian Gaines - Marketing
 Emilee Dorantes, Nicole Guglielmo, and Ruchi Jalavancha - Emerging Business Issues
 Melissa Fu - Impromptu Speaking
 Josh Graiger and Daniel Smith - Personal Finance
 Radhika Jagani - Public Speaking I
 Eric Li - Economics
 Hubert Song - Business Calculations



Additionally, we had two ladies from our school become state officers. Leila Terzic was elected as the 2014-2015 North Carolina FBLA State President and Ruchi Jalavancha was re-elected as the North Carolina FBLA State Vice President for the Southwest Region. This is a very big accomplishment and the first time ever for Marvin Ridge High School FBLA!

Students who finished 1st, 2nd, or 3rd automatically qualify to compete at the FBLA National Leadership Conference in Nashville, Tennessee June 29-July 2.

MRHS Junior-Senior Prom is Saturday, April 26 at Bank of America Stadium from 8pm-12am

Prom ticket sales are here!!!! You can now purchase your prom tickets for \$50 each. This can be done during your lunch in Mr. Honeycutt's room (SMC). Remember that your outside guest **MUST** be approved before you can buy his/her ticket. Forms are available in the main office. Sales will continue every day until April 11th. Tickets are non refundable and non transferable.

Julia Morgan Represents Union County in State Art Exhibition

It is a great honor that Julia Morgan's artwork, "*Compulsive*", has been chosen to represent Union County in the North Carolina Art Education Association's art exhibit. Julia is a Marvin Ridge High School AP student, NAHS member and yearbook editor. Her work will be on permanent display at the NC Department of Public Instruction Building in Raleigh. Julia, her parents and Ms. Baumgarten have been invited to a special reception in April. Link to her photo:

[Julia Morgan Photo](#)

Teen Health News: Effects of Anxiety on the Rise

Anxiety is a normal reaction to stress. Everyone experiences anxiety to varying degrees. However, when the anxiety becomes excessive, irrational, and the individual has difficulty functioning, it becomes more than a temporary phase, developing into a disabling disorder.

Adolescents with anxiety disorders have extreme feelings of panic, fear, dread, or discomfort in everyday situations. Anxiety disorders may develop from a complex set of risk factors, including genetics, brain chemistry, personality, and life events. Affecting people of all ages, anxiety disorders are the most common type of mental health disorder in children, affecting 8% of 13-18 year olds and 40 million American adults. It is estimated that 25% of the population will experience an anxiety disorder over the course of their lifetimes.

Common symptoms of anxiety disorders in adolescents include the following:

Cognitive: Students may become more restless and have difficulty staying on task or making decisions. A decline in academic performance may be evident. Students may also engage in negative thinking, such as “I’m not smart anymore”, “I’m just not good at this.”

Emotional: Adolescents may experience increased fears and anxiety, changes in sensitivity, and increased aggression, greed, anger, or irritability.

Behavioral: Children may become more aggressive or more socially withdrawn. Regression may also be seen; for example, wanting to sleep with a light on or near parents, feeling more secure with known routines. Changes in sleeping or eating patterns may develop. Experimentation with drugs and alcohol may occur as a self-medicating attempt.

Physiological: Physically, students may complain of more ailments, such as headaches, stomachaches, and fatigue. Often these are given as a reason to avoid school attendance. As one would imagine, missing school actually enhances anxiety for most students.

Wellness is more than the absence of disease. It involves complete general, mental, and social well-being. Mental health is an essential component of overall health and well-being. That overall well-being is correlated to the balance that exists between our emotional, physical, spiritual, and mental health. Steps to enhance that sense of well-being involve a balanced diet, regular exercise, sufficient quality sleep, sense of self-worth, development of coping skills that promote resiliency, emotional awareness, and deep connections to family, friends, and the community.

If you notice signs of increased anxiety in your teen, acknowledge that with them. Maintain open communication and a supportive demeanor. Teens in today’s culture do experience increased stress and emotional vulnerability. Explore those with your child. Let them know that you support them in their goals. Encourage your child to own their goals rather than to transfer your goals for them onto them. Teens often express the sense of not meeting their parents’ academic expectations as a significant source of stress. Stress in itself does not cause an anxiety disorder, but may trigger pre-existing tendencies to a more significant health issue. As defined earlier, well-being is about life balance. If your concerns continue, seek assistance early. Contact your child’s teachers, school counselor, school nurse, or medical provider. Early identification & intervention is always the best. Mrs. Ourant, RN, MRHS School Nurse and the Guidance Department are great resources available to you. For additional teen related health information, view UCPS’s quarterly newsletter, “The Safety Net” found at <http://sdfs.ucps.k12.nc.us>.

COLLEGE 411

Parents and Students of All Grade Levels:
You are invited to College 411 Night on April 10, 2014
At Marvin Ridge High School—

One of the only special, personal college fair events in our area!
35 Colleges and Universities will be present—our largest ever!
Sponsored by Academic Booster Club and MRHS Guidance

Program of Events:

6:00 – 6:20 Guidance Presentation
6:20 – 7:00 Q & A with College Admission Representatives
7:00 – 9:00 College Fair

The following will be represented:

Appalachian State	High Point University	UNC Wilmington
Auburn University	Johnson & Wales	University of Notre Dame
Catawba College	Lenoir-Rhyne	University of
Central Piedmont	Naval Academy	South Carolina
Community College	Newberry College	University of Alabama
Clemson University	North Carolina	University of Georgia
Coastal Carolina	A & T State	University of Tennessee
College Foundation North	NCSU College of Natural	University of Virginia
Carolina	Resources	Wake Forest University
College of Charleston	Sewanee: The University of	West Virginia Tech
Davidson College	the South	Western Carolina
Duke	Southern Piedmont Com-	University
East Carolina University	munity College	Wingate
Elon University	UNC Asheville	Winthrop
Furman University	UNC Chapel Hill	
Gardner-Webb	UNC Charlotte	

***Make your plans
now to attend!!***

If you would like to submit a question to our College Admission Representative Q & A session, please email it to college411mrhs@yahoo.com.

MAVERICK PRIDE

Maverick Pride is awarded to a staff member whom you would like to recognize for their positive contributions to our school/staff. Each Maverick Pride awarded will be announced during a staff meeting, and their name will be placed in a monthly drawing for a designated parking space. If you would like to recognize a colleague, teacher, or child's teacher for an exceptional contribution, please complete this form and return it to the office.



I would like to recognize:

Positive Contribution:

From : _____
(Optional)