Sun Valley High School 9th Grade Classroom Guidance Making Your High School Experience a Success

School Counseling Staff:

Mrs. Stadler Students with Last Names A-Ca

Mrs. Hawkins Students with Last Names Ce-Go

Mrs. Cervini Students with Last Names Gr-L

Mrs. Hill Students with Last Names M-Ri

Ms. Jackson Students with Last Names Ro-Z

Ms. Clark Secretary/Registrar

Ms. Schaeffer College Adviser



Mrs. Stadler (A-Ca)



Ms. Jackson (Ro-Z)







Mrs. Hawkins (Ce-Go)

What does a School Counselor do?



Academic

Course planning & selection, Scheduling, Study skills, Track graduation requirements

Career

Career exploration, assist with college applications & scholarship information

Social/Emotional

Process & manage emotions, learn coping skills, help develop goal-setting, stress & time management skills, assist with conflict resolution

Confidentiality

- Confidentiality is an ethical principle upheld by your school counselor, but as required by law, it cannot be maintained in the event that a student reports:
 - > The desire to harm oneself
 - The desire to harm others



What are UCPS' Graduation Requirements?



- **♦** 28 Credits
 - > English I, II, III, IV
 - Math I, II, III, and 4th Math course aligned with a student's post high school plans
 - ➤ Earth Science, Biology, and a Physical Science (Physical, Chemistry, Physics)
 - > World History, Civic Literacy, American History, Economics & Personal Finance
 - ➤ Health & PE
 - ➤ If you plan to attend a 4 year college, you will need <u>at least</u> 2 credits of the same foreign language
 - This is a minimum requirement so at least 3 years of the same foreign language is recommended Check your desired 4 year institution as 3 credits may be required
- ❖ In addition to core classes, earn enough electives for 28 total credits
- **❖** CPR

Graduation Requirements Future Ready Course of Study

- Check your transcript to make sure you are on track to graduate
 - ➤ English I, II, III, IV
 - ➤ Math I, II, III, and 4th Math course aligned with students post high school plans
 - Earth Science, Biology, and a Physical Science (Physical, Chemistry, Physics)
 - World History, Civic Literacy, American History, Economics & Personal Finance
 - Health & PE
 - If you plan to attend a 4 year college, you will need <u>at least</u> 2 credits of the same foreign language
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- In addition to core classes, earn enough electives for 28 total credits

What is a High School Transcript?

- A transcript is a record of your academic accomplishments in high school. It lists every class you take, what year you took the class and the grade received.
- You can check historical grades in Powerschool, but you have to get a transcript from your counselor or the guidance secretary.
- When you receive your transcript, check it for accuracy
 - Personal information
 - Address
 - Phone Number
 - Birthday
 - Courses completed
 - GPA(Grade Point Average)
 - > Class Rank

October 12, 2016 Student No: Student Name: School No: Sun Valley High Sun Valley High School 5211 Old Charlotte Hwy Monroe, NC 28110-7343 (704) 296-3020 Official NC Transcript 10/12/2016 STUDENT INFORMATION Student No: Name: Birthdate: Address: Gender: Expected Graduation Date: 06/09/2017 Course Of Study: Future Ready Core Contacts: . Endorsement(s)*: Yes CTE Concentrator**: No Math Rigor: Yes

 SCHOOL INFORMATION
 School No: 900360

 Principal: Dr. Shaun Poole (704) 296-3020
 Grades: 9-12

 LE.A.: Union County Public Schools (704) 296-9989
 Accreditation: SA College Board Code: 342685

 CREDIT HISTORY
 College Board Code: 342685

CREDIT HIST	Course	Mark	Weighted	Unweighted	Earned Credits	Flags
Grade: 8	2012/13					
20232Z	Algebra I	98_			1.00	EU
Grade: 9	2013/14					
52552X0	Band (Beginning) / Band I	97	4.000	4.000	1.00	1779
10215X0	English I Honors	96	5.000	4.000	1.00	U
22005X0	Common Core Geometry Honors / Math II Honors	98	5.000	4.000	1.00	U
95012X0	ROTC I / Rotc I-Cadet Field Manual	99	4.000	4.000	1.00	
52552X0	Band (Beginning) / Band I sem 2	96	4.000	4.000	1.00	
33205X0	Biology Honors / Biology I Honors	95	5.000	4.000	1.00	U
95022X0	ROTC II / ROTC II -Intro to NJROTC	96	4.000	4.000	1.00	
43035X0	World History Honors	96	5.000	4.000	1.00	U
Grade: 10	2014/15					
34205X0	Chemistry Honors / Chemistry I Honors	96	5.000	4.000	1.00	U
60492X0	Health and PE Grades 9-12 / Health and Physical Education	97	4.000	4.000	1.00	
23015X0	MATH III HONORS	100	5.000	4.000	1.00	U
95032X0	ROTC III / ROTC III Maritime History	100	4.000	4.000	1.00	
42095X0	Amer His: Found Prin, Civ & Econ Honors / Civics & Economics Honors	95	5.000	4.000	1.00	U
10225X0	English II Honors	94	5.000	4.000	1.00	U
95022X0	ROTC II / ROTC II -Intro to NJROTC	99	4.000	4.000	1.00	
11422X0	Spanish II	100	4.000	4.000	1.00	U
Grade: 11	2015/16					
43045X0	American History I Honors	95	5.000	4.000	1.00	
10235X0	English III Honors / English III-H AP Companion	96	5.000	4.000	1.00	U

October 12, 20° Student Name: Sun Valley High						udent No:
our valiey rigi					Earned	
	Course	Mark	Weighted	Unweighted	Credits	Flags
05000110	ROTC III / ROTC III Maritime		4.000	4.000	1.00	riugs
95032X0		98	4.000	4.000	1.00	
	History				4.00	U
11435X0	Spanish III Honors	97	5.000	4.000	1.00	U
1A007X0	AP English Language and	95	6.000	4.000	1.00	
	Composition					
4A077X0	AP United States History / AF		6.000	4.000	1.00	
	US History/American History					
95045X0	ROTC IV Honors / Naval Skil	ls - 97	5.000	4.000	1.00	
	Honors					
24035X0	Pre-Calculus Honors	90	5.000	4.000	1.00	U
Grade: 12	2014/15					
23015X0	MATH III HONORS / MATH II					U
23015/0	HONORS					0
Grade: 12	2016/17					
2A007X0	AP Calculus AB / AP Calculu	S				S
	AB					
1A017X0	AP English Literature and					S
	Composition / AP English					
	Literature and Composition					
3A027X0C	AP Environmental Science / /	AP.				P
0710217100	Environmental Science	-				
10245X0CC	English IV Honors / English IV	/				PU
102407000	Honors - AP Companion	•				
0000570040	Math Local Elective / Adv					P
28005X0CAB						
	Calculus Topics AB Honors					s
95042X0C8	ROTC IV / ROTC IV-Leaders	hip				5
	Theory-Responsibility					_
95045X0LT	ROTC IV Honors / Leadership	0				P
	Theory - Ethics Honors					
11445X0C	Spanish IV Honors / Spanish	IV				SU
	Honors					
MINIMUM COU No Requireme	F NORTH CAROLINA BOARD RSE REQUIREMENTS REMAI nts Remaining E INFORMATION					
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GRADING AND GPA DETAILS

Note: Effective July 1, 2015 North Carolina changed to a standardized 10-point grading scale. Prior to July 2015, North Carolina school districts used a variety of 7-point grading scales. Note: All courses taken at the middle school for high school requirement(s) will not calculate in the GPA. Note: High School Earned Credits only are calculated.

Grading Scale 90-100 = 4.0 FF = 0.0	80-89 = 3.0 WP = 0.0	70-79 = 2.0 INC = 0.0	60-69 = 1.0 AUD = 0.0	≤59 = 0.0 P = 0.0	WF = 0.0
CDM = Credit by D	Demonstrated Mastery	(SBE-GCS-M-001)			
Course Flags					

E	Course is excluded from GPA
N	Course is non-credit course
E N P S	Course is in progress
s	Course is scheduled to be taken

U .	Course contributes toward UNC	minimum course	requiremen

"CTE CONCENTRATOR DETAILS AGNR-Agriculture, Food & Natural Resources ARCH-Architecture & Construction AAVC -Arts, AV Technology & Communication BMA - Business Management & Administration FINA - Finance HITH- Health Science HOSP-Hospitality COVIT-Government & Public Administration	EDUC Education & Training HUMA-Human Services INFO -Information Technology LAW -Law, Public Safety, Corrections & Security MANU-Hamufacturing STEM: Science, Technology, Engineering & Mathematics TRAN -Transportation, Distribution & Logistics
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Calculating GPA (Grade Point Average)

- You receive quality points for each final grade you get in a class
- Honors and AP classes give you more quality points based on the grade you receive

Regular	<u>Honors</u>	<u>AP</u>
A=4	A=4.5	A=5
B=3	B=3.5	B=4
C=2	C=2.5	C=3
D=1	D=1.5	D=2

When does your GPA begin? NOW! YOUR FRESHMAN YEAR!

Example of Calculating GPA:

Class	<u>Grade</u>	Quality Points
English I CP	Α	4
Math I	В	3
Earth & Env Science Honors	Α	4.5
AP World History	В	4

- Add up your quality points \rightarrow 4 + 3 + 4.5 + 4= 15.5
- Divide the total by 4 (number of classes) \rightarrow 15.5/4 = **3.875 GPA**
- Your GPA is calculated at the end of each semester.

MAKE A PLAN: What can you do academically beyond the minimum requirements?

- **♦** Take Honors Courses
- Take Advanced Placement (AP) Courses
 - You can earn college credit
 - You will demonstrate that you can do college level work
 - You can increase your GPA
- ❖ Take Challenging Electives and Explore Options for after high school
- Take Three Levels of the same language
- ❖ Become a North Carolina Academic Scholar
- ❖ Practice for college entrance exams: ACT & SAT
- ❖ Take Dual Enrollment classes through the Career & College Promise



Post Secondary Options- What comes AFTER high school??

- (Four Year) College or University
- (Two Year) Community College
 - Associate, Certificate or Diploma
- Trade School
- Military
- Workforce









Community College

- Associate Transfer Pathways
 - Associate in Arts
 - Associate in Nursing
 - Associate in Science
 - Associate in Engineering
 - Associate in Fine Arts in Visual Arts
- Diploma or Certificate
 - Lead to entrance in the workforce
 - Early Childhood Ed, Automotive Systems Tech, Welding, IT, etc





South Piedmont Community College

The College Transfer / CTE pathways consists of a cluster of courses designed to prepare a student to enter a specific trade or career. You can also earn credit toward an Associates Degree or use this credit to transfer to a four-year university.

Examples of certificates earned upon completion:

- HVAC
- Agribusiness
- Nurse Aide
- Criminal Justice
- Web Design

- Automotive Technology
- Early Childhood Education
- Welding Tech
- Game & Simulation Programming

South Piedmont Community College- CCP program

CTE Pathways

- ❖ Agriculture, Food & Natural Resources
- Architecture and Construction
- Business Mgmt & Administration
- Health Science
- Hospitality & Tourism
- Human Services
- Information Technology
- Law, Public Safety & Security
- Manufacturing
- Science, Engineering & Mathematics
- Transportation & Distribution
- Arts, Audio/Visual Technology & Communications

College Transfer Pathways

- These courses allow you to earn College Credit IN High School that will then transfer to UNC-system schools and some private colleges/ universities.
- Junior/Senior year eligibility

*** A 2.8 unweighted GPA is required to enroll in any CCP course

MAKE A PLAN: How can I Get Involved? Benefits of Extracurricular Activities?

- Joining clubs at school (listed on the SVHS website)
 - Get to know students outside of your classes, make new friends, and be a part of a group with goals and a purpose
- Playing sports at school or in your community
 - Gain experience working with a team to reach goals and build self-confidence
- Having a part-time job (if it does not interfere with school work and grades) and job shadowing
 - Explore careers, gain experience, and build skills that will be useful in your future career
- Volunteering in your community
 - Teach you how to help other people and open your eyes to the needs of others





Moving Forward - Grades Matter

- **♦** To be promoted to 10th grade → need 6 credits including Eng. I
- Students <u>must pass three out of four classes</u> to be eligible to take Drivers Education and to keep license
- Students <u>must pass 3 out of 4 classes</u> and <u>be in attendance at least</u>
 85% from the previous semester to be eligible to play sports
- Students can earn college credits in high school through Career & College Promise Program at SPCC (typically as a junior and /or senior).

Connecting with the Counselors



Follow us on Instagram: @SVHS_counselors

The Sun Valley Counseling Center would like to welcome all students to a new school year. We are here to help you make wise decisions and to remove any obstacles that may hinder your success in school. We would like to see this be your best school year yet!

