Junior Classroom Guidance 2020-21



Counselor Assignments

School Counseling Staff:

- Mrs. Stadler
 - \circ ~ Students with Last Names A-Ca ~
- Mrs. Hawkins
 - \circ ~ Students with Last Names Ce-Go ~
- Ms. Jaquish (soon to be Cervini)
 - \circ ~ Students with Last Names Gr-L ~
- Mrs. Hill
 - Students with Last Names M-Ri
- Ms. Jackson
 - Students with Last Names Ro-Z
- Ms. Clark
 - Secretary/Registrar
- Mr. White
 - College Advisor



Meet your Counselors







What does a School Counselor do?



- Academic
 - Scheduling, course planning & selection, study skills, graduation requirements
- Career
 - Career exploration, college & scholarship information, job search and interview skills, resume writing
- Personal/Social
 - Relational concerns, stress, time management, conflict resolution

Confidentiality

• Confidentiality is an ethical principle upheld by your school counselor, but as required by law, it cannot be maintained in the event that a student reports:

CONFIDENTIA

- $\circ \quad \ \ {\rm The \ desire \ to \ harm \ oneself}$
- $\circ \quad \text{The desire to harm others} \\$

SCOIR

A Brief Overview

- Search for colleges
- Request Transcripts
- Request Letters of Recommendation
- Scholarship Search



Let's Talk about Transcripts

- Check historical grades in Powerschool
- Check your transcript for accuracy
 - Personal information
 - \circ Address
 - Phone Number
 - Birthday
 - Courses completed
 - GPA

1					
	5211 Old Monroe, N (704)	C 28110-7343 296-3020			School No:
OPHILION					
JRMATION			St	udent No:	
				Birthdate:	
				Gender:	
			Expected Gradua	tion Date:	06/09/2017
			Course Of Study: Future Ready Endorsement(s)*: Yes CTE Concentrator**: No Math Rigor: Yes		
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Course	Mark	Weighted	Unweighted	Credits	Flags
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	97	4.000	4.000	1.00	
	96	5.000	4.000		U
Common Core Geometry Honors	98	5.000	4.000	1.00	U
/ Math II Honors		11.11.12			
	99	4.000	4.000	1.00	
	00	4 000	4 000	1.00	
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	95	5.000	4.000	1.00	
	96	4 000	4.000	1.00	
	96	5.000	4.000	1.00	<u> </u>
Chemistry Honors / Chemistry I	96	5.000	4.000	1.00	U
Honors			1 000	4.00	
	97	4.000	4.000	1.00	
	100	5 000	4.000	1.00	U
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	100	4.000	4.000	1.00	
	95	5.000	4.000	1.00	U
	50				
Economics Honors					
English II Honors	94	5.000	4.000		U
ROTC II / ROTC II -Intro to	99	4.000	4.000	1.00	
NJROTC				4.00	U
Spanish II	100	4.000	4.000	1.00	
2015/16			1 000	4.00	
					U
English III Honors / English III-H AP Companion	96	5.000	4.000	1.00	0
	/ Math II Honors ROTC I / Rot C-Gadet Field Manual Band (Beginning) / Band I sem 2 Biology Honors / Biology I Honors ROTC I / ROTC II -Intro to NJROTC World History Honors 2014/15 Chemistry Honors / Chemistry I Honors Health and PE Grades 9-12 / Health A	SPII Old Morrece, N. 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Sun Valley High					Earned	
	0	Mark	Weighted	Unweighted	Credits	Flags
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95032X0	ROTC III / ROTC III Maritin History	16 90	4.000	4.000	1.00	
44 405 YO	Spanish III Honors	97	5,000	4.000	1.00	U
11435X0 1A007X0	AP English Language and	95	6.000	4.000	1.00	0
IA007A0	Composition	00	0.000	1.000	1100	
4A077X0	AP United States History /	AP 91	6.000	4.000	1.00	
4/(011)/(0	US History/American Histo		0.000			
95045X0	ROTC IV Honors / Naval S		5.000	4.000	1.00	
	Honors					
24035X0	Pre-Calculus Honors	90	5.000	4.000	1.00	U
Grade: 12	2014/15					
23015X0	MATH III HONORS / MATH					U
20010/10	HONORS					
Grade: 12	2016/17					
2A007X0	AP Calculus AB / AP Calcu	lus				S
	AB					
1A017X0	AP English Literature and					S
	Composition / AP English					
	Literature and Composition					
3A027X0C	AP Environmental Science	/ AP				P
	Environmental Science					
10245X0CC	English IV Honors / English	IV				PU
	Honors - AP Companion					
28005X0CAB	Math Local Elective / Adv					P
	Calculus Topics AB Honors					
95042X0C8	ROTC IV / ROTC IV-Leade	rship				S
	Theory-Responsibility					_
95045X0LT	ROTC IV Honors / Leaders	hip				P
	Theory - Ethics Honors					SU
11445X0C	Spanish IV Honors / Spanis	sh IV				SU
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	E INFORMATION					
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		as of the end of				
Cumulative GPA	Weighted: 4	.7083	Total Points \			113.0000
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GRADING AND GPA DETAILS

Note: Effective July 1, 2015 North Carolina changed to a standardized 10-point grading scale. Prior to July 2015, North Carolina school districts used a variety of 7-point grading scales. Note: All courses taken at the middle school for high school requirement(s) will not calculate in the GPA. Note: High School Earned Credits only are calculated.

Grading Scale

90-100 = 4.0	80-89 = 3.0	70-79 = 2.0	60-69 = 1.0	≤59 = 0.0	WF = 0.0
FF = 0.0	WP = 0.0	INC = 0.0	AUD = 0.0	P = 0.0	

CDM = Credit by Demonstrated Mastery (SBE-GCS-M-001)

Graduation Requirements - Future Ready Track

- Check your transcript to make sure you are on track to graduate
 - English I, II, III, IV
 - Math I, II, III, and 4th Math course aligned with students post high school plans
 - Earth Science, Biology, and a Physical Science (Physical, Chemistry, Physics)
 - World History, Civics, American History I & II
 - Health & PE
 - If you plan to attend a 4 year college, you will need <u>at least</u> 2 credits of the same foreign language
 - This is a minimum requirement so at least 3 years of the same foreign language is recommended Check your desired 4 year institution as 3 credits may be required
- In addition to core classes, earn enough electives for 28 total credits
- CPR



Calculating GPA

- You receive quality points for each final grade you get in a class
- Honors and AP classes give you more quality points based on the grade you receive

<u>Regular</u>	<u>Honors</u>	<u>AP</u>
A=4	A=4.5	A=5
B=3	B=3.5	B=4
C=2	C=2.5	C=3
D=1	D=1.5	D=2



For Example:

<u>Class</u>	<u>Grade</u>	<u>Quality Points</u>
Honors English III	А	4.5
Math III	В	3
Honors American History I	А	4.5
AP Biology	А	5

- Add up your quality points \rightarrow 4.5 + 3 + 4.5 + 5= 17
- Divide the total by 4 (number of classes) $\rightarrow 17/4 = 4.25$ GPA
- Your GPA is calculated at the end of each semester

Preparing for College

- Get your GPA as high as possible in 11th grade
 - Take challenging classes, work hard in your classes, and earn high grades
 - Colleges will only see your final grades through junior year when you apply next year!
- Class Rank
 - \circ $\:$ Improve your class rank by improving your GPA $\rightarrow\:$ take challenging classes and get good grades
- NCAA Clearinghouse
 - Student-Athletes interested in playing NCAA Division I or II sports in college need to register with the Clearinghouse
 - <u>http://www.ncaa.org/student-athletes/future/how-register</u>
 - College coaches cannot talk to you until you are registered

Preparing for College Cont.

- ACT/SAT Tests
 - ACT <u>or</u> SAT test scores are required for students interested in attending a 4 year college/university
 - We highly recommend you take both the ACT and SAT test at least once by the the end of your junior year
 - All juniors will take the ACT and SAT at SVHS during the Spring semester
 - Take this test seriously and study for it!
 - You can retake the ACT test by signing up at <u>www.ACT.org</u>
 - You can take practice SAT tests at <u>www.khanacademy.org/sat</u>
 - DO NOT MAKE THE MISTAKE OF COMING INTO YOUR SENIOR YEAR WITHOUT A TEST SCORE!
 - The Counseling Center has fee waivers available for eligible students

ACT vs. SAT



- 3 hours, 35 min (with optional Essay)
- 4 sections (English, Math, Reading, Science) plus an Optional Essay
- Total Composite Score from 1-36
- No penalty for wrong answers
- Sign up online at <u>www.act.org</u>

CollegeBoard SAT

- 3 hours, 50 minutes (with optional Essay)
- 4 sections (Evidence-Based Reading, Writing, Math without a calculator, Math with a calculator) plus an Optional Essay
- Total Score out of 1600; 800 for Evidence-Based Reading and Writing, 800 for Math
- No penalty for wrong answers
- Sign up online at <u>www.collegeboard.org</u>



ACT/SAT Prep

- Studying for the SAT
 - Link your collegeboard account to Khan Academy and get a FREE, personalized study plan based on your PSAT scores
 - Use Khan Academy to take free practice SAT tests
- Studying for the ACT
 - ACT Test Prep booklet
 - Official ACT Prep Guide costs money online but is covered by a fee waiver (if you qualify)
 - FREE full-length tests online (SVHS website)





SAT Test Dates 2020-21

SAT Date	Registration Deadline	Late Registration Deadline	Deadline for Changes
September 26, 2020	August 26, 2020	September 15, 2020	September 15, 2020
October 3, 2020	September 4, 2020	September 15, 2020	September 22, 2020
November 7, 2020	October 7, 2020	October 20, 2020	October 27, 2020
December 5, 2020	November 5, 2020	November 17, 2020	November 24, 2020
March 13, 2021	February 12, 2021	February 23, 2021	March 2, 2021
May 8, 2021	April 8, 2021	April 20, 2021	April 27, 2021
June 5, 2021	May 6, 2021	May 18, 2021	May 26, 2021

*Test dates may be subject to change, so stay up to date with www.collegeboard.org

ACT Test Dates 2020-21

TheACT TEST DATES United States, US Territories, and Puerto Rico 2020 2021 TEST DATE REGISTRATION DEADLINES Photo Upload/Standby Regular Deadline Late Fee Required Deadline September 12, 2020 September 13, 2020 (Sunday) August 31 No late fees September 4 September 19, 2020 October 10, 2020 October 17, 2020 September 25 No late fees October 2 October 24, 2020 October 25, 2020 (Sunday) November 6 November 7-20 December 12, 2020 December 4 **January 8** January 9-15 February 6, 2021 January 29 March 12 March 13-26 April 17, 2021 April 9 June 12, 2021 May 7 May 8-21 June 4 June 18 June 19-25 July 17, 2021* July 9

*Test dates may be subject to change, so stay up to date with www.act.org

• All juniors will be given the ACT at Sun Valley High School in early Spring semester



Community College Programs

- Local community colleges include South Piedmont Community College **(SPCC)** and Central Piedmont Community College **(CPCC)**
- <u>Open admission</u>
- <u>2 year college option</u> that can lead to:
 - Associates of Art or Science → degree that is designed for transfer to a 4 year university
 - **Diploma or certificate in a specific program** \rightarrow lead to entrance into the workforce
 - Early Childhood Education, Automotive Systems Technology, Welding Technology, and many more!





Community College Programs Cont.

- If you are planning to attend a 2 year college, you do <u>NOT</u> need to take the SAT unless your specific program requires it
- Community colleges and many technical colleges require a placement test
 - Used to determine what level of classes you need to obtain your academic goal
 - Study for the placement test failing the test can delay you getting a degree or completing a program!
- Study guides for the placement tests are available online
 - Check <u>http://www.spcc.edu/college-placement-test/</u>

Military

- Different military branches visit SVHS throughout the year
- <u>The ASVAB test is REQUIRED</u> (Armed Services Vocational Aptitude Battery) for entrance into the military
- SVHS will offer the ASVAB test in October (2nd), February (20th) & May (1st)
- ROTC scholarships are available!
 - <u>http://todaysmilitary.com/videos/earning-a-degree</u>
 - Deadlines are usually from October to December, so plan early!



Researching Colleges

- Search through SCOIR
 - You can filter by GPA/test scores, location, fields of study, etc
- Visit colleges schedule a tour and information session
 - This is the best way to find out what type of college you are interested in attending
 - *A lot of schools are doing virtual tours now
- Use BigFuture
 - Go to <u>www.bigfuture.collegeboard.org</u> to research schools
 - Filter through 4,000 colleges and universities to see which ones match what you are looking for
- Schedule an appointment with our college advisor: <u>jonathan.white@ucps.k12.nc.us</u>



Questions to Ask while Researching

- Does the college I want to attend require any specific high school courses?
- Does my intended major require any specific high school courses?
- Is there something else I can be doing now to help me reach my goals for senior year and after high school?
 - \circ Jobs
 - \circ Internships
 - Job Shadowing
 - Volunteering





College Advisor

- Still not sure what to do or need help?
- Stop by the College and Career Center and schedule an appointment with Mr. White, the College Advisor
 - SAT/ACT registration, searching for colleges, college applications, choosing a major, academic planning and choosing classes, financial aid, etc.
- Follow Mr. White on instagram for college updates and information: @spartans2college



Senior Year Information

- When you register for senior year classes remember that colleges want to see rigorous courses on your schedule
- Come into senior year with SAT/ACT scores and a list of 3-5 college choices
- Consider online classes through College & Career Promise
- Get ready to start applying to college and seek scholarships
- GET INVOLVED! CLUBS, SPORTS, VOLUNTEERING, PART-TIME JOB
- Research careers to discover what degree or experience you will need to succeed in the workforce
- Make a plan for post high school graduation: 4-YEAR OR COMMUNITY COLLEGE, MILITARY, WORKFORCE

Resources

• SVHS School Counseling Center



- College Advisor: Mr. White
- SVHS School Counseling webpage on the SVHS website (Under "For Students")
- SCOIR
- <u>www.CFNC.org</u>
- <u>www.collegeboard.org</u>
- <u>www.act.org</u>



Questions?

<u>https://bit.ly/2Y</u> <u>Sf2Nq</u>