

Wolf Pack Press



Exams this week:

Monday - Second block

Tuesday - Third block

Wednesday - Fourth block

Thursday - Makeup exams

Friday - Teacher workday

Remember to follow us on social media:

Follow us on Facebook: [ParkwoodHSNC](#)

Follow us on Twitter: [@ParkwoodHSNC](#)

Follow us on Instagram: [@ParkwoodHSNC](#)



Important Exam Information

- Exam exemptions are only for teacher-made exams, when:
 - The student has an average of 90 or above the week prior to the exam administration and the student has no more than 2 unexcused absences in the class.
 - The student has an average of 80 or above the week prior to the exam administration and the student has no more than 1 unexcused absence in the class.
- The exams are scheduled as follows:
 - 1st block exams will be administered Friday, 1/20/2023.
 - 2nd block exams will be administered Monday, 1/23/2023.
 - 3rd block exams will be administered Tuesday, 1/24/2023.
 - 4th block exams will be administered Wednesday, 1/25/2023.
 - Thursday, 1/26/2023 is reserved for makeup exams.
- Students taking exams administered on their ChromeBooks need to be at school early to get their computers to their teachers. We are making every effort to start exams without delay at the very beginning of the day.
- Dismissal on exam days:
 - We anticipate that exams will be completed around 12:45, but that is an estimated time. We will not dismiss students until all exams have been completed in order to maintain an environment conducive to students performing at their very best.
 - School will dismiss daily after the exam period has concluded. Car-riders and student drivers will be dismissed first, followed by students who are riding the bus.
 - Buses will run Friday 1/20/23, Monday 1/23/2023, Tuesday 1/24/2023, and Wednesday 1/25/2023 at approximately 1:15 pm.
 - Thursday 1/26/2023 is exam makeup day. While students will be dismissed after the exam period, buses will run at 3:30 pm.



PWHS Calendar

Week of January 22– January 28 School Events

Monday 1/23	Tuesday 1/24	Wednesday 1/25	Thursday 1/26	Friday 1/27	Saturday 1/28
1st Semester Exam for 2nd block class	1st Semester Exam for 3rd block class	1st Semester Exam for 4th block class	1st Semester Exam for needed make-ups Women's Wrestling @ AL Brown PM Indoor Track @ JDL Fast Track 5 PM	Teacher Workday– No School for Students Basketball vs Monroe 4/5/6/7:30 PM Swimming @ Stanly County YMCA 6:30PM Cheer Alumni Night	Men's Wrestling States Begin State Cheer Competition



If your family has younger students that are interested in lacrosse or learning about lacrosse, please see the flyer below-

A flyer for a lacrosse clinic. The background is a green grass field. In the center, a yellow lacrosse stick with a white net and orange strings is shown, with a yellow lacrosse ball resting in the net. The text "Lacrosse" is written in a white cursive font, and "CLINIC" is in a large, white, outlined sans-serif font. Below this, the date "JANUARY 28TH 2023" is written in a white, outlined sans-serif font. In the bottom right corner, the text "FOR 3RD-8TH GRADERS BOYS AND GIRLS" is written in a white, outlined sans-serif font. There are three wolf head logos: one in the top right, one in the bottom left, and one in the top left of the flyer image.

Lacrosse
CLINIC

**JANUARY 28TH
2023**

**FOR 3RD-8TH
GRADERS
BOYS AND GIRLS**



Entering Parkwood High School now that the Roundabout is open

- Parents dropping off their students will need to use the main Parkwood School Road entrance to the high school.
- All student drivers will need to enter campus from Crow Road and will need to display their 2022-2023 PWHS parking pass to be admitted at that entrance. All other drivers will need to use the entrance at Parkwood School Road.
- Students will need to be in their classes by 8:30 to begin their day.



- Remind your student(s) when they have parent permission to leave campus, they need to sign out with Ms. Reeder at the front of the school.



Parents & Guardians

SPRING ACT PRACTICE

ACT[®] **WINTER PRACTICE SERIES**

2 In-Person Practice Tests
Online practice in between

Jan. 28 - Practice Test 1
Feb. 25 - Practice Test 2
Sun Valley HS, 8:00 AM

SIGN UP BY VISITING:

<https://bit.ly/winter23actpractice>



**COLLEGE
READINESS**

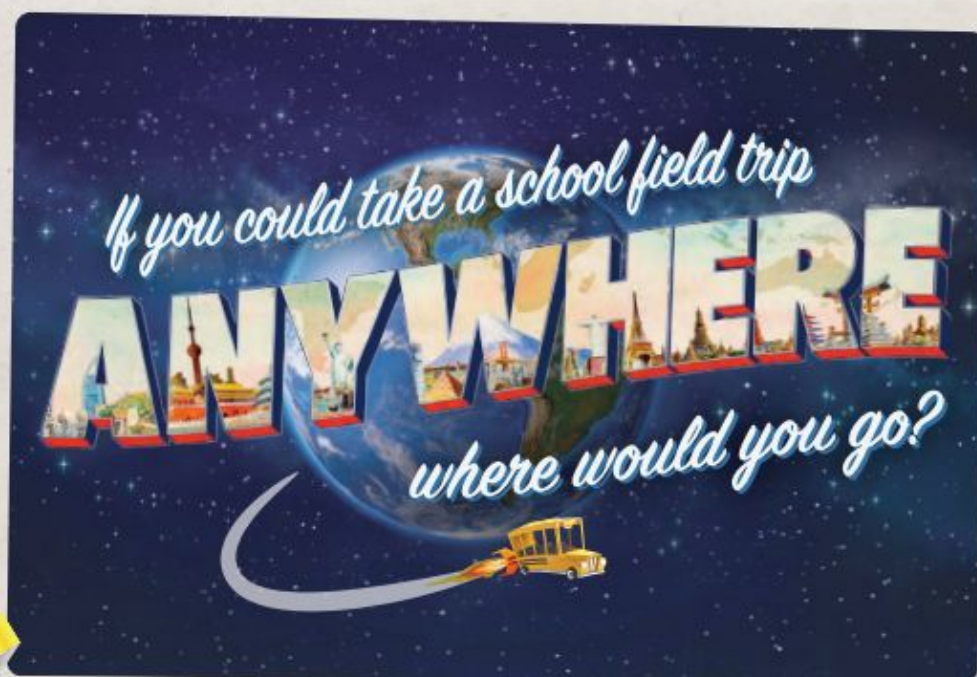
UCPS
UNION COUNTY PUBLIC SCHOOLS

Students must register through their UCPS Google Account.



2023 Art Contest

To enter the contest, please draw
or paint an image representing:



The only limit is your imagination!
The contest runs from
January 23rd through March 12th.



Winning students will receive \$500
and \$500 for their school!

Go to **ArtContest.ESS.com**
for contest details and art submission.



Helpful Hints from the Counseling Department



Strategies to Staying Calm During Tests

At the exam:

- *Approach the exam with confidence. View the exam as an opportunity to show how much you've studied and to receive a reward for the studying you have done.
- *Read the directions carefully
- *Budget your test taking time
- *Change positions to help you relax
- *If you go blank, skip the question and go on. Remember that you do not have to take the test in any order. If you find essays easiest, do these first. If you prefer the multiple choice section, do these first. If you want, work on the questions that are easiest for you... oftentimes they will trigger answers for other questions. If you ever blank on an essay, jot down anything you can recall on scratch paper or on the back of a page to stimulate your memory and get your mind working.
- *Don't hesitate to ask for clarification from the teacher if you have questions about directions, procedure, etc., rather than let anxiety build up because you aren't sure about what you are expected to do.
- *Relax yourself physically during the test, if you notice that you are not thinking well or are tight. Pause, lay your test aside, and take several slow, deep breaths. Concentrate on your breathing. Do this if you notice that you are worrying excessively about one problem, not reading carefully, forgetting information you know.
- *Pay attention to the test, not to yourself and others. Don't waste time worrying, doubting yourself, wondering how other people are doing, blaming yourself, etc. Don't worry about what you should have done; pay attention to what you can do now.
- *Don't panic when students start handing in their papers. Take the whole period if you need to. There's no reward for being the first done and test-taking is not a race. Often the thoughtful, slower students do better than the fast, careless ones.



Quick Links

Office Phone: 704-296-0154

PWHS & UCPS Information

- [Counseling Department](#)
- [PWHS CTE](#)
- [UCPS Calendar](#)
- [Media Center](#)
- [School Calendar](#)
- [Transportation Bus App \(New!\)](#)
- [Volunteer Information](#)

Instructional Support

- [Student Technology Help Desk](#)
- [Technology Tutorials for Parents and Students](#)
- [EmpowerEd Parent Portal](#)
 - [Mobile Apps, Attendance and Grades, Canvas Access and Tutorials](#)
 - [Tutorial Video](#)

Back to School Forms

- [Free and Reduced Lunch Application](#) (If Applicable)
- [Military Connected](#) (If Applicable) *
- [Notice of Right to Withhold Consent](#) (If Applicable) *
- [Request for Medical Information](#) (Required) *
- [Authorization to Carry Medicine](#) (If Applicable) *

** Indicates physical copy. Please print, complete and return to homeroom teacher, if applicable. Physical copies are available in front office, upon request.*



Quick Links

[PWHS Student Handbook](#)

- Attendance Policy
- Student Dress Code

[Edulog](#) for Bus Transportation Zone

[Parking Pass Info](#)

[Yearbook Information](#)

[Say Something Anonymous Reporting System](#)

Chromebook issues:

- New students report to media center to collect new computer
- Broken computers/computer issues, see Mr. Gaither between 12:00 - 4:00