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Parkwood Wolf Pack Family,

This week is National School Counseling Week! We want to thank our counselors for working hard to Advocate, Empower, Encourage and Problem Solve with our students. Thank you Ms. Davison, Ms. Cauthen, Ms. Onley and Mr. Harris for everything you do.



<u>Remember to follow us on social media:</u> Follow us on Facebook: <u>ParkwoodHSNC</u> Follow us on Twitter: <u>@ParkwoodHSNC</u> Follow us on Instagram: <u>@ParkwoodHSNC</u>



Week of February 5- February 11 School Events

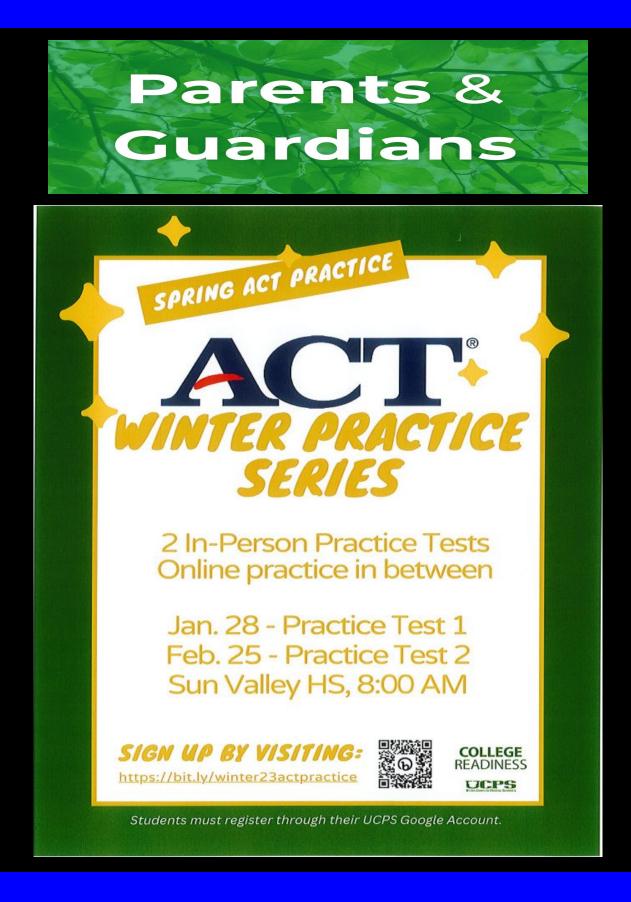
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2/6	2/7	2/8	2/9	2/10	2/11
Union County Parks and Rec. here during lunches	US Army here during lunches	Report Cards Distributed	US Navy here during lunches	Basketball vs Anson 4/5/6/7:30 PM Cheer Senior Night Men's Wrestling Regionals @ North Davidson Indoor Track States @ JDL Fast Track in Winston Salem	Swimming States @ Triangle Aquatic Center in Cary, NC Men's Wrestling Regionals @ North Davidson



Important Information

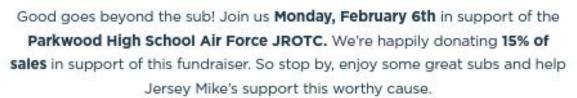












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SUB

VALID ONLY AT: 5922 Weddington Road • Wesley Chapel, NC • 704-776-4847 Valid 2/6/2023 only. See store for details.



Scholarship Information

Visit our <u>Wolf Pack Scholarship</u> page to see scholarship opportunities. We update this document frequently so visit this page to make sure you don't miss something that interests you.

This Week's Highlighted Scholarships

SECU Foundation "People Helping People" Scholarships

- \$10,000 - Deadline: February 21, 2023.

All eligible high school seniors must meet the following requirements:

Must be a senior at a North Carolina public high school

• Must be an SECU member or is eligible for membership through a parent/guardian

• Must be a United States citizen, a resident of North Carolina, and eligible for in-state tuition

• Must be accepted to attend one of the 16 UNC system universities as a full-time undergraduate

• Must have demonstrated scholastic achievement with a 2.5 or higher unweighted GPA on a 4.0 scale

• Must have demonstrated leadership, excellence of character, integrity and community involvement

 Must file FAFSA as part of the application

Interested in becoming nominated? Complete this Interest Form

2023 Weddington Optimist Club Essay Contest - Deadline: February 14, 2023

Essay Topic: Who is an Everyday Hero that brings out the Optimist in you? 700-800 words. Submit essay to Mrs. Johnston at shawn.johnston@ucps.k12.nc.us

TheDream.US Scholarship Program

-TheDream.US offers a scholarship that is available to undocumented, TPS, and DACA students that arrived in the US before November 2017 that wish to apply to and attend Wingate.

Deadline February 28, 2023 Apply here

Texting and Driving Prevention Scholarship

\$1,000 - 1 Award (Deadline: February 10, 2023)
To be eligible for the scholarship a student must:
A) Be about to enroll or currently enrolled in an undergraduate or graduate program, or community college in

the US. High school students may apply if they have been accepted to an accredited college or university.

B) Have a GPA of at least 3.0.

Applications can be found by going to:

https://studentscholarships.org/scholarship/15982/ texting_and_driving_prevention_scholarship



Counseling Meeting Request form:

https://forms.gle/KD2NpkKz8q31xQxZ8 (must be logged into your school google account)

Students fill out the form to request a meeting with their school counselor

School Counseling Support - Support is available for students for mental health concerns. Parents/guardians reach out to your students' school counselor who can assist with a referral to the school social worker or mental health therapist. Robyn Mobley - School Social Worker Thais Yeon - Mental Health Therapist Atrium Health School-Based Virtual Therapy

SPCC CAREER AND COLLEGE PROMISE INFORMATION SESSION

Join us for an information session about Career and College Promise (CCP) program at SPCC.

Topics covered:

Pathways

Eligibility

- Steps to Enrollment
- Career Coach vs. High School Counselor
- SPCC Technology
 Course Load
- Course Load
 Course Instructional Formats
- Accommodations
- Benefits of CCP
- and more

CONTACT INFO

For more information, please contact Secondary Education Partnerships at sep@spcc.edu or 704.290.5090 DATES August 23, 2022 September 13, 2022 October 11, 2022 November 8, 2022 January 17, 2023 February 14, 2023 March 14, 2023 April 11, 2023

All info sessions begin at 6 PM. (Virtual Microsoft Tomus Sensions) HOW TO ATTEND? Simply click the link below to join: Microsoft Teams meeting Join on your computer or mobile app <u>CLICK HERE</u>





2022-2023 UCPS College Readiness Parent & Student Sessions

Scoir for Seniors	August, 2022
College Entrance Exams 101	September, 2022
Paying for College	
Finish the FAFSA On Demand	October, 2022
ACT/SAT Blitz	October, 2022
Union County College Fair	October, 2022
Scoir for Underclassmen Parents	November, 2022
Choosing the Right Path in HS	December, 2022
Getting Ready for College	January, 2023
College Recruiting for Athletes	
ACT Blitz	March, 2023
SAT Blitz	April, 2023
Paying for College	April, 2023
What Makes a Good College Essay	
Scoir for Juniors & Parents	

For info and registration, visit https://bit.ly/collegereadysessions

9 @UCPSCollegePrep

ucpscolleger



National School Counseling Week February 6-10 A huge THANK YOU to our counselors that go above and beyond for our students every day!





NCSEAA (North Carolina State Education Assistance Authority) is offering a <u>How to Pay for College Series</u> webinar. Week 2 is February 9th from 6-7 PM and the topic is "Scholarships- Ask the Experts panel" where they will bring together experts who lead scholarship programs at various organizations throughout North Carolina. The best scholarships are local ones, and these experts will share where to look for scholarships you qualify for and how to put your best foot forward in your application. Use the blue link above to register for this important information.



COLLEGE SCHOLARSHIPS

Each year, Union Power offers high school seniors, attending North Carolina accredited colleges and/or universities, the opportunity to apply for a \$1,000 scholarship.

CALLING ALL SENIOR APPLICATION DEADLINE: MARCH 1ST SCAN THE QR CODE to apply

Union Power Cooperative



ACT/SAT Testing for Juniors

• All juniors will take the ACT on March 7, 2022 at school. This is a required state test for juniors. Students will be registered at school for this test date. There is no cost for this administration.

• Students need to check with the colleges they are interested in to see if an ACT or SAT test is required.

For additional testing students may register for a Saturday national test. There is a fee for national testing.

Students who have a financial need should check with their counselor if they are eligible for fee waiver

• You can send your scores to 4 colleges with no extra fee when signing up for the test. If you do not list the colleges when registering you will have to pay to send them later if you want the college to receive your scores

2022-2023 ACT Spring National Test Dates

 For ACT register at <u>https://www.act.org/</u> 			
ACT Test Date	Registration Deadline	(Late Fee Required)	Standby Deadline/Photo Upload Deadline
April 15, 2023	March 10, 2023	March 24, 2023	April 7, 2023
June 10, 2023	May 5, 2023	May 19, 2023	June 2, 2023
July 15, 2023	June 16, 2023	June 23, 2023	July 7, 2023

2022-2023 SAT Spring National Test Dates

For SAT register at https://satsuite.collegeboard.org/sat/registration

SAT Date	Registration Deadline	Deadline for Changes, Regular Cancellation, and Late Registration
March 11, 2023	February 10, 2023	February 28, 2023
May 6, 2023	April 7, 2023	April 25, 2023
June 3, 2023	May 4, 2023	May 23, 2023

Free Preparation for both ACT and SAT:

ALBERT - access on high school start up page, log in with Clever

Students have access to a timed practice ACT or SAT assessment, each section can be taken separately. Once students have completed the timed test, they can practice.

Scroll to the bottom of the landing page on Albert and choose the subject from the "Independent Practice" section <u>https://www.march2success.com/</u>

Both ACT and SAT Prep

Free ACT Prep:

· From ACT:

https://www.act.org/content/act/en/products-and-services/the-act/test-preparation/free-act-test-prep.html

Free SAT Prep: https://www.khanacademy.org/sat



Looking for Summer Education Options?



Students can now apply online for the 2023 Summer Term High School Programs at Boston University, via <u>our website</u>. This coming summer, they are offering five pre-college programs, each of which provides rigorous and collaborative college life experiences that will enable students to gain a strong sense of their personal and academic potential. Here is a brief overview of each:

<u>High School Honors</u> is a six-week residential, commuter, or online program in which students take Boston University undergraduate courses and earn up to 8 transferable college credits. Students must be entering their junior or senior year of high school in fall 2023.

<u>RISE Internship/Practicum</u> is a six-week, non-credit residential or commuter program in which students conduct scientific research in a university lab under the guidance of a faculty mentor. Students must be entering their senior year of high school in fall 2023.

<u>Academic Immersion (AIM)</u> is a three-week, non-credit residential or commuter program for students to focus intensively on a single academic topic while experiencing life on a college campus. This summer we are offering three AIM tracks: Introduction to Experimental Psychology; Introduction to Medicine; and Creative Writing. Each track combines classroom work in the subject area with hands-on experiential learning activities. Students must be entering their junior or senior year of high school in fall 2023.

<u>Summer Challenge</u> is a two-week residential or online program in which students take two non-credit seminars of their choice and experience college life. Students must be entering their sophomore, junior, or senior year of high school in fall 2023.

<u>Summer Preview</u> is a one-week, non-credit residential or commuter program in which students explore one subject of interest while previewing the college experience. Students must be entering eighth grade or their freshman or sophomore year of high school in fall 2023.



Looking for Summer Education Options?



For students curious about what it means to be a journalist, reporting and producing news that informs communities, the Scripps Howard Emerging Journalists Program at Elon University provides the ideal platform to explore their media interests.

Visit Elon University's website at <u>Elon University / School of Communications / Scripps Howard Emerging Journalists</u> <u>Program at Elon</u> for more information on the application.

The goal is to engage hundreds of high school students from around the country, providing hands-on journalism experience. Through the program's virtual Exposure component, students will participate in four interactive learning sessions and build foundational journalism skills.

The second phase of the program, Immersion, brings high school juniors to Elon for a summer on-campus residential learning workshop.

Additionally, students who complete the Immersion program will be assigned two mentors — an Elon communications student and a professional journalist — to help identify, report and produce multimedia stories during their senior year of high school.

There are countless opportunities in journalism, and the Exposure component of the Emerging Journalists Program is designed to give you the foundational skills to see what a collegiate or professional career could look like as a storyteller.

What's involved

Participants in the Exposure experience get access to virtual educational opportunities throughout spring 2023 to learn about journalism and communications careers and the importance and power of their voice. Although each session assumes no previous journalism knowledge, even students who already are involved in high school publications will walk away with new skills and perspectives.

What you get

*Four learning sessions on foundational journalism skills, including News Gathering & Writing; Editing & Design; Photojournalism & Multimedia Broadcast; and Law & Ethics.

*A certificate of completion for completing all four session assessments.

*High school juniors from diverse socio-economic, racial or ethnic backgrounds who successfully complete the Exposure experience will be invited to apply for the Immersion experience, a 12-day, experiential learning workshop on Elon University's campus with travel, lodging, meal and instructional expenses paid for by EJP.

Who's eligible

Anyone may apply to take part in the Exposure experience. There is no cost, although participants will need to have access to technology for accessing virtual sessions and completing assessments.



Looking for Summer Education Options?



Each Pre-College program will run from Sunday to Friday, with topics spanning the arts and sciences. All students will live on campus to fully experience university life and the surrounding community. The program cost, which starts at \$1,350, includes lodging, meals, course materials, activities and excursions.

Dates for our Summer 2023 Pre-College Programs are **June 18-23** and **June 25-30** with several programs offered multiple weeks.

Topics include:

- Pre-Med
- River Ecology & Adventure
- Great Smokies Young Writers Workshop (Creative Writing)
- Film Scoring & Sound Design
- Ceramics
- Climate, Robotics, Rocketry & Aerospace Engineering
- Geology & Adventure
- Meteorology
- Music Composition & Songwriting

For more information or to register, please visit https://camps.unca.edu/pre-college

If you have any questions, feel to reach out to us at camps@unca.edu or 828-251-6960.



Looking for Summer Education Options?



The Wake Forest Summer Immersion Program is a unique opportunity for students to dive into a field-of-study or career pathway, and experience life on-campus.

- Participate in hands-on activities with Academic Leaders and students from around the world
- Network with leading experts and professionals in various professional fields
- Experience college life and all that Wake Forest has to offer

On-Campus Institutes



Clemson Career Workshop is designed to expose high-achieving, underrepresented high school students to higher education and, more specifically, Clemson University. We are currently recruiting current high school sophomores that will be juniors after this summer, to participate in our two-year program.

We offer scholarships to CCW students who attend Clemson and want to reach as many students as possible. Please forward this application to any underrepresented student you know who is in the top 20% of their class and will be a rising junior this upcoming summer. The application deadline is March 3, 2023. Find the Application here:

https://clemson.ca1.qualtrics.com/jfe/form/SV_0SoC2kNn978yCdE



COLLEGE PLANNING TIMELINE

For 9th Grade & 10th Grade

- · Take courses that challenge you.
- \cdot Use Major Clarity to explore course options such as honors, AP, and Career Pathways.
- · Pursue extracurricular interests such as clubs, sports or community service.
- · Take the PreACT in fall, required school test.
- \cdot Start using free ACT and SAT test prep resources.
- \cdot Review your goals for the future with your counselor.
- \cdot Use Major Clarity and SCOIR (on high school start up page) to begin exploring careers and colleges.
- · Check admission requirements for colleges that interest you.

For 11th Grade

- · Take the PSAT in October. Must sign up through school, as test is optional.
- · Prep for the ACT & SAT tests using ALBERT in high school start up page.
- · Attend college fairs and financial aid workshops.
- · Visit colleges.
- · Use SCOIR & CFNC.org to start researching scholarships, grants and loans.
- · Talk with coaches about college sports and scholarship eligibility.
- · Take required school day test for ACT in spring.
- \cdot To take an additional ACT or SAT register online to take on a Saturday.
- · Narrow down list of colleges.
- · Plan your senior year courses carefully.



The focus of the PWHS Counseling Center is to provide students with support in their academic, career, and personal/social development. The counselors assist students with scheduling, course selection, career exploration, college and scholarship advising, coping with peer pressure and stress, developing time management skills and more.

Counseling Department Staff

Troy Harris - 9th Grade and 10th Grade last names A-F <u>troy.harris@ucps.k12.nc.us</u> Shari Davison - 10-12th Last names G-M & 12th A-F <u>shari.davison@ucps.k12.nc.us</u>

Terri Onley - 10-12th Last names N-Z & 11th A-F terri.onley@ucps.k12.nc.us

Lisa Cauthen - Student Support Counselor lisa.cauthen@ucps.k12.nc.us

Shawn Johnston - Counseling Center Administrative Assistant shawn.johnston@ucps.k12.nc.us

Valerie Simmeth - Career Development Coordinator

valerie.simmeth@ucps.k12.nc.us

Upcoming University Visits

We are bringing colleges, universities and trade schools to Parkwood to visit with you. You are allowed to sign up for 3 visits per semester and you must be passing the class that you will be missing to attend the information session. Please use Scoir to sign up for the visits you are interested in attending. This <u>Google Form</u> is updated when we have new opportunities for you so make sure you check it often. On the day of the visit, we will bring a hallway pass to your teacher for you to use to attend the session.



Athletics

Michael Helms Athletic Director <u>michael.helms@ucps.k12.nc.us</u>

PWHS Athletic Website

<u>All Sports Passes</u> on sale for students! Can be purchased on ticket site. \$50 to enter all in season home games for the year! The passcode is your student ID #. It is good for the purchase of 1icket.

Purchase Tickets Here: https://parkwoodathleticzone.com/event-tickets

Winter Sports

Head Coach

Mike Helms

Email

Men's Varsity Basketball Head Coach
Women's Varsity Basketball Head Coach
Wrestling Head Coach
Swimming/Diving Head Coach

Indoor Track Head Coach

Cheerleading Varsity Head Coach

Spring Sports

Baseball Varsity Head Coach Men's Golf Head Coach Men's Lacrosse Head Coach Men's Tennis Head Coach Men's Track and Field Head Coach Softball Varsity Head Coach Women's Lacrosse Head Coach Women's Track and Field Head Coach Jesse Boyce Chris Linthicum Susan Rhoads Astrid Weddle Heather McWhorter

Head Coach

Chad Nichols Samuel Mobley TBD Kristy Erdelyi Grover Moore Mary Hughes Nicole Gress TBD

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astrid.weddle@ucps.k12.nc.us
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Entering Parkwood High School now that the Roundabout is open

- Parents dropping off their students will need to use the main Parkwood School Road entrance to the high school.
- All student drivers will need to enter campus from Crow Road and will need to display their 2022-2023 PWHS parking pass to be admitted at that entrance. All other drivers will need to use the entrance at Parkwood School Road.
- Students will need to be in their classes by 8:30 to begin their day.



 Remind your student(s) when they have parent permission to leave campus, they need to sign out with Ms. Reeder at the front of the school.





With a new school year comes a need to make sure that we have the correct contact information for all our families. Please take a moment and verify in PowerSchool that the following are still correct:

- Contact Names
- Contact Numbers
- Contact Emails

Keep in Mind- You will need to show your ID when coming to the school so please remember to bring it with you.





Parents and Guardians: Please use this link to view a video regarding Vaping that was presented at the UCPS Parent Education Series event at Monroe High School on October 27, 2023. If you have any questions regarding this valuable information, please feel free to reach out to the school or your student's counselor. Thank you.



Important Information

Bell 202	UCPS students will no longer receive free breakfast and/or lunch for the 2022-23 school year.	
		Lunch and breakfast prices will be as follows:
Breakfast	8:00-8:25	Breakfast \$1.75 per day
		Lunch \$3.85 per day
Block 1	8:30-10:05	If you feel your family may qualify for free or reduced meals, UCPS
Block 2	10:10-11:45	encourages parents to complete the <u>meal</u> <u>application</u> before the start of the school year.
Block 3	11:50-1:49	Breakfast and lunch account charges will begin on the first day of school,
ANNOUNCEM	ENTS 11:50-11:53	which is August 29. If your application is approved, families may be eligible for the following benefits:
1 st Lunch	11:53-12:19	- Free or reduced-priced breakfast and lunch meals
2 nd Lunch	12:23-12:49	Click <u>here</u> for more
3 rd Lunch	12:53-1:19	information on meal prices.
4 th Lunch	1:23-1:49	Click <u>here</u> to set up an account to make payments and monitor your child's lunch account.
Block 4	1:54-3:30	If you have questions or need a paper copy of the application, please contact School Nutrition at 704-296-3000



Important Information

Advisory Bell Schedule (On Wednesdays) 2022-2023

Breakfast	8:00-8:25	
Block 1	8:30-9:55	
Advisory	10:00-10:25	
Block 2	10:30-11:55	
Block 3	12:00-1:59	
ANNOUNCEMENTS 12:00-12:04		
1 st Lunch	12:04-12:30	
2 nd Lunch	12:34-1:00	
3 rd Lunch	1:04-1:30	
4 th Lunch	1:34-2:00	
Block 4	2:05-3:30	





Mark your calendars:

College/Career/Military Fair February 15

Early Release Day February 17

Teacher Work Day-No School February 27

ACT Blitz 10-12 PM PWHS Auditorium March 4

Early Release Day March 16

Teacher Work Day-No School March 17

Spring Break- No School April 7-April 14

Prom May 6

Graduation June 13 at 8 AM in Wolf Pack Stadium



Have a teacher you'd like to recognize? This is the place! Please give a shout-out to a teacher who makes a difference in your student's life!

https://bit.ly/PWHSTeacherThankYou





Quick Links

Office Phone: 704-296-0154

PWHS & UCPS Information

- <u>Counseling Department</u>
- <u>PWHS CTE</u>
- UCPS Calendar
- Media Center
- <u>School Calendar</u>
- <u>Transportation Bus App (New!)</u>
- Volunteer Information

Instructional Support

- <u>Student Technology Help Desk</u>
- Technology Tutorials for Parents and Students
- EmpowerEd Parent Portal
 - <u>Mobile Apps, Attendance and Grades, Canvas Access and</u> <u>Tutorials</u>
 - <u>Tutorial Video</u>

Back to School Forms

- Free and Reduced Lunch Application (If Applicable)
- Military Connected (If Applicable) *
- Notice of Right to Withhold Consent (If Applicable) *
- <u>Request for Medical Information</u> (Required) *
- <u>Authorization to Carry Medicine</u> (If Applicable) *

* Indicates physical copy. Please print, complete and return to homeroom teacher, if applicable. Physical copies are available in front office, upon request.



Quick Links

<u>PWHS Student Handbook</u>

- Attendance Policy
- Student Dress Code

Edulog for Bus Transportation Zone

Parking Pass Info

Yearbook Information

Say Something Anonymous Reporting System

Chromebook issues:

- New students report to media center to collect new computer
- Broken computers/computer issues, see Mr. Gaither between 12:00 4:00