

Wolf Pack Press



Dear Parkwood Wolf Pack Family,

This Friday is the last day in the first grading period. If your student is missing any assignments, now is the time for them to buckle down. Please encourage them to take advantage of every opportunity their teachers are offering them. If they are having trouble understanding, please suggest that they let their teachers know that they need help.

We missed our students Friday, but appreciate that UCPS always puts safety first for all of our students and staff. We can't wait to see you Monday as we finish out the last week of the first grading period - working daily to pursue academic excellence.

Gooooo Wolf Pack!

Looking forward to another wonderful Wolf Pack week!

Dr. Tracy Strickland, Principal

Remember to follow us on social media:

Follow us on Facebook: [ParkwoodHSNC](#)

Follow us on Twitter: [@ParkwoodHSNC](#)

Follow us on Instagram: [@ParkwoodHSNC](#)



New Staff @ PWHS

WELCOME ABIGAIL DIAZ

Art Teacher

Hello! I am the daughter of the infamous Ashley Diaz, and I will be teaching Visual Arts this year! I am so happy to be returning home to the Wolf Pack with a year of teaching at RHHS under my belt and after graduating from UNCC with a double major in Art Ed and Art History. I love to cook, go to the beach, and spend time with my family and my high school sweetheart. I am so grateful to be in my dream job working with an absolute dream team!



WELCOME DANA FANT

CTE Marketing

I grew up in Conover/Hickory, NC but taught for 9 years in Machesney Park, IL. I went to Radford University in Radford, Virginia. I'm married with three daughters ages 17, 13, and 8. We have a 5lb. Morkie named Coco and a bearded dragon named Milo. Hobbies.....who has time? I'm usually watching my kids play sports most weeknights and weekends. I'm a huge Virginia Tech fan (even when they aren't doing so great). My ideal vacation spot is anywhere warm!



WELCOME BRANDIE GARRISON

TTA Assistant

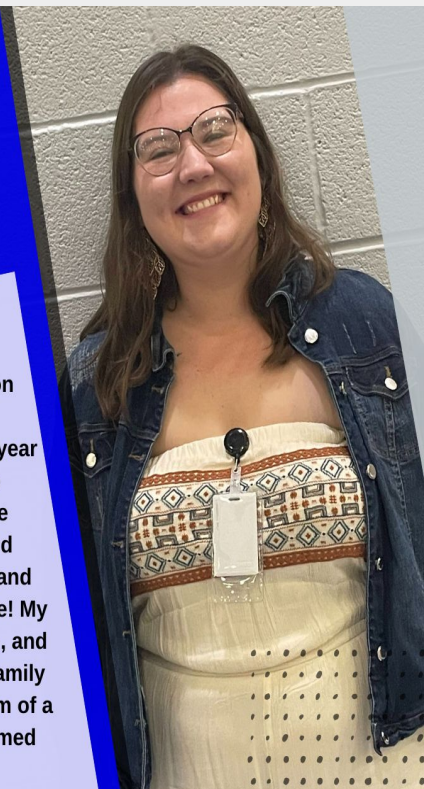
Last year I was a sub at PWHS and loved it so much that I decided to stay! Before coming to PW I was a Prek teacher for 10 years. I grew up in Vermont and attended Champlain College. In June I'll be married for 20 years. My husband Don and I have 3 children. My oldest graduated last year from PW, and attends the University of North Florida. I have a sophomore at Parkwood and a 10-year-old at Prospect. I enjoy traveling and watching my children play sports.



WELCOME JESSICA GUION

TTA Assistant

I am a new teacher assistant in the Transition to Adulthood (TTA) classroom! It is my first year at Parkwood and I am so excited to be a part of the Wolf Pack. I was born and raised in Union County, and have lived here all my life! My hobbies include cooking, and spending time with my family and fiancé. I am dog mom of a Goldendoodle puppy named Gronk!





Important Information

Bell Schedule 2022-2023

Breakfast	8:00-8:25
Block 1	8:30-10:05
Block 2	10:10-11:45
Block 3	11:50-1:49

ANNOUNCEMENTS 11:50-11:53

1 st Lunch	11:53-12:19
2 nd Lunch	12:23-12:49
3 rd Lunch	12:53-1:19
4 th Lunch	1:23-1:49

Block 4	1:54-3:30
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UCPS students will no longer receive free breakfast and/or lunch for the 2022-23 school year.

Lunch and breakfast prices will be as follows:

Breakfast \$1.75 per day

Lunch \$3.85 per day

If you feel your family may qualify for free or reduced meals, UCPS encourages parents to complete the [meal application](#) before the start of the school year.

Breakfast and lunch account charges will begin on the first day of school, which is August 29. If your application is approved, families may be eligible for the following benefits:

- Free or reduced-priced breakfast and lunch meals

Click [here](#) for more information on meal prices.

Click [here](#) to set up an account to make payments and monitor your child's lunch account.

If you have questions or need a paper copy of the application, please contact School Nutrition at 704-296-3000



Important Information

Advisory Bell Schedule (On Wednesdays) 2022-2023

Breakfast	8:00-8:25
Block 1	8:30-9:55
Advisory	10:00-10:25
Block 2	10:30-11:55
Block 3	12:00-1:59
ANNOUNCEMENTS 12:00-12:04	
1 st Lunch	12:04-12:30
2 nd Lunch	12:34-1:00
3 rd Lunch	1:04-1:30
4 th Lunch	1:34-2:00
Block 4	2:05-3:30



Attendance
Matters
...every school day counts!



Mark your calendars:

North Carolina Central
University @ PWHS
October 4

Teacher Workday
(No school for students)
October 5

UNC Asheville @ PWHS
October 6

Wingate University @
PWHS
October 6

End of the 1st Term
October 7

Union County
College Fair
October 16

College Application Week
October 17 - 21

Miss Parkwood
Pageant October 22

Prom May 6

Graduation June 13 at 8 AM
in Wolf Pack Stadium



Athletics

PWHS Athletic Website

Rocky Richar
Athletic Director
rocky.richar@ucps.k12.nc.us

All Sports Passes on sale for students! Can be purchased on ticket site. \$50 to enter all in season home games for the year! The passcode is your student ID #. It is good for the purchase of 1 ticket.

Purchase Tickets Here: <https://parkwoodathleticzone.com/event-tickets>

Week of October 2 - October 8 Athletic Events

Monday 10/3	Tuesday 10/4	Wednesday 10/5	Thursday 10/6	Friday 10/7	Saturday 10/8
Volleyball vs Forest Hills 4:30/5:30 PM Womens Tennis @ Monroe 4 PM Mens Soccer @ West Stanly 6 PM	Womens Golf @Stonebridge Golf Club 4 PM	No Events	Womens Tennis vs Queens Grant 4 PM Volleyball vs West Stanly 4:30/5:30 PM JV Football vs West Stanly 6:30 PM Cross Country Meet @ McAlpine Mens Soccer @ Monroe 6 PM	Varsity Football @ West Stanly 7 PM	No Events



Congratulations!

Parkwood High School would like to congratulate Dr. Strickland for being named a top 10 finalist for UCPS Principal of the Year!! We are very proud of you!



Together We CAN End Hunger

WE ♥ KIDS  **Atrium Health**



SCHOOL MOBILE PANTRY

Join us at the school to receive produce, meat and dairy items for your family.

Date: Thursday October 6

Time: 5:00PM - 6:00PM

Location: Monroe Middle School

601 E Sunset Dr, Monroe, NC 28112

Thanks to our friends from **Atrium Health** for their partnership in our School Mobile Pantry program.

SecondHarvestMetrolina.org



Together We CAN End Hunger

WE ♥ KIDS  **Atrium Health**



Repartición de Comida Gratis Para la Escuela

Únase a nosotros en la escuela para recibir vegetales, carne y lácteos para su familia.

Día: Thursday October 6

Hora: 5:00PM - 6:00PM

Lugar: Monroe Middle School

601 E Sunset Dr, Monroe, NC 28112

Gracias a nuestros amigos de **Atrium Health** por su asociación en nuestra escuela del programa despensa móvil.

SecondHarvestMetrolina.org





Entering Parkwood High School now that the Roundabout is open

- Parents dropping off their students will need to use the main Parkwood School Road entrance to the high school.
- All student drivers will need to enter campus from Crow Road and will need to display their 2022-2023 PWHS parking pass to be admitted at that entrance. All other drivers will need to use the entrance at Parkwood School Road.
- Students will need to be in their classes by 8:30 to begin their day.



- Remind your student(s) when they have parent permission to leave campus, they need to sign out near Ms. Reeder's desk at the front of the school.



Parents & Guardians

With a new school year comes a need to make sure that we have the correct contact information for all our families. Please take a moment and verify in PowerSchool that the following are still correct:

- Contact Names
- Contact Numbers
- Contact Emails

Keep in Mind- You will need to show your ID when coming to the school so please remember to bring it with you.



Counseling

The focus of the PWHS Counseling Center is to provide students with support in their academic, career, and personal/social development. The counselors assist students with scheduling, course selection, career exploration, college and scholarship advising, coping with peer pressure and stress, developing time management skills and more.

Counseling Department Staff

Troy Harris - 9th Grade and 10th Grade last names A-F

troy.harris@ucps.k12.nc.us

Shari Davison - 10-12th Last names G-M & 12th A-F

shari.davison@ucps.k12.nc.us

Terri Onley - 10-12th Last names N-Z & 11th A-F

terri.onley@ucps.k12.nc.us

Lisa Cauthen - Student Support Counselor

lisa.cauthen@ucps.k12.nc.us

Shawn Johnston - Counseling Center Administrative Assistant

shawn.johnston@ucps.k12.nc.us

Valerie Simmeth - Career Development Coordinator

valerie.simmeth@ucps.k12.nc.us

Kasey Boudreau- Counseling Intern

kasey.boudrea@ucps.k12.nc.us

Upcoming University Visits

We are bringing colleges, universities and trade schools to Parkwood to visit with you. You are allowed to sign up for 3 visits per semester and you must be passing the class that you will be missing to attend the information session. Please use Scoir to sign up for the visits you are interested in attending. This [Google Form](#) is updated when we have new opportunities for you so make sure you check it often. On the day of the visit, we will bring a hallway pass to your teacher for you to use to attend the session.



Counseling

Scholarship Information

Visit our [Wolf Pack Scholarship](#) page to see scholarship opportunities. We update this document frequently so visit this page to make sure you don't miss something that interests you.

This Week's **Highlighted** Scholarships

Park Scholarships at NC State University

Students are selected based on scholarship, leadership, service, and character. A complete description of each quality is available [here](#). For more information, please visit:

<http://park.ncsu.edu/>. Deadline to submit Park application: **November 1, 2022**

Union County Christmas Parade Princess

Are you a senior interested in being nominated to be the Union County Christmas Parade Princess and be in the running to become awarded the Alex Kahle Memorial Scholarship? Complete the nominee inquiry form <https://forms.gle/ZGvDJjHBdnqTntmg7> by **October 12, 2022**.

AES Engineering Scholarship:

A \$500 scholarship will be awarded to a student on the basis of character, as determined by evaluation of the essays that are submitted. Scholarships are intended for our future leaders across a wide spectrum of fields of study. This award is available to high school seniors and all students attending a post-secondary educational facility. To apply, students must submit an essay of between 500 and 1000 words in response to the following question: When you look back on your life in 30 years, what would it take for you to consider your life successful? What relationships or accomplishments will be important on this journey? Please email your essay response to

scholarships@aesengineers.com. For more information, please visit <http://www.aesengineers.com/scholarships.htm> Deadline: **October 8, 2022**

John Montgomery Belk Scholarship-Davidson College

More information can be found at [John M. Belk Scholarship | Davidson](#) Deadline to [submit interest form](#) and [senior brag sheet in SCOIR](#) to be considered as the school nominee: **November 15, 2022**. Deadline for nominees to submit a completed admission application: December 15, 2022.



Students fill out the form to request a meeting with their school counselor

Atrium Health School-Based Virtual Therapy



**COLLEGE
READINESS**

2022-2023 UCPS College Readiness Parent & Student Sessions

Scoir for Seniors.....	August, 2022
College Entrance Exams 101.....	September, 2022
Paying for College.....	October, 2022
Finish the FAFSA On Demand.....	October, 2022
ACT/SAT Blitz.....	October, 2022
Union County College Fair.....	October, 2022
Scoir for Underclassmen Parents.....	November, 2022
Choosing the Right Path in HS.....	December, 2022
Getting Ready for College.....	January, 2023
College Recruiting for Athletes.....	February, 2023
ACT Blitz.....	March, 2023
SAT Blitz.....	April, 2023
Paying for College.....	April, 2023
What Makes a Good College Essay...	May, 2023
Scoir for Juniors & Parents.....	May, 2023

For info and registration, visit <https://bit.ly/collegereadysessions>.



@UCPSCollegePrep



ucpscollegeready

See your counselor at lunch in the Counseling Department or make an appointment to see them at a time other than lunch.

Virtual Student Sessions will be held all October long through CFNC.org. Topics include career planning; the FAFSA form; N.C. Residency; College Application Week assistance; and more. Register to attend [here](#).





Take
Note

CACRAO Union County College Fair
at CATA on Sunday, October 16th at 2pm
Students of all grade levels are encouraged to attend.



Career & College Promise Program Interest for Spring 2023

If you are interested in taking classes at South Piedmont Community College in Spring 2023 please complete the following interest form: <https://forms.gle/qQovbnth4eGRWnZu6> by October 14th.

11th & 12th grade - Transfer Pathways & CTE Pathways - must have an unweighted GPA of 2.8

9th & 10th grade - Must meet certain requirements. May only enroll in the following CTE Pathways: Engineering, Industrial, Agriculture and Natural Resources, or Transportation Systems, Construction and Business Technologies programs that do not contain UGETC transferable courses



College Foundation of North Carolina is holding an inaugural Virtual Career Fair: Trades & Apprenticeship on October 4 from 3:30-5:00 PM. This career fair will focus on *trades and apprenticeships* that have a connection to the NC Community Colleges. Students are encouraged to register to attend at <https://cfnc.app.neoncrm.com/event.jsp?event=1&>



Quick Anxiety Reducing Strategies

1. Take slow deep breaths and count to 10 before reacting or responding.
2. Find a quiet spot to relax/escape the stressful chaos for 10 minutes.
3. Tense up your whole body (clench your fists, etc.), hold, and slowly release the tension while exhaling. Repeat 10 times.
4. Close your eyes and take a quick mental vacation to your favorite spot. Example: Beach- feel the sun, imagine the sand between your toes, hear the crashing waves.
5. Positive self talk- Talk yourself down by saying positive things to yourself. Boost your confidence.



Parking Passes now available for SOPHOMORES to purchase!

- All student fees must be paid prior to purchasing a parking pass.
- Please refer to Quick Links page in this communication to complete the process to purchase a parking pass.



Back to School Toolkit

Office Phone: 704-296-0154

PWHS & UCPS Information

- [Counseling Department](#)
- [PWHS CTE](#)
- [UCPS Calendar](#)
- [Media Center](#)
- [School Calendar](#)
- [Transportation Bus App \(New!\)](#)
- [Volunteer Information](#)

Instructional Support

- [Student Technology Help Desk](#)
- [Technology Tutorials for Parents and Students](#)
- [EmpowerEd Parent Portal](#)
 - [Mobile Apps, Attendance and Grades, Canvas Access and Tutorials](#)
 - [Tutorial Video](#)

Back to School Forms

- [Free and Reduced Lunch Application](#) (If Applicable)
- [Military Connected](#) (If Applicable) *
- [Notice of Right to Withhold Consent](#) (If Applicable) *
- [Request for Medical Information](#) (Required) *
- [Authorization to Carry Medicine](#) (If Applicable) *

** Indicates physical copy. Please print, complete and return to homeroom teacher, if applicable. Physical copies are available in front office, upon request.*



Quick Links

[PWHS Student Handbook](#)

- Attendance Policy
- Student Dress Code

[Edulog](#) for Bus Transportation Zone

[Parking Pass Info](#)

[Yearbook Information](#)

Chromebook issues:

- New students report to media center to collect new computer
- Broken computers/computer issues, see Mr. Gaither between 12:00 - 4:00