

# Wolf Pack Press



Dear Parkwood Wolf Pack Family,

This past Friday, 10/7/2022, was the last day of the first grading period. Students worked very hard to make sure that they had completed assignments so that they were reflected in their grades. There's still a lot of semester left for students who are not satisfied with their grades to pull them up! Never give up. Encourage students to talk with their teachers about ways that they can improve their grades. We have some amazing scholars at Parkwood High School and are super proud of the academic progress they demonstrate every grading period!

We also need to remind you that our attendance policy aligns with the UCPS Board of Education student attendance policy. Please make sure that you have reviewed the attendance policy in the Student Handbook linked in this Wolf Pack Press.

There's a lot going on at Parkwood High School. Take advantage of every opportunity to be involved, learn about colleges, speak with counselors about your plans for the future. We love to hear students excited about their future plans! College Application Week is coming up soon – October 17 – 21. We'll be talking a lot about college and students' future plans throughout that week.

Dr. Tracy Strickland, Principal

**Remember to follow us on social media:**

**Follow us on Facebook:** [ParkwoodHSNC](#)

**Follow us on Twitter:** [@ParkwoodHSNC](#)

**Follow us on Instagram:** [@ParkwoodHSNC](#)



# New Staff @ PWHS

## WELCOME EMILY HEDLUND

EC Teacher

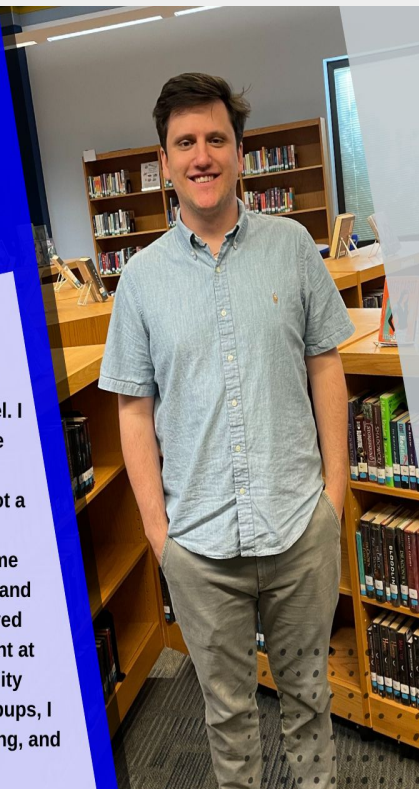
I am a new EC Teacher here at PW. Previously, I was an EC assistant for 6 years. I was born and raised in Fort. Lauderdale, Florida. Go Fins! I love my family, the beach, and the sunshine. I attended the Art Institute of Pittsburgh. I have lived in Mineral Springs, NC for almost 15 years. I have 3 incredible daughters who I couldn't be more proud of. As my dad would say, "Teaching is in our blood". Both my parents are retired teachers and I am excited to carry on the tradition.



## WELCOME JEFFREY LIPACK

English Teacher

This marks my fourth year teaching, however, it is my first at the high school level. I received my undergraduate degree at the University of South Carolina and then got a master's at George Mason University. I spent some time teaching at George Mason and then, after graduating, moved back to Charlotte and taught at Central Piedmont Community College. I have two husky pups, I love writing/reading, cooking, and watching football.



## WELCOME IAN MCGROUTHER

CTE Agriculture

Hello. I am a first-year teacher. I teach Animal Science and co-advise the Parkwood FFA Chapter. I grew up in Union County and am strongly connected to local agriculture. I graduated from NC State, receiving a degree in Agriculture Education. In my free time, I enjoy camping and walking; one of my favorite places to do both is Cane Creek Park. I am super excited about joining the team at Parkwood!



## WELCOME ROBYN MOBLEY

Social Worker

I was raised in Charlotte, NC. I graduated from NC A&T in 2015 with my Bachelors of Social Work. I began to work for DSS where my passion for families and children revealed my purpose. I went to graduate school and obtained my Masters of Social Work from Winthrop University. My husband and I have a four-year-old daughter. We enjoy spending time with family, outdoor activities, and traveling. I love Mexican and Soul food. Kindness is FREE! Happiness is a Choice! Choose it!





# Important Information

## Bell Schedule 2022-2023

|           |             |
|-----------|-------------|
| Breakfast | 8:00-8:25   |
| Block 1   | 8:30-10:05  |
| Block 2   | 10:10-11:45 |
| Block 3   | 11:50-1:49  |

## ANNOUNCEMENTS 11:50-11:53

|                       |             |
|-----------------------|-------------|
| 1 <sup>st</sup> Lunch | 11:53-12:19 |
| 2 <sup>nd</sup> Lunch | 12:23-12:49 |
| 3 <sup>rd</sup> Lunch | 12:53-1:19  |
| 4 <sup>th</sup> Lunch | 1:23-1:49   |

|         |           |
|---------|-----------|
| Block 4 | 1:54-3:30 |
|---------|-----------|

UCPS students will no longer receive free breakfast and/or lunch for the 2022-23 school year.

Lunch and breakfast prices will be as follows:

Breakfast \$1.75 per day

Lunch \$3.85 per day

If you feel your family may qualify for free or reduced meals, UCPS encourages parents to complete the [meal application](#) before the start of the school year.

Breakfast and lunch account charges will begin on the first day of school, which is August 29. If your application is approved, families may be eligible for the following benefits:

- Free or reduced-priced breakfast and lunch meals

Click [here](#) for more information on meal prices.

Click [here](#) to set up an account to make payments and monitor your child's lunch account.

If you have questions or need a paper copy of the application, please contact School Nutrition at 704-296-3000





# Important Information

## Advisory Bell Schedule (On Wednesdays) 2022-2023

|                       |             |
|-----------------------|-------------|
| Breakfast             | 8:00-8:25   |
| Block 1               | 8:30-9:55   |
| Advisory              | 10:00-10:25 |
| Block 2               | 10:30-11:55 |
| Block 3               | 12:00-1:59  |
| ANNOUNCEMENTS         | 12:00-12:04 |
| 1 <sup>st</sup> Lunch | 12:04-12:30 |
| 2 <sup>nd</sup> Lunch | 12:34-1:00  |
| 3 <sup>rd</sup> Lunch | 1:04-1:30   |
| 4 <sup>th</sup> Lunch | 1:34-2:00   |
| Block 4               | 2:05-3:30   |



Attendance  
Matters  
...every school day counts!



## Mark your calendars:

Union County College Fair @  
CATA  
October 16

Report Cards Distributed  
October 17

College Application Week  
October 17 - 21

Make-up Portraits  
October 18

Blood Drive  
October 19

Marching Band (Providence  
Cup) @ Providence High  
October 22

Marching Band (Fall  
Festival) @ NW Guilford HS  
October 29

Prom May 6

Graduation June 13 at 8 AM  
in Wolf Pack Stadium



# PWHS Calendar

## Week of October 9 – October 15 School Events

| Monday<br>10/10 | Tuesday<br>10/11  | Wednesday<br>10/12  | Thursday<br>10/13   | Friday<br>10/14  | Saturday<br>10/15 |
|-----------------|---|---|---|--|-------------------|
| No Events       | University of Alabama @ PWHS<br><br>US Army @ PWHS during all lunches<br><br>Men's Soccer vs Anson 6 PM<br><br>Volleyball @ Monroe 4:30/5:30 PM | University of Toledo @ PWHS during all lunches<br><br>Department/ PLC meetings<br><br>Women's Golf @ Red Bridge Golf Club | US Navy @ PWHS during all lunches<br><br>Men's Soccer vs Forest Hills 6 PM<br><br>Volleyball @ Anson High 4:30/5:30 PM<br><br>JV Football @ Monroe 6:30 PM<br><br>Women's Tennis (RRC Tournament) | Band Booster BBQ Sale<br><br>Varsity Football vs Monroe 7 PM | No Events         |



# Athletics

PWHS Athletic Website

Rocky Richar  
Athletic Director  
rocky.richar@ucps.k12.nc.us

**All Sports Passes** on sale for students! Can be purchased on ticket site. \$50 to enter all in season home games for the year! The passcode is your student ID #. It is good for the purchase of 1 ticket.

Purchase Tickets Here: <https://parkwoodathleticzone.com/event-tickets>

Parkwood Women's Basketball is approaching their 2022-2023 season, coming off of a historic season. Last season, the Lady Wolf Pack fought their way to become the 2022 Rocky River Conference Champions. Highly underrated, the pre-season coaches poll had them ranked fourth in the conference. The Lady Wolf Pack not only dominated the conference, finishing 9-1, they dethroned back to back Conference Champions, Forest Hills, to do so. To further solidify Parkwood's strong hold on the conference, the Pack secured Player of the Year in phenom shooter, Shimaya Taylor. Jesse Boyce, the coach of the girls, also was rewarded with the title of Coach of the Year. The success the Lady Wolf Pack had last season could not have been done without five of the most influential players this program has seen. These girls include Grace Crocker, Shimaya Taylor, Madison Tullock, Victoria Thompson, and last but definitely not least, Emma Barnes. Each of these seniors brought something unique and influential to the Wolf Pack's dynamic last year. I had the opportunity to sit down with Coach Boyce and reflect on their season and the roles each player had. Here's what he had to say.

"All five girls we graduated were individually a very big part of what we did. Shimaya was like our lightning rod, our wow factor, our phenom shooter, and she was the one that drew a lot of people's attention. Although a lot of people look at our success and see Shimaya and what she has done, Emma Barnes was extremely instrumental in the success we had. Our offense is predicated off of how our defense plays. Emma Barnes is the best defender I have ever coached. She had the best motor, the best attitude, and the best character of probably any kid I've ever coached.

Madison Tullock was a kid for us that we do a lot of short corner attacks with, and there's not a lot of glory in that role. We had a really good spot up shooter in Grace Crocker, who also really understood her role and had an amazing attitude. Another kid with incredible character. Finally, not to overlook Victoria Thompson. She was the best energy on the bench we could have ever had. She was ineligible for a lot of the year so her season was kind of short. By the time she was eligible to play, we had other people overtake her position. So it was hard to get her on the floor as much as we would have liked.

That group of seniors were really good at understanding a role and being comfortable as well as confident in those roles. Not being anything other than what we asked them to be. Parkwood has always been underrepresented in Union County; in spite of continued success. That is something we are trying to change. We are consistently successful and consistently underestimated."

Coach Boyce and the Lady Wolf Pack have fought long and hard to get the recognition they deserve and it's finally coming their way.

They are very optimistic for this season and are ecstatic about some newcomers they have. Although the program has 8 seniors graduating this year, this team has a bright future ahead of them.

Shaylee Martin



# Band



**Parkwood Band Booster BBQ Sale Fall 2022**

**FRIDAY OCTOBER 14<sup>TH</sup>, 2022**

We are selling BBQ plates (with BBQ, Slaw, Baked Beans, and roll) or 1 lb Bulk BBQ. Both will cost \$10.  
One person may purchase multiple plates or pounds.

We will allow order pickup from 11:00 AM - 2:30 PM & from 4:00 PM - 6:00 PM. The Break is to allow  
for traffic from school dismissal.

**Come out and support our  
Parkwood Band!  
Cash and Checks accepted!**



# Entering Parkwood High School now that the Roundabout is open

- Parents dropping off their students will need to use the main Parkwood School Road entrance to the high school.
- All student drivers will need to enter campus from Crow Road and will need to display their 2022-2023 PWHS parking pass to be admitted at that entrance. All other drivers will need to use the entrance at Parkwood School Road.
- Students will need to be in their classes by 8:30 to begin their day.



- Remind your student(s) when they have parent permission to leave campus, they need to sign out near Ms. Reeder's desk at the front of the school.





# Parents & Guardians

With a new school year comes a need to make sure that we have the correct contact information for all our families. Please take a moment and verify in PowerSchool that the following are still correct:

- Contact Names
- Contact Numbers
- Contact Emails

**Keep in Mind**- You will need to show your ID when coming to the school so please remember to bring it with you.



# Counseling

The focus of the PWHS Counseling Center is to provide students with support in their academic, career, and personal/social development. The counselors assist students with scheduling, course selection, career exploration, college and scholarship advising, coping with peer pressure and stress, developing time management skills and more.

## Counseling Department Staff

**Troy Harris - 9th Grade and 10th Grade last names A-F**

[troy.harris@ucps.k12.nc.us](mailto:troy.harris@ucps.k12.nc.us)

**Shari Davison - 10-12th Last names G-M & 12th A-F**

[shari.davison@ucps.k12.nc.us](mailto:shari.davison@ucps.k12.nc.us)

**Terri Onley - 10-12th Last names N-Z & 11th A-F**

[terri.onley@ucps.k12.nc.us](mailto:terri.onley@ucps.k12.nc.us)

**Lisa Cauthen - Student Support Counselor**

[lisa.cauthen@ucps.k12.nc.us](mailto:lisa.cauthen@ucps.k12.nc.us)

**Shawn Johnston - Counseling Center Administrative Assistant**

[shawn.johnston@ucps.k12.nc.us](mailto:shawn.johnston@ucps.k12.nc.us)

**Valerie Simmeth - Career Development Coordinator**

[valerie.simmeth@ucps.k12.nc.us](mailto:valerie.simmeth@ucps.k12.nc.us)

**Kasey Boudreau- Counseling Intern**

[kasey.boudrea@ucps.k12.nc.us](mailto:kasey.boudrea@ucps.k12.nc.us)

## Upcoming University Visits

We are bringing colleges, universities and trade schools to Parkwood to visit with you. You are allowed to sign up for 3 visits per semester and you must be passing the class that you will be missing to attend the information session. Please use Scoir to sign up for the visits you are interested in attending. This [Google Form](#) is updated when we have new opportunities for you so make sure you check it often. On the day of the visit, we will bring a hallway pass to your teacher for you to use to attend the session.



# Counseling

## Scholarship Information

Visit our [Wolf Pack Scholarship](#) page to see scholarship opportunities. We update this document frequently so visit this page to make sure you don't miss something that interests you.

### This Week's **Highlighted** Scholarships

#### Park Scholarships at NC State University

Students are selected based on scholarship, leadership, service, and character. A complete description of each quality is available [here](#). For more information, please visit:

<http://park.ncsu.edu/>. Deadline to submit Park application: **November 1, 2022**

#### Union County Christmas Parade Princess

Are you a senior interested in being nominated to be the Union County Christmas Parade Princess and be in the running to become awarded the Alex Kahle Memorial Scholarship? Complete the nominee inquiry form

<https://forms.gle/ZGvDJjHBdnqTntmg7> by **October 12, 2022**.

#### Wendy's High School Heisman:

Wendy's wants applications from both male and female student athletes who exhibit excellence in the classroom, on the playing field, and within their communities. Eligibility for application is limited exclusively to men and women whose senior year of high school is the 2022-2023 academic year, who have maintained a 3.0 grade average, and participated during grades 9, 10 or 11 in at least one of the recognized sports. We want to hear from all student athletes who work hard, are dedicated, and have become role models for underclassmen.

Apply at [www.wendysheisman.com](http://www.wendysheisman.com):  
Deadline: **October 18, 2022 at 6:00pm ET**  
Award: State winners receive a \$1,000 scholarship, National Finalists receive a \$2,000 scholarship and National winners receive a \$10,000 scholarship.

#### John Montgomery Belk Scholarship-Davidson College

More information can be found at [John M. Belk Scholarship | Davidson](#)  
Deadline to [submit interest form](#) and [senior brag sheet in SCOIR](#) to be considered as the school nominee: **November 15, 2022**. Deadline for nominees to submit a completed admission application: December 15, 2022.



Students fill out the form to request a meeting with their school counselor

## Atrium Health School-Based Virtual Therapy



**UCPS**

UNION COUNTY PUBLIC SCHOOLS

COLLEGE  
READINESS

## 2022-2023 UCPS College Readiness Parent & Student Sessions

|                                      |                 |
|--------------------------------------|-----------------|
| Scoir for Seniors.....               | August, 2022    |
| College Entrance Exams 101.....      | September, 2022 |
| Paying for College.....              | October, 2022   |
| Finish the FAFSA On Demand.....      | October, 2022   |
| ACT/SAT Blitz.....                   | October, 2022   |
| Union County College Fair.....       | October, 2022   |
| Scoir for Underclassmen Parents..... | November, 2022  |
| Choosing the Right Path in HS.....   | December, 2022  |
| Getting Ready for College.....       | January, 2023   |
| College Recruiting for Athletes..... | February, 2023  |
| ACT Blitz.....                       | March, 2023     |
| SAT Blitz.....                       | April, 2023     |
| Paying for College.....              | April, 2023     |
| What Makes a Good College Essay...   | May, 2023       |
| Scoir for Juniors & Parents.....     | May, 2023       |

*For info and registration, visit <https://bit.ly/collegereadysessions>.*



@UCPSCollegePrep



ucpscollegeready

A graphic for the Senior 2023 class. It features a white graduation cap on a black background. Below the cap, the word "CENTAD" is written twice in a stylized, outlined font. Below that, the word "SENIOR" is written in a bold, solid white font. At the bottom, the year "2023" is written in a very large, bold, solid white font.

Virtual Student Sessions will be held all October long through CFNC.org. Topics include career planning; the FAFSA form; N.C. Residency; College Application Week assistance; and more. Register to attend [here](#).





# Counseling



**The Union County Alumnae Chapter of Delta Sigma Theta Sorority, Inc.  
Presents...**

*2022-2023  
Debutante Cotillion:  
Young Ladies Leading the Way to the Future*



**Young ladies in the 11th and 12 grades...It's YOUR time!!  
We invite YOU to participate in the 2022-2023 Cotillion.**

**Interested young ladies scan below to access more information and to apply or visit  
[www.unioncountydst.org/cotillion](http://www.unioncountydst.org/cotillion).**



**SCAN ME**

Application deadline: October 16, 2022 by 11:59 pm

**A Debutante will:**

- Participate in development and enrichment workshops
- Bond with other AMAZING young ladies
- Raise funds to go towards college education
- Receive an elegant presentation to the community at the culminating ball event

***\*Union County Alumnae Chapter will adhere to all Delta Sigma Theta Inc. safety protocols.***



# Counseling

Take  
Note

## CACRAO Union County College Fair

at CATA on Sunday, October 16th at 2pm

Students of all grade levels are encouraged to attend and you can find a list of colleges attending the fair [here](#).

### Career & College Promise Program Interest for Spring 2023

If you are interested in taking classes at South Piedmont Community College in Spring 2023 please complete the following interest form: <https://forms.gle/qQovbnth4eGRWnZu6> by **October 14th**.

11th & 12th grade - Transfer Pathways & CTE Pathways - must have an unweighted GPA of 2.8

9th & 10th grade - Must meet certain requirements. May only enroll in the following CTE Pathways: Engineering, Industrial, Agriculture and Natural Resources, or Transportation Systems, Construction and Business Technologies programs that do not contain UGETC transferable courses

### College Application Week Assistance

Seniors sign up at the following link <https://forms.gle/i8vhhC9nGnDPgair8> to get application help from counselors during College Application Week 10/17-10/21. During this week many NC colleges are waiving their fee if you apply through CFNC.org. [Click here](#) for a list of colleges waiving their fee during this week.

### Live Virtual Events by CFNC.ORG during NC Countdown to College October 2022:

#### FAFSA & RDS

Wondering how to pay for college? FAFSA and North Carolina Residency (RDS) are essential to your financial aid solution, and these two steps have a lot in common! The week's sessions offer help to students and families in preparation for completing the FAFSA and RDS. Come find out how to get started, how to navigate obstacles, and what financial aid next steps to expect afterward.

Tuesday, 10/11/22 at 4:00 PM - [REGISTER](#)

Thursday, 10/13/22 at 6:00 pm - [REGISTER](#)

### 14 on the 14th- Monthly Liberal Art College Fairs

On the 14th of each month, October through December, we will come together to offer "15 Minutes of Tips" for the college application process followed by an hour long virtual college fair. You only need to [register](#) once and it is held from 7:45-9:00 PM ET.



# Helpful Hints from the Counseling Department



## Studying Strategies

### 1. Plan a study schedule

- Begin studying several days before the exam
- Reduce distractions- Phone off and find a quiet location
  - Avoid multitasking

### 2. Efficient note-taking tips

- Use bullet points or symbols- For example: Use a \* for points you want to flashcard, use a ! for ideas you want to come back to, or a ? for points you would like to ask your teacher about
- Review notes each night the day they are written down

### 3. Study Tools

- Create flashcards out of notes
- Teach or explain the material to someone else
- Create stories or mnemonics to help you remember dates or words
  - Have a study group with friends

### 4. Healthy Habits

- Take a 5 minute break every half hour of studying to help with refocusing
  - Don't study right before bedtime
  - Make sure you are getting enough sleep
- Turn off screens at least an hour before bedtime



# Back to School Toolkit

Office Phone: 704-296-0154

## PWHS & UCPS Information

- [Counseling Department](#)
- [PWHS CTE](#)
- [UCPS Calendar](#)
- [Media Center](#)
- [School Calendar](#)
- [Transportation Bus App \(New!\)](#)
- [Volunteer Information](#)

## Instructional Support

- [Student Technology Help Desk](#)
- [Technology Tutorials for Parents and Students](#)
- [EmpowerEd Parent Portal](#)
  - [Mobile Apps, Attendance and Grades, Canvas Access and Tutorials](#)
  - [Tutorial Video](#)

## Back to School Forms

- [Free and Reduced Lunch Application](#) (If Applicable)
- [Military Connected](#) (If Applicable) \*
- [Notice of Right to Withhold Consent](#) (If Applicable) \*
- [Request for Medical Information](#) (Required) \*
- [Authorization to Carry Medicine](#) (If Applicable) \*

*\* Indicates physical copy. Please print, complete and return to homeroom teacher, if applicable. Physical copies are available in front office, upon request.*





# Quick Links

## [PWHS Student Handbook](#)

- Attendance Policy
- Student Dress Code

## [Parkwood PTSO Newsletter](#)

## [Edulog](#) for Bus Transportation Zone

## [Parking Pass Info](#)

## [Yearbook Information](#)

Chromebook issues:

- New students report to media center to collect new computer
- Broken computers/computer issues, see Mr. Gaither between 12:00 - 4:00