

Wolf Pack Press



Dear Parkwood Wolf Pack Family,

Hold on! This week is another one filled with a LOT of great activities all week long!!!

- It's FFA Spirit Week! See the FFA page for specifics on the spirit days for next week.
- Seniors – Josten's came Friday to pick up orders placed by seniors for their senior cap & gown and other senior products. All other seniors will need to process their orders online. Please do not delay. Gowns are made specifically according to the specifications listed in the application and graduation announcements take a great deal of time to produce.
- Sophomores – The Pre-ACT will be administered for all sophomore students this Tuesday morning. 10th grade students will report to their testing site in the 700 building. Rosters will be posted on the 700 building doors and in the Student Center on the cafeteria windows.
- Wednesday, October 26, at 7:00 pm is our Powder Puff game! Come out for a great night of football! The cost is \$3 and will be cash only. There will also be a carved/painted pumpkin competition. Bring yours in to be judge. Prizes for the 1st, 2nd, and 3rd place pumpkins!

It's going to be a GREAT week!

Gooooooooo Pack!

Dr. Tracy Strickland, Principal

Remember to follow us on social media:

Follow us on Facebook: [ParkwoodHSNC](https://www.facebook.com/ParkwoodHSNC)

Follow us on Twitter: [@ParkwoodHSNC](https://twitter.com/ParkwoodHSNC)

Follow us on Instagram: [@ParkwoodHSNC](https://www.instagram.com/ParkwoodHSNC)



Important Information

Bell Schedule 2022-2023

Breakfast 8:00-8:25

Block 1 8:30-10:05

Block 2 10:10-11:45

Block 3 11:50-1:49

ANNOUNCEMENTS 11:50-11:53

1st Lunch 11:53-12:19

2nd Lunch 12:23-12:49

3rd Lunch 12:53-1:19

4th Lunch 1:23-1:49

Block 4 1:54-3:30

UCPS students will no longer receive free breakfast and/or lunch for the 2022-23 school year.

Lunch and breakfast prices will be as follows:

Breakfast \$1.75 per day

Lunch \$3.85 per day

If you feel your family may qualify for free or reduced meals, UCPS encourages parents to complete the [meal application](#) before the start of the school year.

Breakfast and lunch account charges will begin on the first day of school, which is August 29. If your application is approved, families may be eligible for the following benefits:

- Free or reduced-priced breakfast and lunch meals

Click [here](#) for more information on meal prices.

Click [here](#) to set up an account to make payments and monitor your child's lunch account.

If you have questions or need a paper copy of the application, please contact School Nutrition at 704-296-3000



Important Information

Advisory Bell Schedule (On Wednesdays) 2022-2023

Breakfast	8:00-8:25
Block 1	8:30-9:55
Advisory	10:00-10:25
Block 2	10:30-11:55
Block 3	12:00-1:59
ANNOUNCEMENTS	12:00-12:04
1 st Lunch	12:04-12:30
2 nd Lunch	12:34-1:00
3 rd Lunch	1:04-1:30
4 th Lunch	1:34-2:00
Block 4	2:05-3:30



Attendance
Matters
...every school day counts!



Mark your calendars:

Food Pantry Drive
Now through November 4

Fall Semester Band Concert
November 3 @ 7 PM in
Auditorium

Last Day for Senior Pictures
November 7

Early Release Day
(End of Term 2)
November 22

No School
November 23-25

ASVAB Military Test
December 2
Please sign up [here](#)

Report Cards Sent Home
December 2

Winter Semi-Formal Dance
December 10

Fall Semester Parkwood Area
Music Dept. Showcase
December 15 @ 6:30 PM

Prom May 6

Graduation June 13 at 8 AM
in Wolf Pack Stadium



PWHS Calendar

Week of October 23 – October 29 School Events

Monday 10/24	Tuesday 10/25	Wednesday 10/26	Thursday 10/27	Friday 10/28	Saturday 10/29
FFA Spirit Week	FFA Spirit Week PreACT for Sophomores UNC-Charlotte @ PWHS US Army @ PWHS during lunches Men's Soccer @ Anson 6 PM NHS Induction @ PWHS Auditorium 7 PM	FFA Spirit Week Powder Puff Football 7 PM	FFA Spirit Week US Navy @ PWHS during lunches Men's Soccer vs Monroe 6 PM	FFA Spirit Week Marching Band Performance @ PWHS for Band Member Friends/Family/Staff 5:45 PM	Marching Band (Fall Festival) @ NW Guilford HS 3:15 PM

Congratulations!



Parkwood High School would like to congratulate our 2022-2023 Teacher of the Year, Ms. Sherlin!! Ms. Sherlin teaches in our English Department and co-advises the Beta Club. We are proud of you and are thankful you are part of the Pack!

We would also like to recognize Ms. Keener and Ms. Williams for placing in the top 3! We are so fortunate to have such great educators at Parkwood.



Additional resources



Apply for Assistance
with
**Christmas food and gifts/toys
for children 18 and under.**

Begins October 3 - Ends November 18
All Applications Taken by Phone:

CALL | 704.296.4828

Monday - Friday | 9 a.m. - 3:30 p.m.

Eligibility Requirements:

There must be children in the household, age 18 and under, at the time of application; or a disabled or senior adult receiving SSI or Medicaid.

Please have the following info available prior to calling:

Monthly gross income for everyone in the household, including salaries, type of benefits, child support, etc.

Your children's clothing sizes and a wish list for Christmas gifts for each child.

The Union County Christmas Bureau is donor funded and volunteer driven. The Christmas Bureau serves as a clearinghouse for all agencies that serve families during the Christmas season for Union County.

T 704.296.4828 E christmas@unioncountync.gov



Solicite Asistencia
con
**Comida de Navidad
y regalos/juguetes
para niños de 18 años y menores.**

Empieza el 3 de octubre - Termina el 18 de noviembre
Todas las Solicitudes son Tomados por Teléfono:

LLAME | 704.296.4828

Lunes - Viernes | 9 a.m. - 3:30 p.m.

Requisitos de Elegibilidad:

Deben haber niños en el hogar de 18 años o menores al momento de solicitar; o un adulto mayor o discapacitado recibiendo Ingreso de Seguridad Suplementario (SSI) o Medicaid.

Por favor tenga la siguiente información disponible antes de llamar:

Ingreso bruto mensual (antes de impuestos) de todos en el hogar, incluyendo salarios, tipos de beneficios, manutención infantil, etc.

La talla de ropa de sus hijos y una lista de deseos para regalos de Navidad para cada niño.

El Programa de Navidad del condado Union está financiado a través de patrocinadores y dirigido por voluntarios. El Programa de Navidad sirve como un banco de liquidación para todas las agencias que sirven a las familias durante la temporada navideña para el Condado Union.

T 704.296.4828 E christmas@unioncountync.gov



Athletics

PWHS Athletic Website

Rocky Richar
Athletic Director
rocky.richar@ucps.k12.nc.us

All Sports Passes on sale for students! Can be purchased on ticket site. \$50 to enter all in season home games for the year! The passcode is your student ID #. It is good for the purchase of 1 ticket.

Purchase Tickets Here: <https://parkwoodathleticzone.com/event-tickets>



As we approach the beginning of Parkwood Men's Basketball preseason, we sat down with Head Coach, Mike Helms, to discuss the team. Last season, the boys finished with a 13-15 overall record and a 6-4 Conference record. The Pack came together at the end of the season and their chemistry was as strong as ever. "They finished very strong and by the end of the year they could play with anyone on their schedule." Helms' outlook was very positive and optimistic for our guys and their potential success this year.

"I am very excited about this group of kids. They like each other, they like playing together, and they've been playing together for awhile. It is now their third year here and we're starting to see some consistency in the program." The boys connection and bond with each other is becoming much stronger, which Helms hopes to see prove itself on the court. Helms and the boys have high hopes and a great feeling about this season. They look to add a few new pieces that could likely be very instrumental in pushing the Pack over the .500 hump this year. The future is very bright for the Pack and they have their sights set on conference title contention.

Written by: Shaylee Martin



Athletics

PWHS Athletic Website

Rocky Richar
Athletic Director
rocky.richar@ucps.k12.nc.us

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Fall Sports

Head Coach

Email

Football Head Coach	Tim Boyd	timothy.boyd@ucps.k12.nc.us
Men's Varsity Soccer Head Coach	Sean Miller	sean.miller@ucps.k12.nc.us
Volleyball Head Coach	Katherine Irvin	katherineirvin1@gmail.com
Women's Tennis Head Coach	Kristy Erdelyi	kristy.erdelyi@ucps.k12.nc.us
Women's Golf Head Coach	Don Mather	donald.mather@ucps.k12.nc.us
Cross Country Head Coach	Astrid Weddle	astrid.weddle@ucps.k12.nc.us
Cheerleading Head Coach	Heather McWhorter	heather.mcwhorter@ucps.k12.nc.us

Winter Sports

Head Coach

Email

Men's Varsity Basketball Head Coach	Mike Helms	michael.helms@ucps.k12.nc.us
Women's Varsity Basketball Head Coach	Jesse Boyce	jesse.boyce@ucps.k12.nc.us
Wrestling Head Coach	Chris Linthicum	chris.linthicum@ucps.k12.nc.us
Swimming/Diving Head Coach	Susan Rhoads	susan.rhoads@ucps.k12.nc.us
Indoor Track Head Coach	Astrid Weddle	astrid.weddle@ucps.k12.nc.us
Cheerleading Varsity Head Coach	Heather McWhorter	heather.mcwhorter@ucps.k12.nc.us



Have a teacher you'd like to recognize? This is the place! Please give a shout-out to a teacher who makes a difference in your student's life!

<https://bit.ly/PWHSTeacherThankYou>





Parkwood is hosting its first annual Pop Up vendor fair! The vendor fair will take place at Parkwood High School on Saturday, December 3rd from 10am-5pm. If your business would like to participate please complete this google form <https://buff.ly/3EZ9Zk6>



Join us by participating in FFA Spirit Week starting Monday, October 24th!

FFA SPIRIT WEEK!

* Oct 24- Oct 28 *

Monday: Flannel Out!

(Wear any flannel shirt/jacket)

NO PAJAMA PANTS

Tuesday: USA Out!

(Wear red, white, and blue)

Wednesday: Camouflage Out!

(Wear Camo!!)

Thursday: College Day

(Wear any college spirit wear)

Friday: Color Wars

Seniors: Black

Juniors: Blue

Sophomores: White

Freshman: Grey





Entering Parkwood High School now that the Roundabout is open

- Parents dropping off their students will need to use the main Parkwood School Road entrance to the high school.
- All student drivers will need to enter campus from Crow Road and will need to display their 2022-2023 PWHS parking pass to be admitted at that entrance. All other drivers will need to use the entrance at Parkwood School Road.
- Students will need to be in their classes by 8:30 to begin their day.



- Remind your student(s) when they have parent permission to leave campus, they need to sign out near Ms. Reeder's desk at the front of the school.



Parents & Guardians

With a new school year comes a need to make sure that we have the correct contact information for all our families. Please take a moment and verify in PowerSchool that the following are still correct:

- Contact Names
- Contact Numbers
- Contact Emails

Keep in Mind- You will need to show your ID when coming to the school so please remember to bring it with you.



Counseling

The focus of the PWHS Counseling Center is to provide students with support in their academic, career, and personal/social development. The counselors assist students with scheduling, course selection, career exploration, college and scholarship advising, coping with peer pressure and stress, developing time management skills and more.

Counseling Department Staff

Troy Harris - 9th Grade and 10th Grade last names A-F

troy.harris@ucps.k12.nc.us

Shari Davison - 10-12th Last names G-M & 12th A-F

shari.davison@ucps.k12.nc.us

Terri Onley - 10-12th Last names N-Z & 11th A-F

terri.onley@ucps.k12.nc.us

Lisa Cauthen - Student Support Counselor

lisa.cauthen@ucps.k12.nc.us

Shawn Johnston - Counseling Center Administrative Assistant

shawn.johnston@ucps.k12.nc.us

Valerie Simmeth - Career Development Coordinator

valerie.simmeth@ucps.k12.nc.us

Kasey Boudreau- Counseling Intern

kasey.boudrea@ucps.k12.nc.us

Upcoming University Visits

We are bringing colleges, universities and trade schools to Parkwood to visit with you. You are allowed to sign up for 3 visits per semester and you must be passing the class that you will be missing to attend the information session. Please use Scoir to sign up for the visits you are interested in attending. This [Google Form](#) is updated when we have new opportunities for you so make sure you check it often. On the day of the visit, we will bring a hallway pass to your teacher for you to use to attend the session.



Counseling

Scholarship Information

Visit our [Wolf Pack Scholarship](#) page to see scholarship opportunities. We update this document frequently so visit this page to make sure you don't miss something that interests you.

This Week's **Highlighted** Scholarships

Park Scholarships at NC State University

Students are selected based on scholarship, leadership, service, and character. A complete description of each quality is available [here](#). For more information, please visit:

<http://park.ncsu.edu/>. Deadline to submit

Park application: **November 1, 2022**

Duckett Local Conservation Scholarship

- \$1,000 – 1 Award (Deadline: **October 31, 2022**)

To be eligible for the scholarship a student must:

A) Be in good academic standing with their current educational institution, with a GPA of 3.0 or greater. B) Be able to demonstrate a commitment to environmental conservation using past and present volunteer, professional or educational experiences. Applications can be found by going to:

https://studentscholarships.org/scholarship/16246/duckett_local_conservation_scholarship_scholarship.php

Pursuing a Positive Impact Scholarship

- \$3,000 - 1 Award (Deadline: **October 31, 2022**) To be eligible for the scholarship a student must: A) Have a minimum cumulative GPA of 3.0 or higher and be in good overall academic standing. B) Submit a 1,000-word essay response to the prompt: In what ways do you try to activate positive change in your community, and what inspires you to do so? Applications can be found by going to:

https://studentscholarships.org/scholarship/16264/pursuing_a_positive_impact_scholarship_scholarship.php


John Montgomery Belk Scholarship-Davidson College

More information can be found at [John M. Belk Scholarship | Davidson](#) Deadline to [submit interest form](#) and [senior brag sheet in SCOIR](#) to be considered as the school nominee: **November 15, 2022**. Deadline for nominees to submit a completed admission application: December 15, 2022.



Students fill out the form to request a meeting with their school counselor

Atrium Health School-Based Virtual Therapy




UCPS
UNION COUNTY PUBLIC SCHOOLS

**COLLEGE
READINESS**


2022-2023 UCPS College Readiness Parent & Student Sessions

Scoir for Seniors.....	August, 2022
College Entrance Exams 101.....	September, 2022
Paying for College.....	October, 2022
Finish the FAFSA On Demand.....	October, 2022
ACT/SAT Blitz.....	October, 2022
Union County College Fair.....	October, 2022
Scoir for Underclassmen Parents.....	November, 2022
Choosing the Right Path in HS.....	December, 2022
Getting Ready for College.....	January, 2023
College Recruiting for Athletes.....	February, 2023
ACT Blitz.....	March, 2023
SAT Blitz.....	April, 2023
Paying for College.....	April, 2023
What Makes a Good College Essay...	May, 2023
Scoir for Juniors & Parents.....	May, 2023

For info and registration, visit <https://bit.ly/collegereadysessions>.



@UCPSCollegePrep



ucpscollegeready

**CENTRAL
CENTRAL
SENIOR
2023**

Virtual Student Sessions will be held all October long through CFNC.org. Topics include career planning; the FAFSA form; N.C. Residency; College Application Week assistance; and more. Register to attend [here](#).



Counseling

14 on the 14th- Monthly Liberal Art College Fairs

On the 14th of each month, October through December, we will come together to offer “15 Minutes of Tips” for the college application process followed by an hour long virtual college fair. You only need to [register](#) once and it is held from 7:45-9:00 PM ET.



Greetings,

You're invited to attend the Hispanic Scholarship Fund's (HSF) virtual College 101, on **Saturday, November 5, 2022, 10:00 AM - 1:00 PM Eastern Time.**

The HSF College 101 is a **FREE**, bilingual, 3-hour webinar designed to help students, and their parents, prepare, plan, and pay for a college education! Students and parents of **all ethnicities and backgrounds** are encouraged to attend.

Presentations will be delivered by subject-matter experts, in both English and Spanish, on the following topics:

- Preparing for and successfully applying to 4-year colleges
- Affording college: financial aid and scholarship opportunities
- Understanding the real cost of a college education
- Maximizing the college experience
- Successfully transitioning to a career after college

Additionally, the webinar will feature a panel with Admissions and Financial Aid representatives from **Cornell University, Georgia Tech, Harvard University, and the University of Florida.**

This event is **FREE** and open to the public; however, space is limited. **For further event details and to register to attend, please visit the [registration page](#).**

Registration will close once capacity has been reached. Secure your spot by registering today!

[Register](#)

LEADERSHIP SPONSOR:



LOCAL PRESENTING SPONSORS:



SUPPORTING SPONSORS:



[College 101 - ET - English Invitation.pdf](#)



[Regístrate](#)

Estás invitado al College 101 virtual, el **sábado, 5 de noviembre, 10:00 AM - 1:00 PM Hora del Este (ET).**

Este programa, organizado por Hispanic Scholarship Fund (HSF), es **GRATUITO** y bilingüe, y disponible a cualquier estudiante en la "high school" (preparatoria) y sus familias. Durante este taller, aprenderás cómo prepararte, planear, y pagar por una educación universitaria.

Las presentaciones serán dadas por expertos, y cubrirán los siguientes temas:

- Cómo prepararse para aplicar a la universidad
- Cómo buscar y aplicar por ayuda financiera, incluyendo becas
- Entendiendo el verdadero costo de la universidad
- Cómo maximizar la experiencia universitaria
- Cómo prepararse para una carrera exitosa después de la universidad

El taller virtual también tendrá un panel con representantes de Admisiones y Ayuda Financiera de **Cornell University, Georgia Tech, Harvard University, y University of Florida.**

El evento es **GRATUITO** y abierto al público. Sin embargo, hay cupo limitado. Para obtener más información sobre el evento y registrarte, visita la [página de registración](#).

¡Asegura tu lugar y regístrate hoy!

PATROCINADOR PRESENTADOR:



PATROCINADORES PRESENTADOR LOCAL:



PATROCINADORES AUXILIAR:



[College 101 - ET- Spanish Invitation.pdf](#)



Helpful Hints from the Counseling Department



Strategies to Prevent Bullying

- 1) **Exude confidence:** Stand tall, make eye contact and walk with confidence. Bullies typically pick targets that appear shy and unwilling to tell anyone about the bullying.
- 2) **Avoid interactions:** If you can take a different path from where you normally run into the bully, do it. Avoiding an altercation is always best.
- 3) **Use your voice:** If a bully is verbally attacking you, be willing to use your voice back. Don't be like the bully and say mean or hurtful things in return, but maybe say "That really hurts my feelings" or you can even agree with the bully, not because you believe what he/she is saying but to diffuse the situation. A bully's words and actions are meant to make you feel bad and if you agree with the bully their pleasure is lost.
- 4) **Speak up:** If someone is bullying you, tell someone who can help you. Bullies try to choose targets they believe won't tell. Bullies don't want to be caught.
- 5) **Group up:** When possible walk with a friend or a group. Bullies are less likely to engage in bullying behaviors when others who will disapprove are present.



October is National Bullying Prevention Month

Specific Strategies You Can Use to Deal with Bullying

- Seek assistance from an adult, friend, or classmate when a potentially threatening situation occurs.
- Be assertive (not aggressive, fighting, or teasing back) when possible.
- Use humor to deflect a potentially threatening situation.
- Avoid unsafe places or walk away before a potential bullying encounter occurs.
- Agree with or “own” a belittling comment to defuse it.
- Walk with friends or a small group of friendly peers.
- Use positive self-statements to maintain positive self-esteem during an incident.
- Avoid getting emotionally upset when bullying occurs, as this may encourage the person bullying.

Strategies You Can Use to Prevent Cyberbullying

- Never accept a friend or network request from unfamiliar people.
- Use the “mom” principle: Do not post or share photographs or movies that you would not be willing to share with your mother, father, or another important caregiver.
- Follow the “forever” principle: Assume that everything you put online will be there forever.
- Follow the “no privacy” principle: Assume that everyone can access information about you in cyberspace.
- Block threatening or questionable people from seeing your profile and personal information.
- Do not post provocative, scandalous, or inflammatory remarks online.
- Do not reply to or retaliate against incidents of cyberbullying.
- Regularly change passwords to sites and applications, and immediately delete profiles that have been hacked.
- Avoid sites, networks, and applications that have poor security, provide easy access to personal information or encourage interactions among strangers.
- Ensure that information is approved before it is posted or shared socially.
- Limit involvement in social networking to a few familiar sites.
- Avoid joining sites that do not have adequate privacy settings.
- Never engage in sexting (sharing pictures or messages that have private sexual content).



Back to School Toolkit

Office Phone: 704-296-0154

PWHS & UCPS Information

- [Counseling Department](#)
- [PWHS CTE](#)
- [UCPS Calendar](#)
- [Media Center](#)
- [School Calendar](#)
- [Transportation Bus App \(New!\)](#)
- [Volunteer Information](#)

Instructional Support

- [Student Technology Help Desk](#)
- [Technology Tutorials for Parents and Students](#)
- [EmpowerEd Parent Portal](#)
 - [Mobile Apps, Attendance and Grades, Canvas Access and Tutorials](#)
 - [Tutorial Video](#)

Back to School Forms

- [Free and Reduced Lunch Application](#) (If Applicable)
- [Military Connected](#) (If Applicable) *
- [Notice of Right to Withhold Consent](#) (If Applicable) *
- [Request for Medical Information](#) (Required) *
- [Authorization to Carry Medicine](#) (If Applicable) *

** Indicates physical copy. Please print, complete and return to homeroom teacher, if applicable. Physical copies are available in front office, upon request.*



Quick Links

[PWHS Student Handbook](#)

- Attendance Policy
- Student Dress Code

[Parkwood PTSO Newsletter](#)

[Edulog](#) for Bus Transportation Zone

[Parking Pass Info](#)

[Yearbook Information](#)

[Say Something Anonymous Reporting System](#)

Chromebook issues:

- New students report to media center to collect new computer
- Broken computers/computer issues, see Mr. Gaither between 12:00 - 4:00