

Wolf Pack Press



Dear Parkwood Wolf Pack Family,

Our band concert previously scheduled for last week was postponed for this Thursday (11/10/2022) at 7:00 pm in the auditoriu. Come out and support our amazing band in concert!

- In This Issue
- Bell Schedule
- Advisory Schedule/Mark Your Calendars
- PWHS Weekly Calendar
- Congrats Pride of the Pack!
- Congrats Ms. Michael - PWHS CTE Teacher of the Year!
- Athletics
- Teacher Shout-Out
- Senior Breakfast
- Parkwood Pop Up
- Winter Wonders Design Contest
- Entering/Exiting PWHS
- Updating PowerSchool
- Counselors' Contact
- Scholarship Information
- Counseling Resources
- FAFSA and College Planning Timeline
- Helpful Hints - Staying Calm During Tests
- Christmas Bureau
- Quick Links

Goooooooooooo Pack!

Remember to follow us on social media:

Follow us on Facebook: [ParkwoodHSNC](#)

Follow us on Twitter: [@ParkwoodHSNC](#)

Follow us on Instagram: [@ParkwoodHSNC](#)



Important Information

Bell Schedule 2022-2023

Breakfast 8:00-8:25

Block 1 8:30-10:05

Block 2 10:10-11:45

Block 3 11:50-1:49

ANNOUNCEMENTS 11:50-11:53

1st Lunch 11:53-12:19

2nd Lunch 12:23-12:49

3rd Lunch 12:53-1:19

4th Lunch 1:23-1:49

Block 4 1:54-3:30

UCPS students will no longer receive free breakfast and/or lunch for the 2022-23 school year.

Lunch and breakfast prices will be as follows:

Breakfast \$1.75 per day

Lunch \$3.85 per day

If you feel your family may qualify for free or reduced meals, UCPS encourages parents to complete the [meal application](#) before the start of the school year.

Breakfast and lunch account charges will begin on the first day of school, which is August 29. If your application is approved, families may be eligible for the following benefits:

- Free or reduced-priced breakfast and lunch meals

Click [here](#) for more information on meal prices.

Click [here](#) to set up an account to make payments and monitor your child's lunch account.

If you have questions or need a paper copy of the application, please contact School Nutrition at 704-296-3000



Important Information

Advisory Bell Schedule (On Wednesdays) 2022-2023

Breakfast	8:00-8:25
Block 1	8:30-9:55
Advisory	10:00-10:25
Block 2	10:30-11:55
Block 3	12:00-1:59
ANNOUNCEMENTS 12:00-12:04	
1 st Lunch	12:04-12:30
2 nd Lunch	12:34-1:00
3 rd Lunch	1:04-1:30
4 th Lunch	1:34-2:00
Block 4	2:05-3:30



Mark your calendars:

Early Release (End of Term 2)
November 22

No School
November 23-25

ACT WorkKeys Test
November 30

ASVAB Military Test
December 2
Please sign up [here](#)

Report Cards Sent Home
December 2

Parkwood Pop Up
December 3 @10 AM-5PM

Winter Semi-Formal Dance
December 10

Fall Semester Parkwood Area
Music Dept. Showcase
December 15 @ 6:30 PM

College/Career/Military Fair
February 15

Prom May 6

Graduation June 13 at 8 AM in
Wolf Pack Stadium



PWHS Calendar

Week of November 6 – November 12 School Events

Monday 11/7	Tuesday 11/8	Wednesday 11/9	Thursday 11/10	Friday 11/11	Saturday 11/12
Last Senior Picture Day (by appointme nt only) US Army @ PWHS during lunches	No school for students	US Coast Guard @ PWHS during lunches	US Navy @ PWHS during lunches Fall Semester Band Concert @ PWHS Auditorium 7 PM (New Date)	Veterans Day- No School	Wrestling Slamboree 10 AM @ the Sportsplex



Pride of the Pack Marching Band competed at Northwest Guilford High School and was named the overall champion of class 3A and won first-place awards for Music and Visual performance and second-place awards for Color Guard and Percussion!! Fantastic Job Wolf Pack!!

congratulations



Ms. Michael was named 2022-2023 Parkwood High School CTE Teacher of the Year! A previous Parkwood High School graduate, Ms. Michael came back to her alma mater to teach our Wolf Pack Health Science. As an advisor to the HOSA club on campus, she also leads our successful blood drives each year. Congratulations Ms. Michael...We are proud of you and are happy to have you as a member of our Pack!



Athletics

PWHS Athletic Website

Rocky Richar
Athletic Director
rocky.richar@ucps.k12.nc.us

All Sports Passes on sale for students! Can be purchased on ticket site. \$50 to enter all in season home games for the year! The passcode is your student ID #. It is good for the purchase of 1 ticket.

Purchase Tickets Here: <https://parkwoodathleticzone.com/event-tickets>

Fall Sports

Head Coach

Email

Football Head Coach	Tim Boyd	timothy.boyd@ucps.k12.nc.us
Men's Varsity Soccer Head Coach	Sean Miller	sean.miller@ucps.k12.nc.us
Volleyball Head Coach	Katherine Irvin	katherineirvin1@gmail.com
Women's Tennis Head Coach	Kristy Erdelyi	kristy.erdelyi@ucps.k12.nc.us
Women's Golf Head Coach	Don Mather	donald.mather@ucps.k12.nc.us
Cross Country Head Coach	Astrid Weddle	astrid.weddle@ucps.k12.nc.us
Cheerleading Head Coach	Heather McWhorter	heather.mcwhorter@ucps.k12.nc.us

Winter Sports

Head Coach

Email

Men's Varsity Basketball Head Coach	Mike Helms	michael.helms@ucps.k12.nc.us
Women's Varsity Basketball Head Coach	Jesse Boyce	jesse.boyce@ucps.k12.nc.us
Wrestling Head Coach	Chris Linthicum	chris.linthicum@ucps.k12.nc.us
Swimming/Diving Head Coach	Susan Rhoads	susan.rhoads@ucps.k12.nc.us
Indoor Track Head Coach	Astrid Weddle	astrid.weddle@ucps.k12.nc.us
Cheerleading Varsity Head Coach	Heather McWhorter	heather.mcwhorter@ucps.k12.nc.us



Have a teacher you'd like to recognize? This is the place! Please give a shout-out to a teacher who makes a difference in your student's life!

<https://bit.ly/PWHSTeacherThankYou>





Seniors!!

Senior Breakfast and Who Gives a Hoot?

Hoot

Wed, November 9th
Breakfast 8-8:30 am
Media Center

Wear your Senior Wolfpack Shirt





Parkwood is hosting its first annual Pop Up vendor fair! The vendor fair will take place at Parkwood High School on Saturday, December 3rd from 10am-5pm. If your business would like to participate please complete this google form <https://buff.ly/3EZ9Zk6>



Winter Wonders Design Contest!

SHOW OFF YOUR
CREATIVITY AND
DESIGN AN IMAGE
THAT REPRESENTS
"PACK PRIDE"
ACCEPTING DIGITAL
AND 2D SUBMISSIONS
VIA GOOGLE FORM



WINNERS WILL RECEIVE A
CUSTOM TSHIRT WITH
THEIR DESIGN ON IT



**Deadline for submissions is
November 14, 2022**



Entering Parkwood High School now that the Roundabout is open

- Parents dropping off their students will need to use the main Parkwood School Road entrance to the high school.
- All student drivers will need to enter campus from Crow Road and will need to display their 2022-2023 PWHS parking pass to be admitted at that entrance. All other drivers will need to use the entrance at Parkwood School Road.
- Students will need to be in their classes by 8:30 to begin their day.



- Remind your student(s) when they have parent permission to leave campus, they need to sign out with Ms. Reeder at the front of the school.



Parents & Guardians

With a new school year comes a need to make sure that we have the correct contact information for all our families. Please take a moment and verify in PowerSchool that the following are still correct:

- Contact Names
- Contact Numbers
- Contact Emails

Keep in Mind- You will need to show your ID when coming to the school so please remember to bring it with you.



Counseling

The focus of the PWHS Counseling Center is to provide students with support in their academic, career, and personal/social development. The counselors assist students with scheduling, course selection, career exploration, college and scholarship advising, coping with peer pressure and stress, developing time management skills and more.

Counseling Department Staff

Troy Harris - 9th Grade and 10th Grade last names A-F

troy.harris@ucps.k12.nc.us

Shari Davison - 10-12th Last names G-M & 12th A-F

shari.davison@ucps.k12.nc.us

Terri Onley - 10-12th Last names N-Z & 11th A-F

terri.onley@ucps.k12.nc.us

Lisa Cauthen - Student Support Counselor

lisa.cauthen@ucps.k12.nc.us

Shawn Johnston - Counseling Center Administrative Assistant

shawn.johnston@ucps.k12.nc.us

Valerie Simmeth - Career Development Coordinator

valerie.simmeth@ucps.k12.nc.us

Kasey Boudreau- Counseling Intern

kasey.boudrea@ucps.k12.nc.us

Upcoming University Visits

We are bringing colleges, universities and trade schools to Parkwood to visit with you. You are allowed to sign up for 3 visits per semester and you must be passing the class that you will be missing to attend the information session. Please use Scoir to sign up for the visits you are interested in attending. This [Google Form](#) is updated when we have new opportunities for you so make sure you check it often. On the day of the visit, we will bring a hallway pass to your teacher for you to use to attend the session.



Counseling

Scholarship Information

Visit our [Wolf Pack Scholarship](#) page to see scholarship opportunities. We update this document frequently so visit this page to make sure you don't miss something that interests you.

This Week's Highlighted Scholarships

Hispanic Heritage Youth Awards

\$3,500 – 180 Awards (Deadline: **November 13, 2022**) To be eligible for the scholarship a student must: A) Be currently enrolled in high school and graduating in the spring of 2022. B) Have a minimum unweighted 3.0 GPA on a 4.0 scale or 7.5 on a 10.0 scale C) Be of Hispanic heritage and D) enroll at an accredited higher education institution in 2023-2024. Applications can be found by going to:

https://studentscholarships.org/scholarship/13676/hispanic_heritage_youth_awards_scholarship.php

Elks Most Valuable Student Scholarship

US Citizen. The Elks National Foundation will award 500 four-year scholarships to the highest-rated applicants in the 2022 competition. Ranging from \$1,000 per year to \$12,500 per year, Most Valuable Student scholarships are for students pursuing a four-year degree, on a full-time basis (minimum of 12 semester hours), in a U.S. college or university. All scholarships are in the form of certificates of award conditional upon the full-time enrollment of the winner in an accredited U.S. college or university. Find the application [here](#). Due **November 15, 2022**

The Michelle Obama Award for Memoir:

(Deadline: **the first 1,000 submissions will be accepted**) To be eligible for the scholarship a student must: A) Be a current high school senior B) Attends a public high school in the USA and C) Plans to attend either a 2 or 4 year college. If you are interested, please apply at michelleobamabooks.com/scholarship

John Montgomery Belk Scholarship-Davidson College

More information can be found at [John M. Belk Scholarship | Davidson](#) Deadline to [submit interest form](#) and [senior brag sheet in SCOIR](#) to be considered as the school nominee: **November 15, 2022**. Deadline for nominees to submit a completed admission application: December 15, 2022.

National Space Club Scholarship

\$15,000- 1 Award (Deadline: **November 15, 2022**) To be eligible for the scholarship a student must: A) Be a senior in high school. B) Have the intention of pursuing a career in the STEM fields. Applications can be found by going to : https://studentscholarships.org/scholarship/12191/national_space_club_scholarship



Counseling

Counseling Meeting Request form:

<https://forms.gle/KD2NpkKz8q31xQxZ8>

(must be logged into your school google account)

Students fill out the form to request a meeting with their school counselor

School Counseling Support - Support is

available for students for mental health concerns.

Parents/guardians reach out to your students' school counselor who can assist with a referral to the school social worker or mental health therapist.

Robyn Mobley - School Social Worker

Thais Yeon - Mental Health Therapist

Atrium Health School-Based Virtual Therapy



LAWA PRESENTS
2022-2023
HIGH SCHOOL WORKSHOPS

FREE bilingual information session for students and caregivers on how to prepare, plan, and pay for postsecondary education. Learn about college applications, financial aid, career paths, bachelor & associate degrees, trade and vocational program options, & campus tours.

PATHWAY EXPLORATION SESSIONS AND MORE!

Free transportation from select sites
Register at: lawa.news/HighSchool

<p>Careers in Computer Science Saturday, January 28, 2023 8:30 am - 1:00 pm University of North Carolina at Charlotte</p> <p>Financial Aid and Scholarships Saturday, February 11, 2023 9 am - 1:00 pm Wingate University</p> <p>Careers in Health Sciences Saturday, February 25, 2023 9:00 am - 1:00 pm Davidson College</p> <p>Trade and Vocational Careers Saturday, March 4, 2023 8:30 am - 1:00 pm South Piedmont Community College</p> <p>The JCSU Experience Saturday, March 25, 2023 8:30 am - 1:00 pm Johnson C. Smith University</p>	<p>Careers in Education Saturday, January 28, 2023 8:30 am - 1:00 pm University of North Carolina at Charlotte</p> <p>Careers in Health Sciences Saturday, February 11, 2023 9 am - 1:00 pm Wingate University</p> <p>Careers in Economics and Pre-Business Saturday, February 25, 2023 9:00 am - 1:00 pm Davidson College</p> <p>Trade and Vocational Careers Saturday, March 4, 2023 8:30 am - 1:00 pm South Piedmont Community College</p> <p>The JCSU Experience Saturday, March 25, 2023 8:30 am - 1:00 pm Johnson C. Smith University</p>
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Topic: To Be Confirmed
Saturday, December 3, 2022
9 am - 1:00 pm
Belmont Abbey College



2022-2023 UCPS College Readiness
Parent & Student Sessions

Scoir for Seniors.....	August, 2022
College Entrance Exams 101.....	September, 2022
Paying for College.....	October, 2022
Finish the FAFSA On Demand.....	October, 2022
ACT/SAT Blitz.....	October, 2022
Union County College Fair.....	October, 2022
Scoir for Underclassmen Parents.....	November, 2022
Choosing the Right Path in HS.....	December, 2022
Getting Ready for College.....	January, 2023
College Recruiting for Athletes.....	February, 2023
ACT Blitz.....	March, 2023
SAT Blitz.....	April, 2023
Paying for College.....	April, 2023
What Makes a Good College Essay...	May, 2023
Scoir for Juniors & Parents.....	May, 2023

For info and registration, visit <https://bit.ly/collegereadysessions>.



@UCPSCollegePrep



ucpscollegeready

FILL OUT THE FAFSA STEP-BY-STEP



THURSDAY
NOV 10TH

6:00-7:00 p.m.

REGISTER NOW

<https://bit.ly/FAFSAWalkthru>

Registration (gotowebinar.com)

College
Foundation
of North Carolina

NCSEAA
North Carolina State Education
Assistance Authority

The Free Application for Federal Student Aid (FAFSA) is an important part of the college enrollment process. Every student needs to complete the FAFSA to get financial aid, including grants, scholarships, work-study programs, and student loans.

We understand that completing the FAFSA can be intimidating, so we're offering a free webinar to guide parents, students, and counselors through the financial aid process.

Fill Out the FAFSA Step-by-Step

Thursday, November 10, 2022 6 p.m. – 7 p.m.



Counseling

FAFSA Walkthrough with NCSEAA on Thursday, November 10th from 6-7 PM

Don't miss this opportunity to see how to fill out the FAFSA and get your questions answered. [Register now!](#)

COLLEGE PLANNING TIMELINE

For 9th Grade & 10th Grade

- Take courses that challenge you.
- Use Major Clarity to explore course options such as honors, AP, and Career Pathways.
- Pursue extracurricular interests such as clubs, sports or community service.
- Take the PreACT in fall, required school test.
- Start using free ACT and SAT test prep resources.
- Review your goals for the future with your counselor.
- Use Major Clarity and SCOIR (on high school start up page) to begin exploring careers and colleges.
- Check admission requirements for colleges that interest you.

For 11th Grade

- Take the PSAT in October. Must sign up through school, as test is optional.
- Prep for the ACT & SAT tests using ALBERT in high school start up page.
- Attend college fairs and financial aid workshops.
- Visit colleges.
- Use SCOIR & CFNC.org to start researching scholarships, grants and loans.
- Talk with coaches about college sports and scholarship eligibility.
- Take required school day test for ACT in spring.
- To take an additional ACT or SAT register online to take on a Saturday.
- Narrow down list of colleges.
- Plan your senior year courses carefully.



Helpful Hints from the Counseling Department



Strategies to Staying Calm During Tests (continued)

At the exam:

*Approach the exam with confidence. View the exam as an opportunity to show how much you've studied and to receive a reward for the studying you have done.

*Read the directions carefully

*Budget your test taking time

*Change positions to help you relax

*If you go blank, skip the question and go on. Remember that you do not have to take the test in any order. If you find essays easiest, do these first. If you prefer the multiple choice section, do these first. If you want, work on the questions that are easiest for you... oftentimes they will trigger answers for other questions. If you ever blank on an essay, jot down anything you can recall on scratch paper or on the back of a page to stimulate your memory and get your mind working.

*Don't hesitate to ask for clarification from the teacher if you have questions about directions, procedure, etc., rather than let anxiety build up because you aren't sure about what you are expected to do.

*Relax yourself physically during the test, if you notice that you are not thinking well or are tight. Pause, lay your test aside, and take several slow, deep breaths. Concentrate on your breathing. Do this if you notice that you are worrying excessively about one problem, not reading carefully, forgetting information you know.

*Pay attention to the test, not to yourself and others. Don't waste time worrying, doubting yourself, wondering how other people are doing, blaming yourself, etc. Don't worry about what you should have done; pay attention to what you can do now.

*Don't panic when students start handing in their papers. Take the whole period if you need to. There's no reward for being the first done and test-taking is not a race. Often the thoughtful, slower students do better than the fast, careless ones.



Additional resources



Apply for Assistance
with
**Christmas food and gifts/toys
for children 18 and under.**

Begins October 3 - Ends November 18
All Applications Taken by Phone:

CALL | 704.296.4828

Monday - Friday | 9 a.m. - 3:30 p.m.

Eligibility Requirements:

There must be children in the household, age 18 and under, at the time of application; or a disabled or senior adult receiving SSI or Medicaid.

Please have the following info available prior to calling:

Monthly gross income for everyone in the household, including salaries, type of benefits, child support, etc.

Your children's clothing sizes and a wish list for Christmas gifts for each child.

The Union County Christmas Bureau is donor funded and volunteer driven. The Christmas Bureau serves as a clearinghouse for all agencies that serve families during the Christmas season for Union County.

T 704.296.4828 E christmas@unioncountync.gov



Solicite Asistencia
con
**Comida de Navidad
y regalos/juguetes
para niños de 18 años y menores.**

Empieza el 3 de octubre - Termina el 18 de noviembre
Todas las Solicitudes son Tomados por Teléfono:

LLAME | 704.296.4828

Lunes - Viernes | 9 a.m. - 3:30 p.m.

Requisitos de Elegibilidad:

Deben haber niños en el hogar de 18 años o menores al momento de solicitar; o un adulto mayor o discapacitado recibiendo Ingreso de Seguridad Suplementario (SSI) o Medicaid.

Por favor tenga la siguiente información disponible antes de llamar:

Ingreso bruto mensual (antes de impuestos) de todos en el hogar, incluyendo salarios, tipos de beneficios, manutención infantil, etc.

La talla de ropa de sus hijos y una lista de deseos para regalos de Navidad para cada niño.

El Programa de Navidad del condado Union está financiado a través de patrocinadores y dirigido por voluntarios. El Programa de Navidad sirve como un banco de liquidación para todas las agencias que sirven a las familias durante la temporada navideña para el Condado Union.

T 704.296.4828 E christmas@unioncountync.gov



Quick Links

Office Phone: 704-296-0154

PWHS & UCPS Information

- [Counseling Department](#)
- [PWHS CTE](#)
- [UCPS Calendar](#)
- [Media Center](#)
- [School Calendar](#)
- [Transportation Bus App \(New!\)](#)
- [Volunteer Information](#)

Instructional Support

- [Student Technology Help Desk](#)
- [Technology Tutorials for Parents and Students](#)
- [EmpowerEd Parent Portal](#)
 - [Mobile Apps, Attendance and Grades, Canvas Access and Tutorials](#)
 - [Tutorial Video](#)

Back to School Forms

- [Free and Reduced Lunch Application](#) (If Applicable)
- [Military Connected](#) (If Applicable) *
- [Notice of Right to Withhold Consent](#) (If Applicable) *
- [Request for Medical Information](#) (Required) *
- [Authorization to Carry Medicine](#) (If Applicable) *

** Indicates physical copy. Please print, complete and return to homeroom teacher, if applicable. Physical copies are available in front office, upon request.*



Quick Links

[PWHS Student Handbook](#)

- Attendance Policy
- Student Dress Code

[Parkwood PTSO Newsletter](#)

[Edulog](#) for Bus Transportation Zone

[Parking Pass Info](#)

[Yearbook Information](#)

[Say Something Anonymous Reporting System](#)

Chromebook issues:

- New students report to media center to collect new computer
- Broken computers/computer issues, see Mr. Gaither between 12:00 - 4:00