

Wolf Pack Press



Dear Parkwood Wolf Pack Family,

We wanted you to have information about the activities that are going on at the school and with our students this week. Sorry for the delay.

Have a great week!

GOOOOO Pack!

Remember to follow us on social media:

Follow us on Facebook: [ParkwoodHSNC](https://www.facebook.com/ParkwoodHSNC)

Follow us on Twitter: [@ParkwoodHSNC](https://twitter.com/ParkwoodHSNC)

Follow us on Instagram: [@ParkwoodHSNC](https://www.instagram.com/ParkwoodHSNC)



Important Information

Bell Schedule 2022-2023

Breakfast 8:00-8:25

Block 1 8:30-10:05

Block 2 10:10-11:45

Block 3 11:50-1:49

ANNOUNCEMENTS 11:50-11:53

1st Lunch 11:53-12:19

2nd Lunch 12:23-12:49

3rd Lunch 12:53-1:19

4th Lunch 1:23-1:49

Block 4 1:54-3:30

UCPS students will no longer receive free breakfast and/or lunch for the 2022-23 school year.

Lunch and breakfast prices will be as follows:

Breakfast \$1.75 per day

Lunch \$3.85 per day

If you feel your family may qualify for free or reduced meals, UCPS encourages parents to complete the [meal application](#) before the start of the school year.

Breakfast and lunch account charges will begin on the first day of school, which is August 29. If your application is approved, families may be eligible for the following benefits:

- Free or reduced-priced breakfast and lunch meals

Click [here](#) for more information on meal prices.

Click [here](#) to set up an account to make payments and monitor your child's lunch account.

If you have questions or need a paper copy of the application, please contact School Nutrition at 704-296-3000



Important Information

Advisory Bell Schedule (On Wednesdays) 2022-2023

Breakfast	8:00-8:25
Block 1	8:30-9:55
Advisory	10:00-10:25
Block 2	10:30-11:55
Block 3	12:00-1:59
ANNOUNCEMENTS	12:00-12:04
1 st Lunch	12:04-12:30
2 nd Lunch	12:34-1:00
3 rd Lunch	1:04-1:30
4 th Lunch	1:34-2:00
Block 4	2:05-3:30



Mark your calendars:

Winter Semi-Formal Dance
December 10

Fall Semester Parkwood Area
Music Dept. Showcase
December 15 @ 6:30 PM

Holiday Break- No School
December 19-January 2, 2023

State Cheer Competition
January 28

College/Career/Military Fair
February 15

Prom May 6

Graduation June 13 at 8 AM in
Wolf Pack Stadium





PWHS Calendar

Weeks of November 27 – December 3 School Events

Monday 11/28	Tuesday 11/29	Wednesday 11/30	Thursday 12/1	Friday 12/2	Saturday 12/3
US Marines @PWHS during lunches	US Army @PWHS during lunches Basketball @ Piedmont W. JV- 4PM M. JV- 5:15 W. Var- 6:30 M. Var- 8:00	ACT WorkKeys Test Basketball vs Buford W. JV- 4PM M. JV- 5:00 W. Var- 6:00 M. Var- 7:30	US Navy @PWHS during lunches Men's Wrestling @ Chesterfield 6 PM PWHS Cheer Team at PWMS game	ASVAB Military Test Report Cards Sent Home Women's and JV Wrestling @ Mt. Pleasant Swimming Meet @ Stanly County YMCA 6:30 PM Basketball @ Marvin Ridge High W. JV- 4:00 PM M. JV- 5:15 PM W. Var- 6:30 PM M. Var- 8:00 PM	Parkwood Pop Up 10 AM-5PM State Cheer Competition Men's Wrestling @ Mt. Pleasant Indoor Track @ Marvin Ridge High 10 AM



Athletics

PWHS Athletic Website

Rocky Richar
Athletic Director
rocky.richar@ucps.k12.nc.us

All Sports Passes on sale for students! Can be purchased on ticket site. \$50 to enter all in season home games for the year! The passcode is your student ID #. It is good for the purchase of 1 ticket.

Purchase Tickets Here: <https://parkwoodathleticzone.com/event-tickets>

Winter Sports

Head Coach

Email

Men's Varsity Basketball Head Coach	Mike Helms	michael.helms@ucps.k12.nc.us
Women's Varsity Basketball Head Coach	Jesse Boyce	jesse.boyce@ucps.k12.nc.us
Wrestling Head Coach	Chris Linthicum	chris.linthicum@ucps.k12.nc.us
Swimming/Diving Head Coach	Susan Rhoads	susan.rhoads@ucps.k12.nc.us
Indoor Track Head Coach	Astrid Weddle	astrid.weddle@ucps.k12.nc.us
Cheerleading Varsity Head Coach	Heather McWhorter	heather.mcwhorter@ucps.k12.nc.us

Spring Sports

Head Coach

Email

Baseball Varsity Head Coach	Rocky Richar	rocky.richar@ucps.k12.nc.us
Men's Golf Head Coach	Don Mather	donald.mather@ucps.k12.nc.us
Men's Lacrosse Head Coach	Jacob Penner	jacob.pennerlax@gmail.com
Men's Tennis Head Coach	Kristy Erdelyi	kristy.erdelyi@ucps.k12.nc.us
Men's Track and Field Head Coach	Grover Moore	grover.moore@ucps.k12.nc.us
Softball Varsity Head Coach	Mary Hughes	mary.hughes@ucps.k12.nc.us
Women's Lacrosse Head Coach	Nicole Gress	nicole.gress@ucps.k12.nc.us
Women's Track and Field Head Coach	TBD	TBD
Women's Varsity Soccer Head Coach	Erika Morelock	erika.morelock@ucps.k12.nc.us



Have a teacher you'd like to recognize? This is the place! Please give a shout-out to a teacher who makes a difference in your student's life!

<https://bit.ly/PWHSTeacherThankYou>





Parkwood is hosting its first annual Pop Up vendor fair! The vendor fair will take place at Parkwood High School on Saturday, December 3rd from 10am-5pm. If your business would like to participate please complete this google form <https://buff.ly/3EZ9Zk6>



Entering Parkwood High School now that the Roundabout is open

- Parents dropping off their students will need to use the main Parkwood School Road entrance to the high school.
- All student drivers will need to enter campus from Crow Road and will need to display their 2022-2023 PWHS parking pass to be admitted at that entrance. All other drivers will need to use the entrance at Parkwood School Road.
- Students will need to be in their classes by 8:30 to begin their day.



- Remind your student(s) when they have parent permission to leave campus, they need to sign out with Ms. Reeder at the front of the school.



Parents & Guardians

With a new school year comes a need to make sure that we have the correct contact information for all our families. Please take a moment and verify in PowerSchool that the following are still correct:

- Contact Names
- Contact Numbers
- Contact Emails

Keep in Mind- You will need to show your ID when coming to the school so please remember to bring it with you.



Counseling

The focus of the PWHS Counseling Center is to provide students with support in their academic, career, and personal/social development. The counselors assist students with scheduling, course selection, career exploration, college and scholarship advising, coping with peer pressure and stress, developing time management skills and more.

Counseling Department Staff

Troy Harris - 9th Grade and 10th Grade last names A-F

troy.harris@ucps.k12.nc.us

Shari Davison - 10-12th Last names G-M & 12th A-F

shari.davison@ucps.k12.nc.us

Terri Onley - 10-12th Last names N-Z & 11th A-F

terri.onley@ucps.k12.nc.us

Lisa Cauthen - Student Support Counselor

lisa.cauthen@ucps.k12.nc.us

Shawn Johnston - Counseling Center Administrative Assistant

shawn.johnston@ucps.k12.nc.us

Valerie Simmeth - Career Development Coordinator

valerie.simmeth@ucps.k12.nc.us

Kasey Boudreau- Counseling Intern

kasey.boudrea@ucps.k12.nc.us

Upcoming University Visits

We are bringing colleges, universities and trade schools to Parkwood to visit with you. You are allowed to sign up for 3 visits per semester and you must be passing the class that you will be missing to attend the information session. Please use Scoir to sign up for the visits you are interested in attending. This [Google Form](#) is updated when we have new opportunities for you so make sure you check it often. On the day of the visit, we will bring a hallway pass to your teacher for you to use to attend the session.



Counseling

Scholarship Information

Visit our [Wolf Pack Scholarship](#) page to see scholarship opportunities. We update this document frequently so visit this page to make sure you don't miss something that interests you.

This Week's Highlighted Scholarships

The new site [ApplyToTradeSchool.com](#) is launching now for high school students interested in attending a Trade/Vocational School. The site is backed by College Fairs Online who have been connecting students to colleges for over 10 years. The new site is just starting out and adding new trade schools every day. There is also a \$1000 scholarship opportunity at [ApplyToTradeSchool.com](#) for high school seniors.

To have students check out the site and/or apply for the scholarship drawing please feel free to place a link to [www.ApplyToTradeSchool.com](#) on your High School's website, the Counselors page, AVID page, College resources page or any other page you feel necessary. Please feel free to also include the link in emails that go out to students regarding preparing for college. You can also share the site on social media using the links below. Remember the site will be adding more and more trade schools every month.

The Michelle Obama Award for Memoir:

(Deadline: **the first 1,000 submissions will be accepted**) To be eligible for the scholarship a student must: A) Be a current high school senior B) Attends a public high school in the USA and C) Plans to attend either a 2 or 4 year college. If you are interested, please apply at [michelleobamabooks.com/scholarship](#)

Science Ambassador Scholarship

- \$40,000 - 1 Award (Deadline: **December 13, 2022**)

To be eligible for the scholarship a student must:

- A) Be a high school senior or an undergraduate student.
- B) Be a woman attending a school in the United States.

Applications can be found by going to:

https://studentscholarships.org/scholarship/14669/science_ambassador_scholarship

Humanity Scholarship

- \$25,000 - 6 Awards (Deadline: **December 15, 2022**)

To be eligible for the scholarship a student must:

- A) Be a current high school senior or college freshman, sophomore, or junior with a GPA of 2.5 or higher.
- B) Plan to attend an accredited college, university, or community college in the upcoming academic year.

Applications can be found by going to:

<https://studentscholarships.org/scholarship/20741/humanity-scholarship>



Counseling

Counseling Meeting Request form:

<https://forms.gle/KD2NpkKz8q31xQxZ8>

(must be logged into your school google account)

Students fill out the form to request a meeting with their school counselor

School Counseling Support - Support is

available for students for mental health concerns.

Parents/guardians reach out to your students' school counselor who can assist with a referral to the school social worker or mental health therapist.

Robyn Mobley - School Social Worker

Thais Yeon - Mental Health Therapist

Atrium Health School-Based Virtual Therapy

SPCC CAREER AND COLLEGE PROMISE INFORMATION SESSION

*Join us for an information session about
Career and College Promise (CCP) program at SPCC.*

Topics covered:

- Pathways
- Eligibility
- Steps to Enrollment
- Career Coach vs. High School Counselor
- SPCC Technology
- Course Load
- Course Instructional Formats
- Accommodations
- Benefits of CCP
- and more

DATES
August 23, 2022
September 13, 2022
October 11, 2022
November 8, 2022
January 17, 2023
February 14, 2023
March 14, 2023
April 11, 2023

All info sessions begin at 6 PM.
(Virtual Microsoft Teams Sessions)

HOW TO ATTEND?

Simply click the link below to join:
Microsoft Teams meeting
Join on your computer or mobile app
[CLICK HERE](#)

CONTACT INFO

For more information, please
contact Secondary Education
Partnerships at sep@spcc.edu or
704.290.5090



2022-2023 UCPS College Readiness Parent & Student Sessions

Scoir for Seniors.....	August, 2022
College Entrance Exams 101.....	September, 2022
Paying for College.....	October, 2022
Finish the FAFSA On Demand.....	October, 2022
ACT/SAT Blitz.....	October, 2022
Union County College Fair.....	October, 2022
Scoir for Underclassmen Parents.....	November, 2022
Choosing the Right Path in HS.....	December, 2022
Getting Ready for College.....	January, 2023
College Recruiting for Athletes.....	February, 2023
ACT Blitz.....	March, 2023
SAT Blitz.....	April, 2023
Paying for College.....	April, 2023
What Makes a Good College Essay...	May, 2023
Scoir for Juniors & Parents.....	May, 2023

For info and registration, visit <https://bit.ly/collegereadysessions>.



@UCPSCollegePrep



ucpscollegeready

ASVAB Information

The ASVAB test (the Armed Services Vocational Aptitude Battery) will be given on Friday, Dec 2nd in the Media Center at 8:30 AM until 11:30 AM. Any 10th, 11th or 12th grade students interested in taking the test need to sign-up at <https://forms.gle/GDf4BqJYkQRwshcUA> **The test is given free of charge.**

* You will need your bring your Chromebook fully charged for the test.

* The ASVAB is used by the military, but is also used to help students explore careers based on their interests and skills.



Counseling



LAWA PRESENTS 2022-2023 HIGH SCHOOL WORKSHOPS

FREE bilingual information session for students and caregivers on how to prepare, plan, and pay for postsecondary education. Learn about college applications, financial aid, career paths, bachelor & associate degrees, trade and vocational program options, & campus tours.

PATHWAY EXPLORATION SESSIONS AND MORE!

Free transportation from select sites
Register at: lawa.news/HighSchool

Careers in Science

Saturday, January 24, 2023
8:30 am - 1:00 pm
University of North Carolina at Charlotte

Careers in Health Sciences

Saturday, February 11, 2023
9 am - 1:00 pm
Wingate University

Careers in Economics and Pre-Business

Saturday, February 25, 2023
9:00 am - 1:00 pm
Davidson College

Trade and Vocational Careers

Saturday, March 4, 2023
8:30 am - 1:00 pm
South Piedmont Community College

The JCSU Experience

Saturday, March 25, 2023
8:30 am - 1:00 pm
Johnston C. Smith University

SPONSORS:



LAWA PRESENTA 2022-2023

REGISTRESE PARA...

Sesiones informativas GRATUITAS BI-LINGÜES para estudiantes y familiares sobre cómo preparar, planear y pagar estudios post-secundarios. Conozca cómo solicitar ayuda financiera, trayectorias profesionales, licenciaturas, carreras técnicas, oficios y visitas del campus.

SESIONES SOBRE CARRERAS Y MAS!

Transportación gratuita de sitios seleccionados
Regístrese en: <https://lawa.news/HighSchool>

Carreras en ciencias de la salud

Sábado 24 de enero de 2023
8:30 am - 1:00 pm
University of North Carolina at Charlotte

Ayuda financiera y pre-negocios

Sábado 11 de febrero de 2023
9 am - 1:00 pm
Wingate University

Carreras en economía y pre-negocios

Sábado 25 de febrero de 2023
9:00 am - 1:00 pm
Davidson College

Carreras técnicas y oficios

Sábado 4 de marzo de 2023
8:30 am - 1:00 pm
South Piedmont Community College

La experiencia JCSU

Sábado 25 de marzo de 2023
8:30 am - 1:00 pm
Johnston C. Smith University

PATROCINADORES:



SCHOLARSHIPS

2023-2024 APPLICATION WINDOW

January 2 - April 2



APPLICATION REQUIREMENTS

2.5+ GPA; 3.0 GPA for Renewals

Letters of Recommendation

Personal Essay

Live in the Charlotte Area

Proof of Income

Transcript

College or Trade School Acceptance Letter

Community Involvement

We Accept all Legal Statuses

Contact scholarships@lawanc.org for more

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lawanc.org • lawanc.org • 784.512.1803 • P.O. Box 78158, Charlotte, NC



BECAS 2023 - 2024

PRESENTACION DE SOLICITUDES

Enero 2 - Abril 2



REQUISITOS GENERALES

Promedio mayor a 2.5+; 3.0 para Renovaciones

3 cartas de Recomendación

Ensayo Personal

Residir en el Área de Charlotte

Comprobante de Ingreso

Calificaciones

Carta de Aceptación al Colegio o Escuela de Comercio

Servicios Prestados a la Comunidad

Aceptamos a Todos los Estatus Migratorios

Para más información contacte:

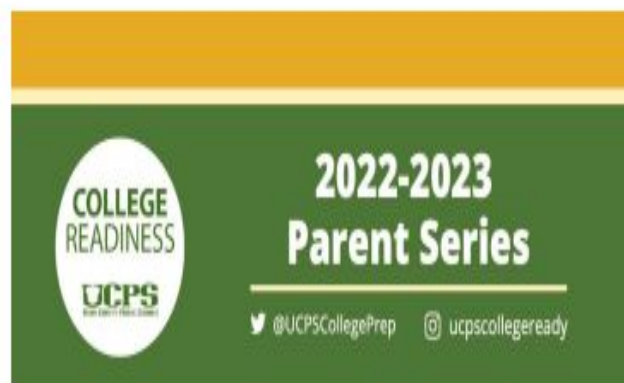
scholarships@lawanc.org

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Counseling

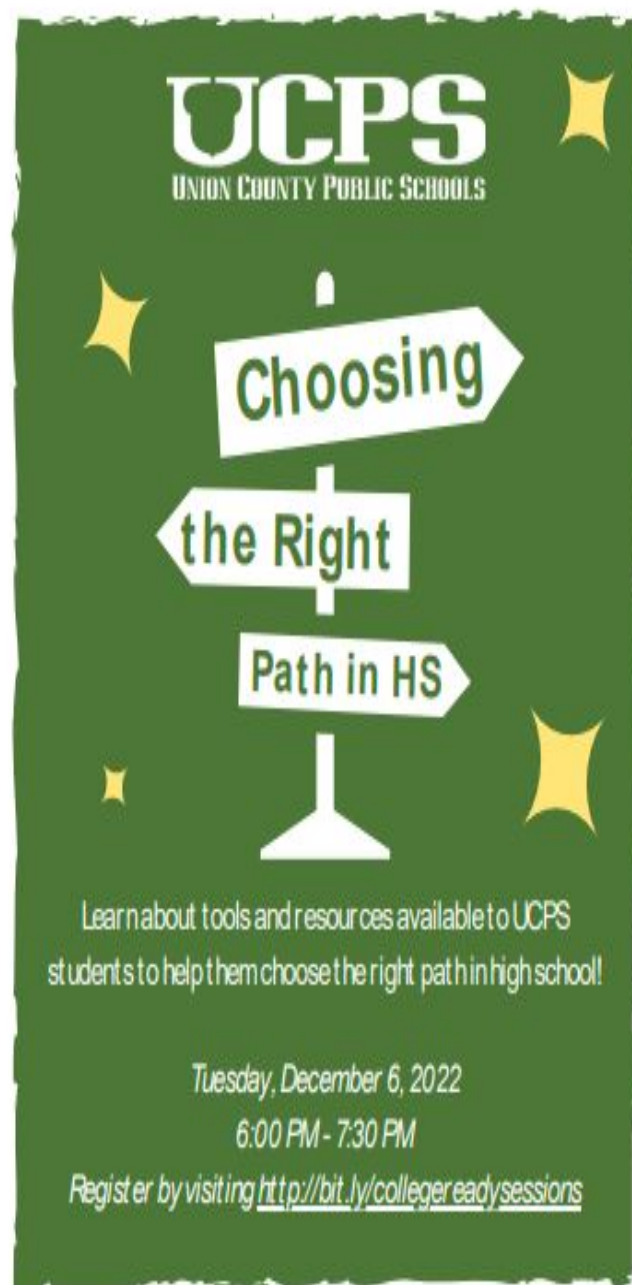


Scoir for Parents of Underclassmen

Join our webinar to learn about the features of Scoir and its use in the college research and planning process.

To register visit: <https://bit.ly/collegereadysessions>

November 29, 2022
6:00 PM - Webinar





Counseling

COLLEGE PLANNING TIMELINE

For 9th Grade & 10th Grade

- Take courses that challenge you.
- Use Major Clarity to explore course options such as honors, AP, and Career Pathways.
- Pursue extracurricular interests such as clubs, sports or community service.
- Take the PreACT in fall, required school test.
- Start using free ACT and SAT test prep resources.
- Review your goals for the future with your counselor.
- Use Major Clarity and SCOIR (on high school start up page) to begin exploring careers and colleges.
- Check admission requirements for colleges that interest you.

For 11th Grade

- Take the PSAT in October. Must sign up through school, as test is optional.
- Prep for the ACT & SAT tests using ALBERT in high school start up page.
- Attend college fairs and financial aid workshops.
- Visit colleges.
- Use SCOIR & CFNC.org to start researching scholarships, grants and loans.
- Talk with coaches about college sports and scholarship eligibility.
- Take required school day test for ACT in spring.
- To take an additional ACT or SAT register online to take on a Saturday.
- Narrow down list of colleges.
- Plan your senior year courses carefully.



Helpful Hints from the Counseling Department



5 Step Problem-Solving Model

The **5 Step Problem-solving Model** is very helpful when you have a problem and don't know what to do or how to move forward.

Ask yourself these 5 questions to help find a solution.

- 1) **What is the problem?** State the problem. The more specific you can be, the better.
- 2) **What do you want to happen?** State the outcome you're hoping for.
- 3) **What have you already tried?** Make a list of things you have already tried to solve your problem.
- 4) **What else could you try?** Brainstorm some additional things you could try. List them all and pick one to try next.
- 5) **When are you going to do it?** Select a specific time to implement the something else you are going to try. Unless you DO IT, it's just an idea.



PTSO PRESS

PARKWOOD HIGH SCHOOL



November 2022 Edition

October At A Glance

Staff Bagel Breakfast, Senior Treats, & Powderpuff Football!



Important Dates

November/December

More activities coming soon!



“Pack Family” Car Magnets
For Purchase



Parkwood PTSO Fundraiser
Help us reach our \$5,000 Goal

\$1,120.00

donated

\$5,000.00 goal



Campaign ends on December 31, 2022



PTSO Sponsors

Thank you to our Black Level Sponsor!

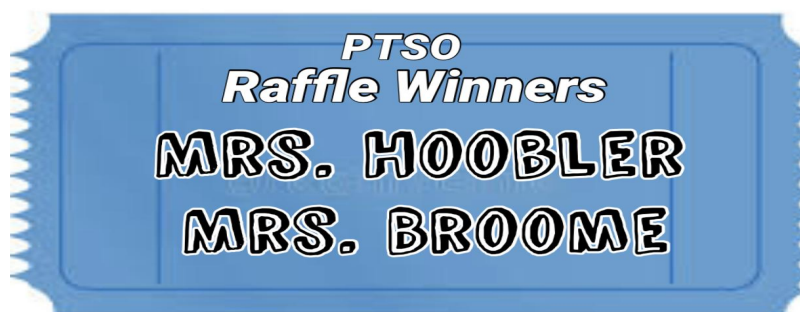


Pinsak & Sayania
ORTHODONTICS

[Pinsak + Sayania Orthodontics | Facebook](#)

Parkwood Staff PTSO Members

Thank you to all Parkwood staff that have joined the PTSO!



If you would like to become a member, click below:

[Staff Join HERE!](#)

Contact Us

[Follow us on Facebook!](#)

parkwoodptso@gmail.com



*PTO dates and events are subject to change.



Quick Links

Office Phone: 704-296-0154

PWHS & UCPS Information

- [Counseling Department](#)
- [PWHS CTE](#)
- [UCPS Calendar](#)
- [Media Center](#)
- [School Calendar](#)
- [Transportation Bus App \(New!\)](#)
- [Volunteer Information](#)

Instructional Support

- [Student Technology Help Desk](#)
- [Technology Tutorials for Parents and Students](#)
- [EmpowerEd Parent Portal](#)
 - [Mobile Apps, Attendance and Grades, Canvas Access and Tutorials](#)
 - [Tutorial Video](#)

Back to School Forms

- [Free and Reduced Lunch Application](#) (If Applicable)
- [Military Connected](#) (If Applicable) *
- [Notice of Right to Withhold Consent](#) (If Applicable) *
- [Request for Medical Information](#) (Required) *
- [Authorization to Carry Medicine](#) (If Applicable) *

** Indicates physical copy. Please print, complete and return to homeroom teacher, if applicable. Physical copies are available in front office, upon request.*



Quick Links

[PWHS Student Handbook](#)

- Attendance Policy
- Student Dress Code

[Edulog](#) for Bus Transportation Zone

[Parking Pass Info](#)

[Yearbook Information](#)

[Say Something Anonymous Reporting System](#)

Chromebook issues:

- New students report to media center to collect new computer
- Broken computers/computer issues, see Mr. Gaither between 12:00 - 4:00